

Community Resource Guide for Special Needs Services

in Buncombe, Henderson, Madison, Mitchell, Polk, Rutherford,
Transylvania and Yancey Counties

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Compiled, maintained and provided by



**Family Support
Network™ of WNC**

11 Vanderbilt Park Drive, Asheville
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<http://www.missionchildrens.org/family-support-network.php>

We greatly appreciate your suggestions, as it will help us to maintain a helpful guide for many parents and providers to use.

Please contact our office at: 828-213-0047 or 828-213-9740

e-mail: FSN@msj.org.

Family Support Network™ of WNC, a program of Mission Children's Hospital, does not recommend or endorse any programs, methods, therapies, interventions or providers listed in this publication.

The listings are provided purely for informational purposes.

For the most current edition, please check our website at <http://www.missionchildrens.org/family-support-network.php>

Family Support Network™ of WNC is grateful to the many people who have contributed to the development, updating and maintenance of this resource guide.











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Frequently Dialed Numbers






Arc of Buncombe Cty. - 828-253-1255	Public Schools Exceptional Learner	
Arc of North Carolina - 800-662-8706	Programs:	
Asheville City Schools - 828-350-7000	- Buncombe - 828-255-5971	
Autism Society of NC - 828-236-1547	- Henderson - 828-697-4733	
CDSA - Buncombe - 828-251-6091	- Madison - 828-649-9276 x 244	
CDSA - Henderson - 828-694-7975	- Transylvania - 828-885-7373	
CDSA - Madison - 828-649-9062	Smoky Mountain Center - 800-849-6127	
CDSA - Transylvania - 828-884-3282	Social Security Admin. - 866-572-8361	
CCWNC - 828-259-3879	TEACCH - 828-251-6319	
DSS - Buncombe - 828-250-5500		
DSS - Henderson - 828-697-5500		
DSS - Madison - 828-649-2711		
DSS - Transylvania - 828-884-3174		
Disability Partners - 828-298-1977		
ECAC - 828-255-1972		
HEALS - Buncombe - 828-253-0406		
HEALS - Henderson - 828-692-7622		
Legal Aid - Asheville - 866-219-5262		
MAHEC - 828-257-4400		
Medicaid - State Off. - 800-662-7030		
NAMI - Buncombe - 828-505-7353		
NAMI - Henderson - 888-955-6264		
NAMI - Transylvania - 828-883-4603		
NC DHHS - 919-855-4800		
NC DVRS - 800-689-9090		
NC DVRS - Indep.Living - 828-670-3377		






Adoption and/or Foster Care

Access Family Services Asheville	 828-670-7723 www.accessfamilyservices.com	Each child entering the program is closely matched with a therapeutic foster family that meets the needs of that child. All families are pre-qualified and have received over 40 hours of training. Each home is licensed by the Department of Social Services.	Located in Buncombe County
Adoption Options Consulting	828-407-0409 www.adoptopt.com	Adoption Options can help you: decide if adoption is right for you; choose an agency; learn what questions to ask; design an adoption profile; learn how to talk with birth parents; and more.	Located in Buncombe County
Bair Foundation of Asheville and Smoky Mountains	 828-350-5197 877-213-0723 www.bair.org	Offers therapeutic and traditional foster care placements with a special focus on establishing kinship care, all within a Christian setting.	Located in Buncombe County
Baptist Children's Homes	 828-627-9254 www.bchfamily.org Main Switchboard 336-474-1200	Baptist Children's Homes' Western Area Family Services provides foster and family services.	Western North Carolina
Bethany Christian Services	 828-651-8600 Local Cell: 828-450-6081 1-800-BETHANY www.bethany.org/northcarolina	Offers pregnancy counseling, foster care, national and international adoption services, post-adoption services and online support.	Statewide
Black Mountain Home for Children, Youth & Families	 828-686-3451 www.blackmountainhome.org	A safe, supportive, Christian environment for children who are dependent, neglected, abused, homeless or who otherwise cannot live with their families. The Home is a private, not-for-profit organization affiliated with Presbytery of WNC and the Presbyterian Church (USA).	Located in Buncombe County
Brandi Nichole Family Enrichment Center	 828-687-3776 www.brandinichole.org	Provides foster care, supportive counseling, specialized therapies and coordinated care. <i>Accepts Medicaid.</i>	Buncombe Henderson Transylvania
Buncombe County Foster Care Association	 828-333-2764 www.thebcfca.blogspot.com	Composed of foster parents, adoptive parents, social workers and concerned citizens. Works together with the Department of Social Services in Buncombe, Madison and Haywood Counties to meet the needs of the children in care.	Buncombe Madison Haywood
Caring for Children, Inc.	 www.caring4children.org	Administers a variety of foster care programs including temporary crisis care, emergency foster care for children in DSS custody and can apply for scholarship funding of respite care. Takes Medicaid.	Located in Buncombe County
Catholic Social Services	 828-255-0146 www.cssnc.org	Provides assistance, direction and guidance to birth parents and adoptive families. Offers traditional, confidential or open adoption plans	Located in Buncombe County
Children's Home Society of North Carolina	 800-632-1400 www.chsnc.org	Adoption programs involve family recruitment, parenting prep, home study services, counseling for families/ children, post-placement support, and variety of services for the entire family. Foster services include infant foster care, family foster care, therapeutic foster care, respite care.	Statewide

Children's Hope Alliance	 1-800-320-4157 828-236-2877 www.childrenshopealliance.org	Offers therapeutic foster care for children who have been diagnosed with mental health disorders . These children may be in the custody of DSS or their birth parents. Also provides adoption services to parents already involved with their foster care system.	Statewide
Dave Thomas Foundation for Adoption	 800-275-3832 www.davethomasfoundation.org	Finds homes for children who are waiting to be adopted from Foster Care in America. Provides free ed. materials, promotes awareness, assists policymakers/employers and supports adoption professionals/agencies throughout US to ensure that every child finds a forever home.	North America, United States and Canada
Department of Social Services (DSS)	Buncombe - 828-250-5500 Henderson-828-697-5500 Madison/Marshall-828-649-2711 Mitchell County - 828-688-2175 Polk County - 828-894-2100 Rutherford - 828-287-6165 Transylvania/Brevard-828-884-3174 Yancey - 828-682-5397	Provide citizens resources and services to maximize their well-being and self-determination. committed to providing diverse population with effective services in a timely and respectful manner.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Eliada Homes	 828-254-5356 x332 www.eliada.org	Services include Residential and Day Treatment for high risk children and adolescents; Child Development Center services, including Day Care, Summer Camp and School Age care; Foster Care and Therapeutic Foster Care; Therapeutic Recreation and Community Support services.	Located in Buncombe County- Service in NC Resident Program
Family Preservation Services of NC	828-225-3100 http://www.providencehumanservices.com/north-carolina.html	Provides therapeutic and family foster care for children.	Buncombe Henderson Mitchell Transylvania Yancey
National Foster Parent Association	 800-557-5238 nfpaonline.org	Offers information, advocacy, education and support.	National
NC Kids Adoption & Foster Care Network (NCDHHS)	877-NCKIDS-1 www.ncdhhs.gov	Helps connect waiting children with families by maintaining a centralized database, offering matching services, providing adoption support services, community outreach, and announcements of trainings and adoption related events.	Statewide
Pinnacle Family Services	1-919-790-8580	Therapeutic foster care- Provides innovative, evidence-based services to children and families.	Eastern NC
WNC Adoption Resources	 828-329-9311 www.wncadoptionresources.org	Provides adoption resources, education, and support to all members of the adoption triad.	Statewide
Advocacy Resources			
See also "Legal Resources".			
Arc of Buncombe County	 828-253-1255 www.thearcbuncombe.org	Exists to empower persons with mental retardation & other developmental disabilities and their families to realize their highest potential through advocacy, education, and development of programs.	Buncombe










Arc of North Carolina		1-800-662-8706 www.arcnc.org	A membership organization that advocates for people with intellectual and developmental disabilities (I/DD) and their families.	Statewide
Autism Society of North Carolina		828-236-1547 www.autismsociety-nc.org 800-442-2762	1- Helps find resources for families, assists with school issues, educates families through workshops, helps individuals navigate the services system, and hosts local support groups. Also gives those with autism a voice in public policy by maintaining relationships at the state legislature and other policy making entities.	Statewide
Mountain Child Advocacy Center		828-213-9824 http://www.mtncac.org/	Works to reduce/prevent child abuse, strengthen families and assist children and families who have experienced abuse through prevention, education, and counseling.	Asheville
Children First of Buncombe County		828-259-9717 www.childrenfirstcisbc.org/	Empowers children and their families to reach their full potential through advocacy, education and services, as well as direct to services, food and clothing.	Buncombe
Disability Partners		828-298-1977 www.disabilitypartners.org	Provides the four core services of Information and Referral, Independent Living Skills Training, Peer Counseling, and Advocacy.	Western NC
DisABILITY Rights North Carolina		800-857-6099 www.disabilityrightsncc.org	Disability Rights North Carolina helps people across the state gain access to services and opportunity through its legally based advocacy.	Statewide
Division of Services for the Deaf and Hard of Hearing (DSDHH) - Asheville Regional Resource Center		800- 681-8035 www.ncdhs.gov/dsdhh	Advocates for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf-Blind.	Statewide
Exceptional Children's Assistance Center		866-545-5299 www.ecac-parentcenter.org	Provides services and support across NC to parents, families, students, educators and other professionals with a special emphasis on children with disabilities.	Statewide
F.I.R.S.T.		828-277-1315 www.firstwnc.org	F.I.R.S.T. is a community benefit organization dedicated to providing information, education, support and advocacy to persons with disabilities, their family and the community.	Western NC
Guardian ad Litem		Buncombe 828-251-6130 Henderson, Polk & Transylvania 828-694-4215 Madison, Mitchell & Yancey 828-682-4754 Rutherford 828-287-3929	Providing trained, independent advocates to represent and promote the best interests of abused, neglected and dependent children in the state court system.	Buncombe Henderson Madison Mitchell Polk Transylvania Yancey
Turning Point		828-692-9600 turningpointservicesnc.com	Provider of services for I/DD and Home Health	Central and Western, NC




