



**Family Support
Network™ of WNC**

Western Regional Support Group Options for Families (updated 5/2020)

<p>Family Support Network of Western NC Kerri Eaker(828) 213-0033 Email: Kerri.eaker@hcahealthcare.com Web: https://missionhealth.org/member-hospitals/childrens/family-support-network/ Serving Buncombe, Henderson, Madison, Polk, Rutherford, Transylvania Counties</p>	
Name of Group	Contact
Arms Around ASD Parents of Children over 16 Support Group	(828) 424-7604 armsaroundasd@gmail.com
Asheville Autism Support and Awareness Group	https://www.facebook.com/Asheville-Autism-Support-and-Awareness-176482999081456/
Asheville Down Syndrome Baby Love Group	ashevilledownsyndromebabylove@gmail.com https://medicaid.ncdhhs.gov/beneficiaries/get-started/find-programs-and-services/maternal-support-services-baby-love-program
Autism Society of North Carolina Buncombe County Chapter	https://www.facebook.com/groups/asnc.buncombe_buncombechapter@autismsociety-nc.org
Care Partners Support Groups	https://missionhealth.org/member-hospitals/carepartners/support-groups/
Ehlers-Danlos (EDS) MCAD/sPOTS Support Asheville	ashnceds@gmail.com https://www.facebook.com/ashevilleEDS



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FIRST Circle of Parents Group	<p>https://firstwnc.org/circle-of-parents/</p> <p>Spanish Speaking Parents Raising Children with Disabilities interested in our group contract: amy@firstwnc.org.</p> <p>Parents with Adopted or Foster children contact: gaile@firstwnc.org</p>
Foster Parent Support Group (Appropriate for Kinship Caregivers) Provides support, fellowship and education.	<p>828-783-1190 Biltmore Church East</p>
Foster Grandparent Program FGP is funded for Buncombe, Henderson, Madison and Transylvania counties.	<p>Foster Grandparent Program Manager http://www.landofsky.org/fgp.html stacy@landofsky.org</p>
Kinship (Grandparents or Other Non-Parent Adults Raising Children) Support Groups Blair Foundation Caregiver Support Group	<p>828-350-5197 Kinship Family Coordinator at the Blair Foundation.</p>
Mended Little Hearts of Asheville	<p>AshevilleNC@mendedlittlehearts.org https://mendedhearts.org/about-us/about-mended-little-hearts/</p>
Mission Family Support Network- Family Group Nights	<p>828-213-0047 kerri.eaker@hcahealthcare.com</p>
NAMI of WNC	<p>info@namiwnc.org (828) 505-7353 http://www.namiwnc.org/support.htm</p>



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<p>Quirkies of Asheville 12 and Under</p>	<p>Rochelle Hylton rochelle.guy@gmail.com Jennifer Allen Haines jenuofroc@aol.com</p>
<p>The Asheville TEACCH® Center Groups</p> <p>Offers a variety of groups generally formed to meet a specific need (i.e. social skills training; peer support; recreation). Additionally, groups are sometimes divided by age-range, gender, and skills needed to participate.</p>	<p>TEACCH_Ashville@med.unc.edu</p>
<p>WNC Autistic Adults United Danny Landry, Founder</p>	<p>https://www.facebook.com/groups/AspergersAdultsUnited/ 828-206-4418 wncautisticsunited@gmail.com</p>
<p>WNC Autistic Teens United! Danny Landry, Founder</p>	<p>https://www.facebook.com/groups/AspergersTeensUnited/</p>
<p>WNC Brain Injury Support Network, Asheville, NC Brain Injury Association of North Carolina</p>	<p>(828) 337-0208 karen.keating@bianc.net wncbraininjurynetwork@gmail.com http://www.bianc.net https://www.facebook.com/BIANorthCarolina/</p>
<p>WNC Down Syndrome Alliance</p>	<p>https://www.facebook.com/WNCDSA www.wncdsa.org</p>
<p>Youth Outright At Youth Outright, we engage and support LGBTQIA Youth ages 11-20 to be Confident, resilient and compassionate community members.</p>	<p>(866) 881-3721 • INFO@YOUTHOUTRIGHT.ORG www.youthoutright.org</p>



