

MISSION BEHAVIORAL HEALTH

Structured Outpatient Programs at Mission Hospital

1 Hospital Drive, Suite 1300

Asheville, NC 28801

Phone 828-213-4696 Fax 828-213-4695

Referral for Structured Outpatient Services

Intensive Outpatient and Partial Hospital Programs

Patient Name _____ Date of Birth _____

Cell Ph. _____ E-Mail _____ Pt. MR# _____

Physical Address _____ City _____

State _____ Zip Code _____ Insurance _____

Staff Completing Form _____ Phone _____

Referring Provider _____ E-Mail _____

Please check one:

Women-IOP _____ Men/Women-IOP _____ Partial Hospital _____

The Structured Outpatient Program (SOP) is tailored to meet the individual needs of adults and seniors who need support as a way to prevent the need for inpatient care or as a step down option after an inpatient stay. SOP is a more intensive and flexible alternative to traditional outpatient therapy. SOP is primarily an intensive group therapy program.

Intensive Outpatient Program (IOP), three days weekly, 5-8 weeks in duration.

Partial Hospitalization Program (PHP) is also a group therapy model, five days a week, 3 weeks in duration.

The programs are for adults with a diagnosable mental health condition. Some typical conditions include depression, anxiety, bipolar disorder, PTSD, but not primary substance abuse.

A psychiatrist provides medication management.

Most all insurances are accepted, other than Medicaid and Tricare. A combination of Medicare/Medicaid are acceptable.

Anyone may make a referral. For more questions, please call the program coordinator at 828-213-4696 or fax a referral to 828-213-4695.