NAMI: In Our Own Voice	919-788-0201 www.nami.org	People with mental illnesses tell their stories about learning to cope with the reality of their disorders while recovering and reclaiming productive lives in this brief, yet comprehensive, interactive presentation. IOOV includes video, personal testimony and discussion.	Statewide
National Alliance on Mental Illness (NAMI)	 Buncombe / Madison / Mitchell/ Yancey 828-505-7353 www.namiwnc.org Henderson / Polk 888-955-6264 www.namifourseasons.org Rutherford / Cleveland 704-434-5166 naminc.org/new-affiliate/listings/rutherfordcleveland/ Transylvania 828-883-4603	NAMI's advocacy provides a unique voice for people who live with mental illness and their families in state and federal public and private-sector policies that facilitate research, end discrimination, reduce barriers to successful life in the community and promote timely, comprehensive and effective mental health services and supports.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
North Carolina CAP (Client Assistance Program)	Toll free, In-State 1-800-215-7227 http://cap.state.nc.us	A federally funded program designed to assist people with disabilities in understanding and using rehabilitation services.	Statewide
After School Programs See also "Tutoring".			
Asheville Museum of Science	828-254-7162 www.ashevillescience.org	Designed for different levels and covers unique areas of earth science with exciting lessons, games, crafts, activities, and just plain fun! No matter what area of earth science interests you the most, we have a program for you!	Buncombe
Asheville Parks & Recreation After School Programs	 http://www.ashevilenc.gov/departments/parks/events.htm#anchor1	Provides licensed child care, supervised recreation and enrichment activities, field trips and summer camp to children in grades kindergarten through 6th grade. The program operates during the school year after school, teacher work days, and holidays.	Located in Buncombe County
Boys and Girls Club of Henderson County	 828-693-9444 www.bgchendersonco.org	Offers a recreational after school program Monday through Friday from 3:00-6:00pm. (Summer hours: M-F 9-5:30)	Henderson
Cindy Platt Boys and Girls Club of Transylvania County	 828-885-7800 www.bgctransylvania.org	Offers a variety of recreational after school programs. (Summer program 8-5:30)	Transylvania
Eliada Homes - School Age Program	 828-254-5356 x 357 www.eliada.org/programs/education/after-school	Emphasizes the positive, useful, and fun experiences of learning, with a focus on self-esteem, social skills, self-help skills, foster care, summer camps and job development.	Western North Carolina
Good Shepherd Episcopal Church Homework Center	828-859-9961 holycrosstryon.org/ministryoutreach	Provides supervised, one-on-one tutoring to increase the understanding of skills and to assist with homework assignments. Maintains close contact with the parents, teachers and counselors of students participating in the program.	Polk
Hillcrest Enrichment Program - Asheville Housing Authority	828-252-6376 ashevillehousingauthority.org	Provides educational, recreational, motivational and cultural studies for children in grades K-12. (Provides homework assistance if in housing.)	Buncombe
Hollifield's Christian Childcare	828-766-7552	Christian-based before and after school program. Licensed by the NC Division of Child Development as a religious sponsored program. Hours of operation are 5:30am to 5:30pm, Monday through Friday. Local schools offer transportation for children to the center every day that school is in operation.	Mitchell







Just Kids After School - Asheville Jewish Community Center	 8-253-0701, x107 asheville.org	www.jcc-	Children in the Just Kids After School Program ages K-5th grade participate in a variety of social, recreational, cultural and educational activities. Preschool program for infants 5 years of age	Buncombe
Odyssey Community School After Care	828-259-3653 odysseycommunity.org/before-after-care		Before and after school care is available year-round, even during the summer camp season. It's available to students outside of Odyssey, too. Transportation must be provided.	Buncombe
One Youth at a Time	828-281-0208 www.oneyouthatatime.org		Works with at-risk/delinquent youth with programs developed to increase academic successes, self-discipline, and self-esteem.	Buncombe Henderson
Polk County Schools Afterschool / School's Out Program	828-894-8199 www.afterschool@polknc.org		Operates Monday through Friday from 3:00 to 6:00 at Stearns Gym in Columbus. Students are bused directly to Stearns from Polk Central Elementary, Tryon Elementary, and Polk County Middle School.	Polk
Rutherford County Public Schools	828-288-2200 www.rcsnc.org		Offers after school options and more.	Rutherford
Transylvania County Schools - After School Care	Contact individual schools for more information: Brevard Elementary School Pisgah Forest Elementary School T. C. Henderson Elementary School Rosman Elementary School		The program opens with the dismissal of school and closes at 6:00 P.M. Activities include supervised play and organized small group activities. A nutritious snack and juice is served each day.	Transylvania
YMCA of Rutherford County	 704-484-9622 www.clevecoymca.org/locations/rutherford/		Program allows children to spend their afternoons in a safe environment. Children have fun in guided recreation, develop lasting friendships, and develop age-appropriate skills. The program focuses on the fitness of each child in spirit, mind and body. Each activity is planned specifically to help strengthen each child in one of these three areas.	Rutherford
YMCA of Western North Carolina, for Buncombe County & Asheville City Schools	 828-775-4706 www.ymcawnc.org/centers/child-care-services/afterschool-care		Offers developmentally-appropriate activities that will enhance child's confidence, enrich his/her social & physical development and encourage self expression. Program includes arts & crafts, individualized help with homework, group games, outside play & more.	Buncombe
YWCA of Asheville	 828-254-7206 x 111 www.ywcaofasheville.org		Open to children in grades K-6 . Offers homework help, tutoring, swimming lessons, gardening, arts & crafts, field trips & nutritious snacks.	Buncombe
Allergists				
Allergy Partners	 828-277-1300 www.allergypartners.com		Allergy Partners physicians are trained in the diagnosis, treatment, and management of asthma and allergic diseases. They will obtain a detailed history, perform a physical exam, and determine the best personalized and comprehensive treatment plan for you.	Statewide
Bacot, Bruce, MD <i>Mission Reuter Outpatient Clinic</i>	828-213-1740		Board certified in Pediatric Pulmonology	Located in Buncombe County



Art & Music

For other opportunities, find listings in local publications such as Mountain Xpress, WNC Parent, etc.

Arts for Life	 828-712-8120 www.aflnc.org	A nonprofit organization bringin the arts to patients battling cancer and other life threatening illnesses.	Located in Buncombe County
Asheville Art Museum	 828-253-3227 x 121 or 124 www.ashevilleart.org	Includes traditional art shows and exhibits. Features The Art PLAYce for Children, a hands-on, interactive area of the museum just for children/families.	Located in Buncombe County
Asheville Community Theater	 828-254-1320 www.ashevilletheatre.org	Offers members of the community the opportunity to be involved in one of 7 annual, fully staged productions, including opportunities in acting, set building, costuming, backstage work, box office, ushering and front desk work. Also offers classes for youth, listed at http://www.ashevilletheatre.org/Classes.html .	Located in Buncombe County
Asheville Music School	 828-252-6244 www.ashevillemusicschool.com	The Asheville Music School has instructors who teach hundreds of private music lessons every week. Teacher / Assistant Director Gabrielle Tee specializes in working with children with special needs and is a certified Music Therapist.	Located in Buncombe County
Asheville Parks, Recreation & Cultural Arts	 828-259-5800 www.ashevillenc.gov/Departments/ParksRecreation.aspx	Experience the diverse art, culture and heritage of the Western North Carolina region and much more through the Cultural Art Program offering a wide variety of community programs & events.	Located in Buncombe County
Boys and Girls Club of Henderson County	 828-693-9444 www.bgchendersonco.org	After school and summer programs, including several arts components.	Henderson
Children's Hair Specialist	Jesse Alexandra 201-665-0791	Specializing in childrens' hair cutting and styling, trained in working on children with special needs, specializing in children with autism, down syndrome and children with low self-esteem issues due to deformities.	Buncombe
Community Enrichment/Art <i>Asheville-Buncombe Technical Community College</i>	828-398 7900 www1.abtech.edu/content/economic-and-workforce-development-continuing-education/community-enrichment/Personal-Enrichment-Programs	Provides courses, workshops, seminars, and activities that contribute to the community's overall cultural, civic, and intellectual growth. Courses are designed to assist adults in the development of new skills or the upgrading of existing art, language and practical skills.	Located in Buncombe County
Education, Arts and Science Center <i>Pack Place</i>	 828-257-4500 www.packplace.org	An Asheville center for education and entertainment and home to the Asheville Art Museum, Colburn Earth Science Museum, Diana Wortham Theatre and YMI Cultural Center.	Located in Buncombe County
Fired Up! Creative Lounge	 Asheville 828-253-8181 Hendersonville 828-698-9960 www.fireduplounge.com	Fired Up! Creative Lounge offers opportunities to create beautiful, custom-designed pottery and ceramics, catering to school groups, educational workshops and summer camps.	Located in Buncombe & Henderson
Folk Art Center of the Southern Highland Craft Guild	 828-298-7928 www.southernhighlandguild.org	Showcases the finest in traditional & contemporary crafts of the Southern Appalachians. In addition to an Eastern National bookstore & Blue Ridge Parkway information desk, the center houses 3 galleries, a library & Allanstand Craft Shop. Beginning in March each year, visitors can see live craft demonstrations daily in the Folk Art Center lobby.	Located in Buncombe County
Foundation Performing Arts Center <i>Isothermal Community College</i>	828-286-9990 foundationshows.org	Offers theater for young audiences throughout the year.	Rutherford