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HENDERSON COUNTY	
<p>Four Seasons Hospice Individual and group Bereavement sessions "Heart Songs" group for children</p>	<p>https://www.facebook.com/groups/fourseasons grief (828) 513-2440 https://www.fourseasonsfdn.org/ https://www.facebook.com/FourSeasonsFoundation/</p>
<p>Henderson County Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/henderson-county-chapter-meeting/ https://www.facebook.com/groups/asnc.henderson/hendersonchapter@autismsociety-nc.org</p>
<p>St. Gerard House Family Support Group</p>	<p>828-693-4223 https://www.stgerardhouse.org/what-we-do/support-for-the-whole-family.html</p>
<p>Kinship (Grandparents or Other Non-Parent Adults Raising Children) Support Groups Foster Parent Support Group (Appropriate for Kinship Caregivers) – Henderson Provides support, fellowship and education.</p>	<p>828. 783-1190.</p>
<p>Extension Service of Henderson County Kinship Support Group</p>	<p>renay_knapp@ncsu.edu 828-697-4891</p>
<p>Foster Grandparent Program FGP is funded for Buncombe, Henderson, Madison and Transylvania counties.</p>	<p>stacy@landofsky.org Foster Grandparent Program Manager http://www.landofsky.org/fgp.html</p>



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FSN/HOPE

Vickie Dieter (828) 256-5202

Email: vickiefsnhope@gmail.com Web: <https://www.fsnhope.org>

Serving Alexander, Burke, Caldwell, Catawba, and McDowell Counties

Name of Group	Contact
<p>Alexander Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/alexander-county-chapter-meeting-10/</p> <p>www.facebook.com/groups/asnc.alexander</p>
<p>Burke/ Catawba Valley Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/catawba-valley-chapter-meeting-4/</p> <p>For more information, join the Facebook group at www.facebook.com/groups/asnc.catawba.valley or email catawbavalleychapter@autismsociety-nc.org.</p>
<p>Caldwell Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/caldwell-county-chapter-meeting-11/</p> <p>For more information, join the Facebook group at www.facebook.com/groups/asnc.caldwell or email caldwellchapter@autismsociety-nc.org.</p>



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<p>McDowell Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/mcdowell-county-chapter-meeting/</p> <p>For more information, join the Facebook group at www.facebook.com/groups/asnc.mcdowell or email mcdowellchapter@autismsociety-nc.org.</p>
<p>FSN/HIGH COUNTRY Kaaren Hayes (828)262-6089 Email: hayeskl@appstate.edu Serving Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes and Yancey</p>	
<p>High Country Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/high-country-chapter-meeting-20/</p> <p>For more information, please email highcountrychapter@autismsociety-nc.org or join our Facebook group at www.facebook.com/groups/asnc.high.country.</p>
<p>Not So Typical Circle Of Parents Wilkes Co.</p>	<p>Norma Bouchard- 866-812-3122 Dinner and Childcare Provided Wilkes Community Partnership for Children</p> <p>1915 West Park Drive Suite 107 North Wilkesboro NC, 28659 ph: (336) 838-0977 fax: (336) 838-0782 https://www.wilkeschildren.org/contact-us-</p>
<p>Watauga Family Support Group</p>	<p>Kaaren Hayes: 828-262-6089 Must RSVP hayeskl@appstate.edu dinner and childcare provided</p>



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Mitchell/Yancey Family Support Events	Teresa Emory: 828-682-4772 Toll Free Parent Line: 866-448-5781 emorytd@appstate.edu
MADISON COUNTY	
Grandparents raising grandchildren with Disabilities FIRST Resource Center Serves Buncombe and Madison Counties	828-277-1315 (open 9-1) Parents with Adopted or Foster children contact gaile@firstwnc.org .
Family Caregiver Support Program	http://www.landofsky.org/fcsp.html Ruth Price Family Caregiver Resource Specialist 828.251.7441 ruth@landofsky.org
Foster Grandparent Program FGP is funded for Buncombe, Henderson, Madison and Transylvania counties.	Stacy Friesland stacy@landofsky.org Foster Grandparent Program Manager http://www.landofsky.org/fgp.html
RUTHERFORD COUNTY	
Rutherford County Chapter Autism Society of NC	https://www.autismsociety-nc.org/events/rutherford-county-chapter-meeting-21/ For more information, join the Chapter Facebook group, www.facebook.com/groups/asnc.rutherford , or email rutherfordchapter@autismsociety-nc.org .
POLK COUNTY	
Polk County/Foothills Autism Parent & Family Support Group	https://www.facebook.com/PCAutismParentSupport/