HANDS ON! Children's Museum	828-697-8333	Interactive children's museum	Hendersonville
KidSenses Children's Museum - Creation Station	828-286-2120 www.kidsenses.com/exhibits/creation-station-art	Artists of all ages can use a variety of different media, including paints, pencils, markers, crayons and more, to create lasting masterpieces in this exhibit, that celebrates art, creativity, and invention. Design your dream car with magnets or participate in Adult Guided Creation activities, which change weekly.	Located in Rutherford County
Kindermusik	 828-242-1548 www.kindermusikwithyvette.com	Child centered and age appropriate program that creates musical children by letting them explore all the possibilities that surround them.	Located in Buncombe County
Open Hearts Art Center	 828-505-8428 www.openheartsartcenter.org	Non-profit organization, established with the purpose aiding people with developmental, physical, and emotional disabilities to discover self-expression and self-realization through the visual and performance arts. Also find them on Etsy.com at www.etsy.com/shop/OPENHEARTSART	Located in Buncombe County
Parkway Playhouse Jr.	828-682-4285 www.parkwayplayhouse.com/education/parkwayplayhousejunior	A national award winning program that offers Fall, Spring, and Summer programming, including Performing Arts Production Classes for ages 4 to 18 and a variety of Summer Performing Arts Camps for ages 3-18 and more! In these classes and camps, students have the opportunity to learn necessary skills in the performing arts from Parkway Playhouse Professional Company Members and Production Staff.	Yancey
Roots and Wings School of Art	 828-545-4827 www.rootsandwingsarts.com	Provides unique visual arts education opportunities for people of all ages, abilities and functionalities.	Located in Buncombe County
Rutherford County Arts Council	828-245-4000 www.rutherfordarts.com	A non-profit community organization dedicated to cultural revitalization through the arts. This goal is pursued through works of art produced by the Arts Council, particularly drama. The participation of children in artistic projects, both in and out of the school setting, is especially encouraged and facilitated by the Council.	Rutherford
Rutherford County Visual Arts Guild - Art for Youth	828-288-5009 www.rcvag.com/?page_id=2448	Offers classes and workshops for youth and teens.	Rutherford
Shortbus Studio	828-682-4394 www.shortbusart.com	The gallery provides adults with developmental disabilities an opportunity to express their natural artistic ability and sense of humor. The gallery allows these artists to publicly present original designs, and to generate funds to help support this project.	Yancey
Smoky Mountain Music Therapy	828-450-3998	Offers music therapy mainly to people living with autism and developmental disabilities. Services provided in home, in a community setting. Services paid by cash or check.	Buncombe Madison Henderson Transylvania Haywood
Toe River Arts Council	828-682-7215 www.toeriverarts.org	TRAC has education programs in the K-5 Residency program, the TRAC Afterschool Program (TAPS), and Performances in the Schools.	Yancey
Transylvania Community Arts Council - Arts Appreciation Events and Arts Center Gallery Exhibits	828-884-2787 www.tcarts.org	Transylvania Community Arts Council sponsors several arts & craft appreciation events throughout the year as well as gallery exhibits in their Arts Center Gallery.	Located in Transylvania County

Tryon Fine Arts Center		828-859-8322 tryonarts.org	Provides opportunities and facilities for the entire Carolina Foothills community in order to advance experience and participation in the arts, including music, drama, film and other cultural endeavors. Offers programs for families and children.	Polk
Tryon Little Theater		828-859-2466 www.tltinfo.org	Offers performances themed and workshops for families and children.	Polk
Tryon Youth Center		828-859-3192	Offers artistic, social and recreational programs for the young people of the local area. Open M-F 8:00 am - 5:00 pm Pacolet Vly, Tryon, NC 28782	Polk
Wild Roots Fine Arts Center		828-289-5880 www.wildrootsfinearts.org	Fine arts center offering a variety of classes in music and visual arts.	Rutherford
Assistive Technology, Accessibility & Mobility				
AbleData		800-227-0216 www.abledata.com	Provides objective information about assistive technology products and rehabilitation equipment.	National
Accessibuilt		Danile Paul Sanner 828-283-2675 www.accessibuilt@outlook.com	Installs state-of-the-art roll-in and walk-in showers, roll-under sinks, grab bars and other products that provide independence at home for special-needs kids and other people with special needs.	Located in Buncombe County
Assistive Technology Loans		1-800-466-7353 www.self-help.org	Can provide loans for personal communication devices, hearing aides, home modifications, ramps, vehicle lifts and modifications, new and used car financing.	Statewide
CarePartners Wheelchair Seating & Mobility Clinic		828-274-6183 www.carepartners.org	Provides custom fittings for people who use wheelchairs, both prior to and after purchase, allowing for a more comfortable, precise fit.	Located in Buncombe County
Care Solutions		828-698-9844 www.caresolutions.us	A locally owned and managed medical equipment company that specializes in wound care and mobility.	Located in Henderson County
DynaVox		800-344-1778 www.dynavotech.com	Provider of communication and education solutions designed to help individuals living with speech, language and learning disabilities.	National
Center on Technology and Disability		202-884-8588 www.ctinstitute.org	Provides a wide range of resources on instructional and assistive technologies, from introductory fact sheets through CEU's for practitioners and educators.	National
Chewlery		funandfunction.com autism-products.com	For various oral sensory and chewing needs	National
Link to Life		828-645-6676 or 231-0930 mobile gpwhitson@charter.net	Personal emergency response services as well as pill dispensers with built in alerts, mats that let caregivers know when the patient gets out of bed, activity monitors, automatic fall sensors, reminder services and fire protection.	Services WNC




Mountain Mobility	828-250-6750 www.buncombecounty.org/Governing/Depts/Transportation	Currently provides transportation services to clients of human service agencies, departments of local governments, and general transportation services for persons residing outside of the City of Asheville.	Buncombe
National Seating and Mobility	828-277-2577 www.nsm-seating.com	Provides customized wheelchairs and adaptive seating systems for individuals who have been diagnosed as having a permanent or long-term loss of mobility due to trauma, physical abnormality, structural defect or disease.	Located in Buncombe County
NC Assistive Technology Exchange Post	919-855-3589 www.ncexchange.org	Residents of North Carolina have the opportunity to sell, buy or exchange assistive technology devices.	Statewide
North Carolina Assistive Technology Program	828-631-9461 www.ncatp.org	Offers free services to individuals including device demonstration, device loan, device reutilization and training, as well as providing public awareness via fairs and other community events.	Western NC
Pass It On Center	 www.passitoncenter.org 1-800-497-8665	Creates national and state resources to foster the appropriate reuse of AT so that people with disabilities can get the affordable AT they need in order to live, learn, work and play more independently.	National
Second Chance Mobility Program	828-692-4766	Accepts powered wheelchair donations. Refurbishes them from donations and gives to those in need. Rental program.	Henderson and surrounding
Sensory Comfort	828-582-9155 RWSWWhite@msn.com	Handmade sensory weighted blankets from Hendersonville, NC. Call or go to website for fabric colors, sizes and costs.	National
SimplyHome	 877-684-3581 www.simply-home.com	Empowers individuals and care providers through wireless technologies for independent living. Personalized systems are custom designed for anyone's needs – independent living support for families, caregivers and most importantly, the individual. National organization based in Asheville. Assistive technology.	National
Liberty Street Baggage	828-251-9854	The Smart-Pack Sac line of accessory bags keeps all essentials visible with easy access when using power and manual wheelchairs, scooters and walkers, or carrying special equipment like a DynaVox or medical supplies need a helping hand to stow all their gear.	Located in Buncombe County
South Carolina Assistive Technology Exchange	803-935-5273 www.sc.edu/scatp	The goal of the SCATP is to put AT equipment that is not currently being used into the hands of someone who can benefit from it. The South Carolina Assistive Technology Exchange is primarily for South Carolinians, although we do accept entries from neighboring states. The program is designed to facilitate equipment exchange between individuals.	Allows participation for NC residents
Telecommunications Relay for individuals who are Deaf, Hard of Hearing or with speech impairments	Dial 7-1-1 statewide or 1-800-681-7998(V) 1-800-681-8035(TTY) 828-665-8735	Telecommunications Relay Service (TRS) is a telephone service that allows persons with hearing or speech disabilities to place and receive telephone calls.	Statewide

Attachment, Trauma & Bonding






Beatitude House Counseling Center	828-926-5591 www.beatitudehouse.org 828-351-7103 email: counseling@beatitudehouse.org	Provides treatment for families, couples and individuals struggling with attachment pain, behavioral challenges, relationship issues and marital difficulties.	Western NC/nationwide
Crossroads Counseling Center	828-327-6633 crossroadscounseling.org	A private agency committed to promoting the well-being of children, adolescents, and families by providing holistic therapeutic services, child and family advocacy and community education. Located in Hickory, Nc..	Statewide
Fix, Suzanne, RN, LCSW	828-536-9898(cell:only during business hours) therapy@suzannefix.com	Provides individual and family counseling, including treatment for PTSD, attachment issues,	Located in Buncombe County




Audiology Resources - See "Hearing & Audiology"

Autism / In-Home Programs

Autism Consulting & Training, Inc.	 305-793-8280 www.autismeducates.com	Works with clients in their natural environments of home, school and the community, and promote skills and develop systems and supports to foster independence across settings. Also provides workshops to educate the community on the diverse needs of those affected by Autism Spectrum Disorders.	Located in Buncombe County
Autism Society of North Carolina	 828-236-1547 www.autismsociety-nc.org 800-442-2762	Offers in-home skill building as well as other services.	Statewide
Empower Autism	 828-458-0313 www.empowerautism.com	Offers home programs, mentoring and tutoring.	Buncombe Henderson Madison Polk Rutherford
P.L.A.Y. Project	828-277-1315 www.firstwnc.org www.playproject.org	The P.L.A.Y. Project Home Consultant Program provides training/support for families of young children (18 months to 7 years) with autism in their home. Our trained consultants teach parents techniques that are effective, fun, and useful in day-to-day interactions with their autistic child.	surrounding counties
RHA Health Services	828-232-6844 www.rhahealthservices.org	Provides Intensive In-home Services. Has a team that specializes in working with families with children on the Autism Spectrum. This is a short term service (3-6 months) that addresses both mental health and developmental issues that are causing more extreme and perhaps unsafe behaviors in the home and community.	Statewide
Western NC Behavioral Education, Services and Treatment (BEST)	828-778-2378 www.wncbest.org	Provides individualized plans to tailor each child's needs with speech and language, cognitive and academic, self-help and social skills. Treatment is intensive and uses principles of applied behavior analysis (ABA), a science which investigates and changes behaviors through direct interaction. <i>Accepts Medicaid.</i>	Located in Buncombe County

Autism / Treatment Resources



Auditory Integration Training Services	 <p style="text-align: center;">828-683-6900 www.aithelps.com/autism.php</p>	AIT is helpful for the treatment of PDD (Pervasive Developmental Disorder), ASD (Autism Spectrum Disorder), & Asperger's Syndrome. By helping normalize brain functioning, AIT can allow the individual to utilize other therapies more effectively or eliminate the need for some. We therefore recommend that you use AIT before other programs.	Located in Buncombe County
Autism Educates	 <p style="text-align: center;">305-793-8280 www.autismeducates.com</p>	Works with clients in their natural environments of home, school and community to promote skills and develop systems and supports to foster independence across settings. Provides workshops to educate the community on the diverse needs of those affected by ASD. Parent training and support.	Located in Buncombe County
Behavior Analysis Center of Asheville	<p style="text-align: center;">828-778-2378 www.behavioranalysiscenterasheville.org</p>	A non-profit organization whose mission is to improve the lives of individuals with autism spectrum disorders through science-based interventions. Thrive center for accelerated learning.	Western NC
Carolina Pediatric Therapy	 <p style="text-align: center;">828-670-8056 www.carolinapeds.com</p>	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists dedicated to providing excellent services to children.	Located in Henderson Co Surrounding areas
Empower Autism	 <p style="text-align: center;">828-458-0313 www.empowerautism.com</p>	Offers general social & behavior plans, home-school and academic plans, tutoring and mentoring services and group workshops specific to Autism.	surrounding counties
Faherty, Catherine	<p style="text-align: center;">www.catherinefaherty.com</p>	Works in homes with children, parents and adults with autism on communication, self understanding, self advocacy and organizational strategies.	Located in Buncombe County
Focus Centers of Asheville	 <p style="text-align: center;">828-281-2299 www.focuscentersofasheville.com</p>	Focus Centers utilizes state-of-the art neuro-technology, psychotherapy and computer-assisted training to help clients successfully overcome emotional, behavioral, neurological, stress, developmental/learning disorders.	Located in Buncombe County
Asheville Speech Associates	<p style="text-align: center;">828-285-8814 www.ashevillespeech.com</p>		Located in Buncombe County
Olson Huff Center Therapies	<p style="text-align: center;">828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral</p>	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Western NC
Perry, Martha, PhD <i>Spectrum Behavioral Solutions</i>	<p style="text-align: center;">spectrumDr@yahoo.com</p>	Individual and family therapy with specialization in ASDs, school performance, behavioral issues, parenting and advocacy.	Located in Buncombe County
P.L.A.Y. Project	<p style="text-align: center;">828-277-1315 www.firstwnc.org</p>	Community based autism training & early intervention program dedicated to empowering parents and professionals to implement intensive, developmental interventions for young children with autism in the most effective, efficient way.	Buncombe Henderson Madison Transylvania




St. Gerard House	 828-693-4223 www.StGerardHouse.com	Offers evidence-based treatment for individuals with Autism Spectrum Disorder (ASD), learning disabilities, developmental delays, and behavioral health needs. In addition, provides training, consultation, and support for anyone involved with the treatment or care of these individuals.	Buncombe Henderson Madison Transylvania
Sensory Comfort	Sheryl White 828-582-9155	Homemade weighted blankets, vests etc for children with Autism	Buncombe
Tatsapaugh, Linda, MS	828-697-6313 www.talismancamps.com	6-22 yrs residential camp w/ASD	Western NC
TEACCH (Treatment and Education of Autistic and Communication Related Handicapped Children)	828-251-6319 www.teacch.com	Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research.	Statewide
Western NC Behavioral Education, Services and Treatment (BEST)	828-778-2378 www.wncbest.org	Provides individualized plans to tailor each child's needs with speech and language, cognitive and academic, self-help and social skills. Treatment is intensive and uses principles of applied behavior analysis (ABA), a science which investigates and changes behaviors through direct interaction. <i>Accepts Medicaid.</i>	Located in Buncombe County
Behavioral & Developmental Pediatrics			
All Souls Counseling Center	828-259-3369 www.allsouls counseling.org	Individual, couple, and family group therapy and medication management	Located in Buncombe County
Centering on Children, Inc.	 888-268-6366 www.shoebotasks.com local: 828-252-5111	Creates Shoebox Tasks, one-unit constructions that aid students with autism in overcoming organizational difficulties.	Located in Buncombe County/national
Governo, Scott, MSN, FNP, PNP <i>Olson Huff Center</i>	828-213-1780	Certified in family and pediatric nursing.	Western NC
Grandis Evaluation Center	828-299-7451 www.gectesting.com	Provides comprehensive Behavioral Health Assessments, Developmental Assessments and treatment/service recommendations for people of all ages.	Located in Buncombe County
Pisgah Institute / Center for the Advancement of Human Potential	 828-254-9494 www.pisgahinstitute.com	Provide consultation, medication management, individual and group psychotherapies, neuropsychological testing, educational testing, stress management, quantitative EEG, referenced EEG and EEG biofeedback	Western NC




Relationship Center	828-225-5555 www.trccounseling.com	Offers individual counseling, marriage counseling, DWI and substance abuse counseling. <i>Accepts Medicaid. Not accepting Medicare.</i>	Western NC
Rodriguez, Rudy, LCSW <i>AHDH Center for Success</i>	 828-301-1904 www.adhdcenterforsuccess.com	Offers ADHD evaluations, diagnostic services, medication monitoring, coaching & behavioral therapies, seminars and workshops for teens and adults and an adult ADHD support group. Primarily teens 13 to adults.	Located in Buncombe County
Sandler, Adrian, MD <i>Olson Huff Center</i>	828-213-1780	Board certified in Pediatrics and Developmental-Behavioral Pediatrics	Western NC
Martha Perry, PhD <i>Spectrum Behavioral Solutions</i>	spectrumDr@yahoo.com	Evaluation and treatment of children 2-18 and their families	Located in Buncombe County
Sunshine Project - <i>offered by FIRST</i>	828-277-1315 www.firstwnc.org/sunshine-project.html	Provides services to children with developmental delays and challenging social/emotional behaviors, including training for childcare providers on child-specific needs and classroom strategies, specific diagnoses and disability issues, and consultation on individual child needs for successful classroom inclusion in Buncombe County.	Located in Buncombe County
Sylva Clinical Associates, PA	828-586-5555 888-823-8765 www.sylvaclinical.com	Provides outpatient psychotherapy, evaluation and testing to children, adolescents, adults and families.	Located in Jackson Cty/Surrounding areas
Youth Villages	828-250-3700 www.youthvillages.org	Offers intensive in-home and transitional living services from 10 locations across the state. Utilizes specialized therapies in helping young people age 12 to 17 who display serious antisocial behaviors and are at-risk of placement out of the home due to their behaviors.	Western NC







Camp/Day Camps





FSN of WNC annually compiles a listing of regional and state-wide camps (day and overnight) on their website. Download a copy from <http://www.missionchildrens.org/family-support-network.php> or pick one up at the Resource Library.

American Camp Association's Find-A-Camp Resource	 find.acacamps.org/finding_a_camp.php	Provides a searchable database of camps throughout the country based on chosen criteria.	National
Special Needs Camp Resources	 www.kidscamps.com/specialneeds-camps.camp	Provides a listing of special needs camps throughout the United States.	National





Very Special Camps Listing of Special Needs Camps	 www.veryspecialcamps.com	Provides a listing of special needs camps throughout the United States.	National
Wrights Law Summer Camp Directory	http://www.wrightslaw.Com/info/camps.summer.mil.htm	Provides an extensive listing of special needs camps throughout the United States about a wide variety of special needs.	National
 CAP/C Services			
C & B Support Services	828-654-0644 www.C&BSupportServices.com	CAP/C is a program for medically fragile children under age 21 at risk for having to live in a nursing home or hospital. By providing case management and other supports, CAP/C can help these children stay at home with their families.	Buncombe Henderson Madison Polk Transylvania Yancey
Footprints Case Management	704-412-2144 www.footprintscasemanagement.org Lucy Shell Ext 112 (new child referral)	CAP/C is a program for medically fragile children under age 21 at risk for having to live in a nursing home or hospital. By providing case management and other supports, CAP/C can help these children stay at home with their families. Serves Alleghany, Buncombe, Cabarrus, Gaston, Lincoln, Polk, Rutherford and Watauga Counties. WNC-Greensboro to Asheville.	Buncombe Polk Rutherford
Gentiva Community Care	828-898-6000 www.gentiva.com	CAP/C is a program for medically fragile children under age 21 at risk for having to live in a nursing home or hospital. By providing case management and other supports, CAP/C can help these children stay at home with their families. Serves Mitchell and Yancey Counties.	Mitchell Yancey
Haywood Co. DSS	(828) 452-6620 www.haywoodnc.net	The local Dept. of Social Services is the agency to contact if you are looking for CAP/C type services for children living in Haywood County	Haywood County
Walkers Home Care	252-432-6308 828-632-3333 www.walkershomecare.com	Offers years of experienced, Registered, Licensed, and Certified nursing and social work professionals. Serves Alexander, Anson, Catawba, Forsyth, Guilford, Iredell, Mecklenburg, Montgomery, Randolph, Richmond, Rutherford, Stokes, Surry, Union and Yadkin counties.	Rutherford and further east
Cardiology			
Brenner Children's Hospital Pediatric and Congenital Cardiology	888-716-WAKE www.brennerchildrens.org or 336-713-4500	Consists of surgeons, cardiologists, pediatric cardiac anesthesiologists and a dedicated pediatric perfusion team.	Located in Winston-Salem
Friedman, Brad A., MD	 828-274-6000 www.missionchildrens.org/medical-specialties/cardiology/our-providers	Board Certified in Pediatric Cardiology	Located in Buncombe County