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<p>Autism Society of North Carolina (ASNC) Polk County Chapter</p>	<p>Please join the new Facebook group at https://www.facebook.com/groups/asnc.polk/ to stay updated on where and when we'll be meeting.</p>
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FSN of REGION A
 Jody Miller (828)506-6111
 Email: jmiller@rapc.org
 Serving Jackson, Cherokee, Swain, Haywood, Clay, Graham and Macon Counties

<p>Family Support Network of Region A</p>	<p>(828) 631-3900 https://www.facebook.com/FamilySupportNetworkofRegionA/</p>
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<p>Caregivers Group Meetings Serves counties of: Cherokee, Haywood, Jackson, Macon, Swain</p>	<p>jmiller@rapc.org 828-506-6111</p>
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<p>Jackson/Swain/Qualla Boundary Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/jackson-swain-qualla-boundary-chapter-meeting-6/ For more information, please contact us at jacksonswainqbchapter@autismsociety-nc.org or join our Facebook group at www.facebook.com/groups/asnc.jackson.swain.qb</p>
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<p>Cherokee County Chapter Autism Society of NC (Murphy)</p>	<p>https://www.facebook.com/groups/asnc.cherokee/ RSVP is requested but not required to cherokeechapter@autismsociety-nc.org or 800-442-2762 ext 3030.</p>
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<p>Macon County Chapter Autism Society of NC (Franklin)</p>	<p>https://www.facebook.com/groups/asnc.macon/ https://www.autismsociety-nc.org/events/macon-county-chapter-meeting-5/ RSVP is requested but not required to maconchapter@autismsociety-nc.org or 800-442-2762 ext 3030.</p>
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TRANSYLVANIA COUNTY

<p>TCF of Western North Carolina Compassionate Friends of Brevard Family Support</p>	<p>Long's Chapel United Methodist Church (Dugan Classroom) 133 Old Clyde Road Waynesville North Carolina 28785-6605</p> <p>Email: tcfofwnc@gmail.com Phone Contact: John at (828) 400-6480</p> <p>https://www.compassionatefriends.org/chapter/tcf-of-western-north-carolina/</p> <p>https://www.compassionatefriends.org/find-support/family-support/</p>
<p>The Family Place of Transylvania</p> <p>Kinship (Grandparents or Other Non-Parent Adults Raising Children) Support Groups Adoptive/Foster Parent/Kinship Placement Chat – Transylvania</p>	<p>https://www.thefamilyplacenc.com/collaborativeprograms</p> <p>Brevard, NC 28712 (828) 883-4857 Rosman, NC 28772 (828) 884-6273</p>
<p>Transylvania County Chapter Autism Society of NC</p>	<p>https://www.autismsociety-nc.org/events/transylvania-county-chapter-meeting-2/</p> <p>For more information, please email transylvaniachapter@autismsociety-nc.org or join our Facebook group at www.facebook.com/groups/asnc.transylvania</p>



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Hearing Loss Association of America	Brevard Chapter Kathleen Borzell kborzell@gmail.com 828-743-0150 or Rosemary Tuite rosemaryt66@gmail.com http://www.nchearingloss.org/brevard.htm
Foster Grandparent Program FGP is funded for Buncombe, Henderson, Madison and Transylvania counties.	stacy@landofsky.org Foster Grandparent Program Manager http://www.landofsky.org/fgp.html
OTHER SUPPORTS	
NC 211	https://www.nc211.org/health-disability-support-groups
The Finley Project: For loss of a birthed infant age 22 weeks through 2 years.	https://www.thefinleyproject.org/ https://www.facebook.com/thefinleyproject/ 407-463-7576 noelle.moore@thefinleyproject.org
HOMESCHOOLING SUPPORTS	
WNC Special Needs Homeschoolers On-line support with social gatherings	www.facebook.com/groups/WNCSpecialNeedsHomeschoolers
SELF - ADVOCACY	
NC Self-Advocacy Group	http://www.selfadvocacyonline.org/find/state.asp?state=nc