McGovern, Jim, MD	 828-274-6000 www.missionchildrens.org/medical-specialties/cardiology/our-providers	Board Certified in Pediatrics and Pediatric Cardiology	Located in Buncombe County
North Carolina Children's Hospital Heart Center	984-974-1000 ncchildrenshospital.org/ourservices/specialties/cardiology	Provides comprehensive, compassionate, family-centered care for children of all ages with heart disease.	Located in Chapel Hill
Pulver, Aaron, MD	 828-274-6000 www.missionchildrens.org/medical-specialties/cardiology/our-providers	Board Certified in Pediatrics and Pediatric Cardiology	Located in Buncombe County
Care Coordinators			
Community Care of Western North Carolina (CCWNC)	828-259-3879 www.ccwnc.org	CCWNC provides care management services to Carolina Access patients (Medicaid) assigned by DMA to our participating primary care practices (PCP). Services are targeted towards adult and pediatric patients in two categories: 1) patients with diagnosis of chronic diseases; current focus is asthma, diabetes and congestive heart failure, 2) those identified as high cost/high utilizers of health services.	Western North Carolina
Case Management - See Managed Care Organization (MCO)			
Child Care Services			
Asheville City Schools Preschool	828-350-2900 preschool.ashevillecityschools.net/pages/Asheville_City_Pre-School	Offers Head Start, Early Head Start and private pay programs for children ages 0-5.	Buncombe
Child Care Cooperative <i>Family Place of Transylvania County</i>	 828-883-4857	Children are cared for by Early Childhood staff and/or Co-op parents. Parents/grandparents earn childcare hours by working at the Family Place providing childcare. This is an hour-for-hour exchange. Day/evening times are offered. Continuing education at the center is required.	Transylvania
Child Care Resource and Referral (CCR&R)	828-407-2066 Buncombe 828-698-0674 Henderson & Transylvania 828-689-1528 Madison 828-765-5130 Mitchell 828-354-0116 Polk & Rutherford 828-682-0717 Yancey	Provides referrals to local child care providers, information on state licensing requirements, availability of child care subsidies as well as other information concerning child care services.	Buncombe Henderson Madison Transylvania
Choosing Quality Childcare <i>NC Division of Child Development & Early Education</i>	ncchildcare.nc.gov/parents/pr_sn2_ov.asp	Offers guidance and resources on choosing a day care provider, identifying certified providers, and more.	Statewide

Columbus Children's Center <i>Head Start / Early Head Start</i>	828-859-0165 www.wcca.net	A federal program that promotes the school readiness of children ages birth to five from low-income families by enhancing their cognitive, social, and emotional development.	Polk
Community Action Opportunities	828-252-2495 www.communityactionopportunities.org	Offers Head Start Program as well as other resources for families and individuals.	Buncombe Madison
Corpening YMCA Child Watch	 828-659-9622 www.ymcawnc.org/centers/corpening/location	Provides a safe, nurturing environment for children to learn, grow and develop social skills. Goal is to provide all children with developmental experiences and physical activity during their time in Child Watch	Located in Buncombe County
DSS Day Care Supervisor/Coordinator	828-250-5727 Buncombe 828-692-6249 Henderson 828-649-2711 Madison 828-688-2175 Mitchell 828-894-2100 Polk 828-287-4044 Rutherford 828-887-3174 x30 Transylvania 828-682-6148, x1008 Yancey	Offers subsidized child care based on eligibility requirements.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Early Learning Center <i>Irene Wortham Center</i>	 828-274-7518	Children aged six weeks to 5 years who are developing in a typical way learn and play beside children with developmental challenges in a multicultural setting. All children are offered a rich variety of activities within a curriculum that addresses school readiness, character development, and socialization.	Located in Buncombe County
Eliada Child Development Center	 828-254-5356 www.eliada.org	Provides a safe "home away from home" for children while parents are working. Goal is to prepare the preschool age child socially, emotionally and cognitively for kindergarten,	Located in Buncombe County
Helping Hand Development Center	 828-692-7068 helpinghanddevelopmentalcenter.org	Preschool offering special education programs for children ages 3-5.	Located in Henderson County
Heritage Hall International School	 828-693-6845 www.heritagehallschool.org	Daycare is provided for children from ages 1 year to 4 years. Also offers an AM and PM care for school aged children	Located in Henderson County
Learning Tree	828-247-4979 www.rutherfordlifeservices.com	Day care is provided in an inclusive setting that adapts to varying child development stages and progress.	Rutherford
Mountain Child Care Connections	 877-752-5955 www.swcdcinc.org/family-services/finding-quality-child-care.php	Provides referrals to local child care providers, information about licensing requirements and information about paying for child care.	Buncombe Madison Polk Transylvania








Reuter Family YMCA Child Watch	 828-651-9622 www.ymcawnc.org/centers/reuter/location	Provides a safe, nurturing environment for children to learn, grow and develop social skills. Goal is to provide all children with developmental experiences and physical activity during their time in Child Watch	Located in Buncombe County
Smart Start	828-285-9333 Buncombe www.smartstart-buncombe.org 828-693-1580 Henderson www.smartstarthc.org 828-649-3531 Madison 828-682-0047 Mitchell 828-287-2775 Polk & Rutherford 828-877-3025 Transylvania 828-682-0047 Yancey	Offers the NC Pre-kindergarten Program as well as other resources to assist families in finding child care resources.	Buncombe Henderson Madison Transylvania
Southwestern Child Development Commission, Inc - Subsidized Childcare Program.	828-250-5664 www.swcdcinc.org/provider-services/subsidy-program.php	Locally administered program using State, Federal, & Smart Start funds to assist families with the cost of child care. Families receiving financial assistance are free to choose the child care arrangement that best meets their needs.	Located in Buncombe County
Verner Center for Early Learning	 828-298-0808 www.vernerearlylearning.org	Verner is an early learning program of distinction where young children thrive, families flourish, and early care and education professionals excel. Verner follows the comprehensive Early Head Start Model program-wide	Located in Buncombe County
Woodfin YMCA - Child Watch	 828-505-3990 www.ymcawnc.org/centers/woodfin/location	Provides a safe, nurturing environment for children to learn, grow and develop social skills. Goal is to provide all children with developmental experiences and physical activity during their time in Child Watch.	Located in Buncombe County
Yancey County Child Development Center	828-682-2469	Comprehensive child development program including early childhood education, health services, nutrition counseling, mental health services and more.	Located in Yancey County
Yancey County Head Start Center	828-682-6668	A federal program that promotes the school readiness of children ages birth to five from low-income families by enhancing their cognitive, social, and emotional development.	Located in Yancey County
Yancey County MHHS Preschool	828-678-5235 sites.google.com/a/yanceync.net/mhhs-preschool/home	A 5-star center, part of Yancey County Public Schools, that also offers child care slots.	Located in Yancey County
Counseling Services for Adults, Children and Families			
A Place to Heal and Grow	http://www.aplacetohealandgrow.com/contact/ 828-890-8340	Counseling for children and families with a history of trauma.	Brevard
Access Family Services, Inc.	 828-670-7723 www.accessfamilyservices.com	Currently specializes in treating children and adolescents with behavioral disorders, trauma, anxiety, grief and loss issues and depression. Employs a strength-based holistic approach to therapy and believes everyone has the capacity for growth and change.	Buncombe Henderson Madison Transylvania
Accordance Psychological Associates	828-287-8890	Provide treatment for children and adults who have mental-health and/or substance-abuse problems.	Located in Rutherford County






Alliance Community Based Services	828-883-9676		Brevard
All Souls Counseling Center	828-259-3369 www.allsoulsounseling.org	Individual, couple, family, and group therapy and medication management. Charges based on a sliding scale based on the ability to pay.	Located in Buncombe County
Altschul, Juli, LPC	828-687-9345	Provides individual, couples and family counseling.	Buncombe Henderson Transylvania
Asheville Consultation	828-779-9975 or 828-318-6283 www.ashevilleconsultation.com	Offers counseling, psychotherapy, psychoanalysis, marriage/couples therapy, adolescent therapy, and children's therapy.	Located in Buncombe County
Asheville Counseling & Wellness Center	828-254-0749 www.ashevillecounselingandwellnesscenter.com	Services include counseling, psychotherapy, neurofeedback, chiropractic, massage, acupuncture, suboxone treatment and intuitive healing touch.	Located in Buncombe County
Berard Auditory Integration Training Systems, Inc.	828-683-6900 www.aithelps.com	Offers therapy, hypnosis an auditory integration training for children who have autism, ADD, ADHD, LD, dyslexia and other sensory issues and diagnoses.	Located in Buncombe County
Blue Ridge Community Health Services	 828-692-4289 or 828-883-5550 www.brchs.com/healthcare-services/behavioral-health	Offer a complete range of behavioral health services, including care for depression, anxiety, panic disorders, anger, abuse, family violence, parenting concerns, and eating disorders. Offers services for children, adults and families.	Located in Henderson and Transylvania County
Blue Ridge Treks	828-707-5751 www.blueridgetreks.com	An adventure-based therapy program designed to enhance physical and psychological health and wellness in the Blue Ridge Mountains surrounding Asheville. Owned and operated by two professional therapists.	Located in Buncombe County
Bullock Counseling & Consultation	828-686-9601 www.bullockcounseling.com	Offers: individual counseling for adults; marriage, couples and relationship counseling; child, adolescent and family counseling; parenting support and consultation; and mid-life counseling.	Located in Buncombe County
Carolina Mountain Psychiatry	828-274-6622	Offers treatment of children, including those with medical and feeding issues as well as generally anxiety and OCD.	Located in Buncombe County
Carolina Pediatric Therapy	828-862-3282 (Brevard) 828-670-8056 (Asheville, main office)	We are a team of licensed speech-language pathologists, occupational therapists, physical therapists, early childhood interventionists, and behavioral health therapist dedicated to providing excellent services for children and teens with developmental and neurological disabilities in the Asheville, Hendersonville and Brevard areas	Brevard and Asheville
Catholic Social Services of the Diocese of Charlotte in Asheville	828-255-0146 www.ccdoc.org/services/children-youth/counseling	Offer individual, family, premarital, marital, and group counseling in both English and Spanish. Services are offered on a sliding scale for payment.	Located in Buncombe County
Cognitive-Behavioral Therapy Center	 828-350-1177 www.behaviortherapist.com	Provides outpatient cognitive-behavioral therapy and other evidence-based treatments for emotional disorders. Serves children, adolescents and adults.	Located in Buncombe County
Crisp, Vanessa, LCSW	828-338-9033 vcrispcounseling.com	Offers individual and family therapy; trauma focused behavioral therapy for ages 8-18; parenting support, Christian counseling.	Located in Buncombe County




Dearing, Judy, LCSW		828-696-2222	Offers cognitive behavior therapy to children aged 4 and up. Also offers family counseling and services to adults.	Buncombe Henderson
Eliada Homes		828-254-5356 www.eliada.org	Provides psychiatric evaluations, medication checks, and consultation at clinical staffings.	Located in Buncombe County
Family Preservation Services		828-225-3100 Buncombe 828-697-2986 Henderson 828-859-6661 Polk 828-287-7945 Rutherford www.pathways.com	Provides community support for mental health as well as individual and family therapy.	Buncombe Henderson Madison Polk Transylvania
Guido, Dayna, MSW, ACSW, LCSW		828-251-5371	Clinical social worker with over 30 years of experience working with children, adolescents, adults and families.	Located in Buncombe County
Hanna, Bob, PhD <i>Integrative Therapy of Asheville</i>		828-768-1827 www.bobhannaphd.com	Offers private counseling.	Located in Buncombe County
Harrison, Denise, MA, MAC, LCAS, CCS		828-467-0037 sprucepinecounseling.vpweb.com/default.html	Offers individualized and caring counseling services, conveniently located in downtown Spruce Pine, NC	Mitchell
Hays, Connie, LCSW		828-301-2881	Offers individual and family therapy for children and adolescents. Serves ages 3-18.	Located in Buncombe County
Heart Songs <i>Four Seasons Hospice</i>		828-233-0334 www.fourseasonscl.org/what-we-offer/bereavement-services/heart-songs-program-for-children/	Provides help for children in surviving loss and grief. HEART SONGS is a children's grief support program developed by Four Seasons.	Buncombe Henderson Madison Transylvania
Henderson County Children & Family Resource Center		828-698-0674 www.childrenandfamily.org	The Children & Family Resource Center offers Behavior Intervention Services for children 0-5 who are enrolled in early childhood programs in Henderson County.	Henderson
Henderson County Health Department		828-692-4223 ww2.hendersoncountync.org/health/web_pages/child_health_services.html#behavioralhealth	Has a clinical social worker who offers counseling services to clients of the health department to help with issues such as stress, depression, anxiety, and parenting. Also offers services for evaluation and treatment of ADHD.	Henderson
Horse Sense of the Carolinas		828-683-7304 horsesenseotc.com	Effective new strategies to manage unhealthy patterns and behaviors through our individual, couples and family outpatient services. <i>Accepts Medicaid.</i>	Western NC

Insights Psychiatric Resources <i>Rutherford Regional Health System</i>	828-287-3928 www.rutherfordhosp.org/body.cfm?id=77	Psychiatric independent medical evaluations, consultations, diagnosis and treatment. Clinical Research Trials, Pharmaceutical and Genetic Consultations, and more.	Rutherford
Kids Path Bereavement Program <i>Care Partners</i>	828-274-9567 ext 41012 carepartners.org/services_atoz_ki.html	Individual & group counseling with a specialized children's grief counselor. Play therapy tools that allow children to fully express grief in a safe, supportive environment.	Located in Buncombe County
McHugh, Paula, CCSW <i>Bridge Counseling Center</i>	828-274-0794	Private practice therapist specializing in relationships, depression, anxiety, panic attacks, sexual abuse and child behavior for children, adolescents and adults.	Located in Buncombe County
Maxon, Danielle, LCSW	828-515-4680 www.daniellemaxon.com	Counseling for children and families with a focus on children with ADHD, autism, Reactive Attachment Disorder and Oppositional Defiant Disorder.	Buncombe Co.
Mediation Center	 828-251-6089 Buncombe 828-697-7055 Henderson & Polk 877-559-5136 Transylvania www.mediatewnc.org	Offers services in guided problem solving, youth mediation, truancy mediation and classes to support families in handling their own conflicts.	Buncombe Henderson Polk Transylvania
Mewborne, Janice, LCSW	828-692-0029	Offers a variety of counseling options to children, adolescents and adults including individual counseling and human relations counseling.	Buncombe Henderson Madison Transylvania
Miller, Trisha, PhD <i>Point the Way Health Consultants</i>	828-696-3531 www.ptwhc.com	Provides individual, couples, and family therapy. Works with children (as young as age three), adolescents, and adults.	Buncombe Henderson
Moore, Roberta, LMFT	828-329-0431 www.consciouschoices.com	Offers marriage and family counseling to adults and children.	Located in Buncombe County
Morganstein, Guy, MS, LPC <i>Asheville Counseling Center</i>	828-337-7549 www.ashevillecounselingcenter.com	Offers specialization including Cognitive Behavioral Therapy, Family Systems, Stress Management, EFT Energy Psychology, and relaxation for adults and children as well as offering services for families in conflict.	Buncombe
Mountain Counseling Associates	828-692-7300 Buncombe & Henderson 828-884-7565 Transylvania mountaincounseling.com/index.html	A network of private mental health and psychiatric providers located throughout Henderson, Transylvania and Buncombe counties.	Buncombe Henderson Transylvania
Pinnacle Family Services	919-790-8580 pinnaclefamilyservices.com	Provides home based and community based support to exceptional adults, children and families, with services aimed at; preventing family disruption and re-entry into placement and hospitalization and; seeking permanence for those who are unable to re-enter their home and/or community of origin.	eastern NC

Olson Huff Center - <i>Mission Children's Hospital</i>	 828-213-1780 Darren Boice, LCSW Jarod Coffey, LCSW Paul Goll, LCSW Melissa Lillie, LCSW www.missionchildrens.org/medical-specialties/developmental-behavioral	Provides counseling in the areas of ADHD, anger management, anxiety, behavior, depression, grief/loss, learning disabilities, obsessive/compulsive disorder, panic attacks, play therapy, relationships/codependency, stress management and substance abuse.	Serves Western NC. Located in Buncombe County.
Pagett, Marilyn, LCSW	828-225-4980	Offers Individual, families and couples therapy.	Located in Buncombe County
Pisgah Institute <i>Center for the Advancement of Human Potential</i>	 828-254-9494 www.pisgahinstitute.com	Provides consultation, medication management, individual and group psychotherapies, neuropsychological testing, educational testing, stress management, quantitative EEG, referenced EEG and EEG biofeedback	Located in Buncombe County
Relationship Center	828-225-5555 www.trccounseling.com	Offers child services / play therapy, individual counseling, marriage counseling and substance abuse services. <i>Accepts Medicaid.</i>	Located in Buncombe County
Rodriguez, Rudy, LCSW <i>AHDH Center for Success</i>	 828-301-1904 www.adhdcenterforsuccess.com	Offers ADHD evaluations, diagnostic services, medication monitoring, coaching & behavioral therapies, seminars and workshops for teens and adults and an adult ADHD support group.	Located in Buncombe County
Rutherford Psychiatric & Counseling Services	828-248-1373	Offers comprehensive psychiatric, medication management and psychotherapy services.	Rutherford
Skipping Stones Counseling	828-398-0147 skippingstonescounseling.com	Specializing in pregnancy and postpartum mood disorders, trauma, family systems, parenting experience, working with children ages 4 to 18 and adults.	Buncombe Co.
Speer, Syd, MA LPC <i>Asheville Central Counseling</i>	828-230-8687 www.sydspeer.com	Providing individual, couples and family counseling.	Located in Buncombe County
Sylvan Valley Counseling Services	828-862-4004	Offers services for Children, adults and families.	Located in Transylvania County
Voytek, Diane E., PhD	828-253-8080	Clinical and educational assessments	Located in Buncombe County
Withrow, Rebecca L., PhD	828-253-7592	Licensed professional counselor. Offers individual and family counseling and clinical supervision. <i>Accepts Medicaid.</i>	Located in Buncombe County
Wykle, John G., LCSW	828-251-9415	Specializes in working with adolescents, providing both psychotherapy and counseling services.	Located in Buncombe County
Zeisz, Jennifer, PhD	828-777-4422 www.jenniferzeiszphd.com	Offers services for Children, adults and families. <i>Accepts Medicaid.</i>	Located in Buncombe County

Dental			
A-B Tech Allied Dental Clinic	828-398-7255 www1.abtech.edu/content/allied-dental-programs/a-b-tech-allied-dental-clinic	Available for general dentistry. Dental clinic patients are selected through a screening process by staff according to the semester requirements for the dental assistant teaching clinic. Dental Hygiene (teeth cleaning) including routine and periodontal (deep cleaning) appointments are available each semester.	Located in Buncombe County
Asheville Pediatric Dentistry	 828-277-6788 www.ashevillepedo.com	Specializing in dentistry for infants, children and adolescents, including those with special needs.	Located in Buncombe County
Baechtold, Angela P., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Board Certified Specialist in Pediatric and Adolescent Dentistry. Extensive training in growth and development of children, adolescents and special needs patients. <i>Accepts Medicaid.</i>	Located in Buncombe County
Blue Ridge Community Health Dental Center	828-692-4289 www.brchs.com/healthcare-services/dentistry	Provides quality family dental services for all ages, whether or not you have insurance.	Located in Henderson County
Blue Ridge Pediatric Dentistry	 828-575-2345 www.brpedo.com	Specializes in dentistry for infants and children 12 years old and younger. Offers sedation dentistry, including by nitrous oxide, moderate conscious sedation and general anesthesia performed in a hospital setting. <i>Accepts Medicaid for children ages 8 and under.</i>	Located in Buncombe County
Carolina West Dental	828-452-5656 www.carolinawestdental.com	Specializes in handling Medicaid cases for patients aged 1-45 years. Also accepts private insurance and cash payments.	Serves Western NC. Located in Haywood County.
Chambers, William L., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Board certified in pediatric dentistry. Also has in depth training and experience in dental growth and development and interceptive orthodontics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Collins Dental Center <i>Rutherford Polk McDowell District Health Department</i>	 828-894-3120 www.rpmhd.org	Treats patients from first tooth up to 21 years of age. Accepts uninsured patients from Polk and Rutherford Counties.	Polk Rutherford
Complete Dental Care	828-225-3280	Provides general dentistry services for the entire family. Offers sedation dentistry utilizing nitrous oxide/mild sedation. <i>Accepts Medicaid.</i>	Located in Buncombe County
Dennis R. Campbell Pediatric Dentistry	 828-254-7291 www.babytoothdoc.com	Board certified in pediatric dentistry. Provides services for children with special needs. Does not provide sedation services in the office but, when necessary, treatment can be completed under general anesthesia at Mission Hospital. <i>Accepts Medicaid.</i>	Located in Buncombe County
Denton, Gregory L., DDS <i>ABC Dental Care</i>	828-692-9075 www.abcdentalcenter.com	Provides general dentistry services for infants, children and teens including special needs. Does not offer sedation in the office but treats children with special needs at Pardee Hospital. <i>Accepts Medicaid.</i>	Located in Henderson County
Dest Family Dentistry	 828-375-0050 www.rcountydental.com	Provides general dental services for the entire family. Practice includes a pediatric specialist.	Located in Rutherford County

Great Beginnings Pediatric and Adolescent Dentistry	 828-274-9220 www.greatbeginningspedo.com	Offers a full range of dental and orthodontic services including a baby oral health program, general dentistry, early orthodontic care, sedation dentistry and emergency care. Offers services for children with special needs.	Located in Buncombe County
Haldeman, Ryan J., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Provides comprehensive orthodontic treatment for pediatric, adolescent and adult patients.	Located in Buncombe County
Jackson, Jenny, DDS <i>Asheville Pediatric Dentistry</i>	 828-277-6788 www.ashevillepedo.com	Specialized dentistry for infants, children, and adolescents, including those with special needs.	Located in Buncombe County
Jowers, Katherine, DDS <i>Mission Children's Dental</i>	828-213-1700 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery.	Located in Buncombe County
Knechtel, Daniel, DDS <i>Blue Ridge Pediatric Dentistry</i>	 828-575-2345 www.brpedo.com	Specializes in dentistry for infants and children. Offers sedation dentistry, including by nitrous oxide, conscious sedation and general anesthesia.	Located in Buncombe County
Leonard, Daniel, DDS <i>Mission Children's Dental</i>	828-213-1715 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery.	Located in Buncombe County
MAHEC Dental Health Center	828-252-4290 www.mahec.net/patient/dental.aspx?a=2	Provides general dentistry services .	Located in Buncombe County
Minnie Jones Health Center Dental Care Services	828-285-0622 www.wncchs.org/services.html	In addition to preventive services (i.e., education, counseling and tartar removal), offers the following services: comprehensive diagnostic evaluation and treatment planning, restorative procedures (e.g., fillings), surgical procedures (e.g., extractions), and rehabilitative services (e.g., periodontal treatment, root canals, and dentures).	Located in Buncombe County
Mission Children's Dental	828-213-1700 www.missionhospitals.org/dental	Provides services to qualified children, special needs patients and medically compromised patients. <i>Accepts Medicaid.</i>	Located in Buncombe County
Paynich, Joshua, DDS	828-274-4744 www.drjoshdentistry.com	Pediatric dental practice, seeing patients from ages 1-18. Occupies a state-of-the-art facility while adhering to green (eco-friendly) standards. Offers nitrous oxide, conscious and general anesthesia sedation, as needed.	Located in Buncombe County
Peele, Scott, DDS	828-274-4744 www.ashevilledentalwellness.com	Pediatric dental practice, seeing patients from ages 1-18. Occupies a state-of-the-art facility while adhering to green (eco-friendly) standards. Offers nitrous oxide, conscious and general anesthesia sedation, as needed.	Located in Buncombe County
Poling, Scott, DDS	828-682-7419	Provides services to children, adolescents and adults.	Located in Yancey County
Pratt, Douglas B., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Specialist in Pediatric Dentistry. <i>Accepts Medicaid.</i>	Located in Buncombe County

Quarles, Charles, DDS, PA	828-286-2962 www.drquarlesdentistry.com	Welcomes new patients, adults and children age 3 and up. Dr. Quarles and staff have extensive Pedodontic training and experience with children. Nitrous Oxide Sedation is available for both children and adults for a more comfortable treatment experience.	Located in Rutherford County
Reid & Reid Pediatric Dentistry	828-696-2245 www.reidandreid.net	Specializes in Pediatric Dentistry and Orthodontics.	Located in Henderson County
Remick, Mark, DDS <i>Mission Children's Dental</i>	828-213-1740 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery. <i>Accepts Medicaid.</i>	Located in Buncombe County
Sabatini, Stephanie, DDS <i>Mission Children's Dental</i>	828-213-1702 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery.	Located in Buncombe County
Sanzone, Lauren, DDS <i>Asheville Pediatric Dentistry</i>	 828-277-6788 www.ashevillepedo.com	Specialized dentistry for infants, children, and adolescents, including those with special needs.	Located in Buncombe County
Smile Starters	828-350-1076 www.smilestartersdental.com	Specializes in Pediatric Dentistry.	Located in Buncombe County
WNC Dental	 828-684-1288 www.wncdental.com	Offers examinations, x-rays, cleanings, periodontal treatment, restorations of decayed and damaged teeth, endodontics, crowns and bridges, veneers of front teeth, implants and dentures and partials.	Located in Buncombe County
Early Intervention			
Care Coordination for Children (CC4C)	www.ncdhhs.gov/dma/medicaid/csc.htm	Follows infants and children from 3 to 5 years who have serious illnesses, have special needs or are at risk for developmental problems.	Statewide
Carolina Pediatric Therapy	 828-670-8056 www.carolinaped.com	Specialized Instruction for children from birth - 3 years of age. Early Intervention (also called Community Based Rehabilitation Services/CBRS) addresses concerns in the areas of cognitive development, learning as a part of a group, behavioral difficulties, & social skills. Early Childhood Interventionists bring together the disciplines of ST, OT, and PT and provide needed education & support for families.	Located in Buncombe County
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.bearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania




Community Care of Western North Carolina	828-259-3879 www.ccwnc.org	Community Care of Western North Carolina (CCWNC) is a regional network of primary care providers, hospitals, health departments, departments of social services, and other agencies and organizations. These professionals work together to provide cooperative, coordinated care through the Medical Home model. This approach matches each patient with a primary care provider who leads a health care team that addresses the patient's unique health needs. CCWNC care managers provide services to high-risk patients to improve self-management of chronic health conditions.	Western North Carolina
Governor Morehead Preschool	828-779-9820 (locally) 919-733-0533 (Raleigh)	Provides community-based early intervention and preschool services to children ages birth through 5 years with diagnosed visual impairments. Services are provided in collaboration with a variety of other agencies and interventionists to ensure that each child's individual needs across all areas of development are being addressed.	Buncombe Henderson Madison Transylvania
Madison County Partnership for Children & Families (Smart Start)	828-689-1526	Enhances family and community resources to nurture the development of every child.	Madison
North Carolina Early Intervention Program for Children Who are Deaf or Hard of Hearing	828-432-5352 www.ncdhhs.gov	Provides services to children who are deaf, hard of hearing, or deaf/blind, ages birth to 3 and their families. Concentrating on language & communication skill development. Itinerant professionals provide family-centered intervention in home or daycare settings. At age 3, the program works to establish a smooth transition to the local education agency.	Buncombe Henderson Madison Transylvania
Partnership for Children of the Foothills (Smart Start)	828-245-2802 www.rutherfordpolk.org	Works closely with licensed child care centers and family child care homes and provides unique services to families of preschool children to give at-risk children in Rutherford, Polk and McDowell Counties what they need to be prepared for success in school.	Polk Rutherford
PREP Program (Preschoolers Reaching Educational Potential) <i>Children & Family Resource Center</i>	828-698-0674Ext 162	Specifically designed for children ages 3-5, the Preschoolers Reaching Educational Potential (PREP) Program provides free screenings and instructional sessions to help every child start school with appropriate developmental skills.	Henderson
Project NAF	828-350-9821 www.mtzionasheville.org/project_naf	Provides culturally sensitive and individualized services to African-American women while they are pregnant and during their baby's 1st year.	Located in Buncombe County
Smart Start of Buncombe County	828-285-9333 Buncombe 828-693-1580 Henderson 828-689-1526 Madison 828-682-0047 Mitchell / Yancey 828-287-2775 Polk / Rutherford 828-877-3025 Transylvania	Works to ensure that every child arrives at kindergarten healthy and ready to succeed. To help local agencies achieve this goal Smart Start of Buncombe County contributes money to improve child care quality, child care teacher education and training, and early intervention services.	Buncombe



Education Agencies, Nonprofit Organizations and Resources







See also "Schools", "Tutoring" and "Home Schooling".




Academic Coaching and Tutoring	Contact Patricia Connolly 255-1069	828-	Individualized strategies for all learning styles and needs. Training in self-efficacy/gaining skills for academic success, home school and university studies.	Located in Buncombe County
APEX Brain Centers	www.apexbraincenters.com	828-708-5274	Serving those looking to improve vital aspects of brain function. APEX delivers high frequency, short duration brain training programs guided by diagnostic testing for both those with disability and those looking to elevate their level of human performance. From those with severe brain injury and learning and behavioral disorders, to peak performers of all types, anyone can benefit from the honing of critical brain skills that will allow them to reach their next level of human performance.	Located in Buncombe County
Autism Educates	 www.autismeducates.com	305-793-8280	Provides parent support and training in homes, locally and nationally, by giving parents the tools they need to be successful. Helps parents organize and structure their home environment to make it conducive to their child with Autism.	Located in Buncombe County
Autism Spectrum Disorders Program - <i>NC Department of Instruction</i>	ec.ncpublicschools.gov/disability-resources/autism-spectrum-disorders	919-807-3300	Serves as a resource to local education agencies, including charter schools. The Consultant is available for phone & on-site consultation regarding provision of appropriate services for students with autism. Provides training in a wide range of techniques and methods that have been proven effective in the education of students with this learning style.	Statewide
Berard Auditory Integration Training Systems, Inc.	www.aithelps.com	828-683-6900	Offers therapy, hypnosis and auditory integration training for children who have autism, ADD, ADHD, LD, dyslexia and other sensory issues and diagnoses.	Located in Buncombe County
Buncombe County Children's Collaborative - Children First	sites.google.com/site/childrenscollaborativebuncombe/	828-259-9717	Promotes public awareness, advocacy, and the collaboration of agencies, families, and the community. We strengthen services by addressing gaps and barriers for at-risk children and their family.	Located in Buncombe County
City of Asheville Youth Leadership Academy	www.ashevillenc.gov/Departments/HumanResources/YouthLeadershipAcademy.aspx	828-271-6116	College preparatory program designed to equip students with skills, knowledge, and character to succeed in high schools, colleges and other endeavors.	Located in Buncombe County
Community Action Opportunities	www.communityactionopportunities.org	828-252-2495	Offers Head Start Program as well as other resources for families and individuals.	Buncombe Madison
Early Head Start	eclkc.ohs.acf.hhs.org	828-298-0808	Promotes healthy prenatal outcomes for pregnant women, enhances the development of very young children, and promotes healthy family functioning. Serves pregnant women and children age 6 weeks to 3 years.	Located in Buncombe County
Exceptional Children Division - <i>Department of Instruction</i>	ec.ncpublicschools.gov/	919-807-3969	Assures that students with disabilities develop mentally, physically, emotionally, and vocationally through the provision of an appropriate individualized education in the least restrictive environment.	Statewide




Exceptional Children's Assistance Center	 828-255-1972 866-545-5299 www.ecac-parentcenter.org	Provides services and support across NC to parents, families, students, educators and other professionals with a special emphasis on children with disabilities.	Statewide
F.I.R.S.T.	 828-277-1315 877-633-3178 www.firstwnc.org/	F.I.R.S.T. is a community benefit organization dedicated to providing information, education, support and advocacy to persons with disabilities, their family and the community.	Located in Buncombe County
Governor Morehead Preschool for Visually Impaired Children	828-243-3273 / 828-301-8572 / 828-551-2067 for Buncombe, Henderson, Madison, Mitchell, Transylvania or Yancey 828-432-5278 for Polk and Rutherford 919-733-0533 in Raleigh www.earlylearning.nc.gov/PreKindergarten/GovMoreheadPK/GovMoreheadPreschool.asp	Offers educational services, support services, developmental assessments and other services for children ages birth to age 5 with visual impairments.	Statewide
Grotto School <i>St. Gerard House</i>	 828-693-4223 stgerardhouse.com/?page_id=650	An education center currently serving students who have been diagnosed with autism. Students range in age from two and a half to six years, and are taught by therapists in a one-on-one and small group environment.	Located in Henderson County
HEALS (Health Education and Legal Support)	828-253-0406 Buncombe 828-692-7622 Henderson www.pisgahlegal.org/programs/heals	A medical-legal partnership between Pisgah Legal Services, Mission Hospitals and the Mountain Area Health Education Center (MAHEC). The purpose of the project is to improve health and well being for low-income women and children by integrating legal advocacy with health care. Through HEALS, PLS provides legal assistance to low-income patients to address non-medical barriers to health.	Statewide
Henderson County Home Schooling Association	www.homeschool-life.com/nc/hcha/?public=1	Cooperative support organization for homeschooling families which provides a wide range of benefits and opportunities for its members.	Henderson
Hope Academy Activity Day Program for Special Needs	828-329-9978 www.hopeacademyhendersonville.org	Provides a fun, Biblically-based, structured, and safe environment for special needs individuals over the age of 18. Has daily activities that each student will enjoy. Some activities include Bible time, music, structured PE, crafts, and computer lab.	Located in Henderson County
Institute for Applied Neuroscience	828-251-2882 www.ian-asheville.com/ian/	Offers educational services such as lectures/presentations/skills building groups/workshops to utilize brainwave EEG techniques and practices.	Located in Buncombe County
Irene Wortham Center	 828-274-7518 www.ireneworthamcenter.org	Children aged six weeks to 5 years who are developing in a typical way learn and play beside children with developmental challenges in a multicultural setting. All children are offered a rich variety of activities within a curriculum that addresses school readiness, character development, and socialization.	Located in Buncombe County
Learning Disabilities Association of North Carolina	ldanc.org	LDA provides support to people with learning disabilities, their parents, teachers & other professionals. LDA provides cutting edge information on learning disabilities, practical solutions, & a comprehensive network of resources.	Statewide



North Carolina Association for the Education of Young Children	 919-510-5034 800-982-4406 www.ncaeyc.org	Concerned with the development & education of children ages birth through 8. Represent and unify professionals who work directly with, or on behalf of, children 0-8.	Statewide
North Carolina Department of Non-Public Education	www.ncdnpe.org	Monitors non-public school compliance to the laws governing those schools in a professional, objective and uniform manner. Includes home schools.	Statewide
Parents as Teachers - <i>Henderson County Children & Family Resource Center</i>	828-698-0674 Ext 141 www.childrenandfamily.org/?page_id=787	Nationally acclaimed, research-based parent education and family support program. This program works with parents until their child reaches age 3, to provide them with parenting support and information on their developing child.	Buncombe Henderson
Public Schools' Exceptional Children Program	828-255-5971 Buncombe 828-697-4566 Henderson 828-649-9276 x244 Madison 828-766-2233 Mitchell 828-894-3051 Polk 828-245-0252 Rutherford 828-884-6173 Transylvania 828-682-6101, ext. 315 Yancey	Ensures that all children with disabilities, ages 3 through 21, have available a free appropriate public education that emphasizes special education & related services designed to meet their unique needs & prepares them for further education, employment, and independent living.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Sylvan Learning Center	 828-298-4521 sylvanlearning.com	Offers tutoring in all basic subjects and at all grade levels.	Located in Buncombe County
We Connect Now	 weconnectnow.wordpress.com	Dedicated to uniting people interested in rights & issues affecting people with disabilities, with particular emphasis on college students & access to higher education & employment issues.	National
Endocrinology / Diabetes			
Artz, Evelyn, Dr. <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatrics and Pediatric Endocrinology.	Located in Buncombe County
Wagner, Lori, Dr. <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatrics and Pediatric Endocrinology.	Located in Buncombe County
Evaluations / Assessments			
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford www.bearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey





Focus Centers of Asheville	828-281-2299 focuscentersofasheville.com	Provide Psychological & Neuropsychological Evaluations, Educational Consultations and Community Education for Children/Adults with Emotional, Behavioral, Stress and Learning Disorders.	Located in Buncombe County
Fullerton Genetics Center <i>Mission Health</i>	828-213-0022 www.mission-health.org	Offers evaluations and testing for suspected genetic conditions. Provides follow up after diagnosis.	Located in Buncombe County
Grandis Evaluation Center	828-299-7451 www.gectesting.com	Provides comprehensive Behavioral Health Assessments, Developmental Assessments and treatment/service recommendations for people of all ages.	Located in Buncombe County
Health Department	828-250-5000 Buncombe County 828-692-4223 Henderson County 828-649-3531 Madison County 828-688-2371 Mitchell County 828-894-8271 Polk County 828-287-6100 Rutherford County 828-884-3135 Transylvania County 828-682-6118 Yancey County	Offer primary health care services as well as basic assessments. Contact Health Department to determine which evaluations are offered in that county. <i>Accepts Medicaid.</i>	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
North Carolina Early Intervention Program for Children Who are Deaf or Hard of Hearing	828-432-5352 www.ncdhhs.gov	Provides services to children who are deaf, hard of hearing, or deaf/blind, ages birth to 3 and their families. Concentrating on language and communication skill development, itinerant professionals provide family-centered intervention in home and daycare settings.	Statewide
Olson Huff Center - <i>Mission Children's Hospital</i>	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral	Offers evaluations, developmental pediatrics, sensory integration treatment,	Located in Buncombe County
Perry, Martha, PhD <i>Spectrum Behavioral Solutions</i>	828-357-4690 SpectrumDr@yahoo.com	Evaluation and treatment of children 2-18 and their families	Located in Buncombe County
Sunshine Project - <i>offered by FIRST</i>	 828-277-1315 www.firstparentcenter.org/projects/sunshine-project	Provides services to children with developmental delays and challenging social/emotional behaviors, including training for childcare providers on child-specific needs and classroom strategies, specific diagnoses and disability issues, and consultation on individual child needs for successful classroom inclusion in Buncombe County.	Located in Buncombe County
Sylva Clinical	828-586-5555 www.sylvaclinical.com	Specializes in psychological evaluation, counseling and psychotherapy.	Located in Buncombe County
TEACCH (Treatment and Education of Autistic and Communication Related Handicapped Children)	 828-251-6319 teacch.com/programs-and-services/asheville-teacch-center	Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research.	Statewide



Family Resource Centers				
Asheville Military Family Resource Center		828-274-8571	Supports military members and their families by providing advocacy /information/referral services. Serves all branches of the U.S. Military. Available are family life counselors and financial counselors. Back to School Brigade provides school supplies to children with parents on active duty in August. Call in advance to apply for school supplies.	Located in Buncombe County
Children and Family Resource Center		828-698-0674 www.childrenandfamily.org	Parents can find the early childhood help and many community resources. Gives parents the resources they need to be the best parents they can be.	Located in Henderson County
Family Place of Transylvania County		828-883-4857	Promotes and nurtures the growth & development of healthy families by offering education, resources and community support to build positive parenting and communication skills and strengthen families.	Located in Transylvania County
Family Resource Center at Emma		828-216-8241 childrenfirstcisbc.org/index.php/programs/family-resource-center-at-emma/	Provides emergency assistance through a food pantry; a clothing closet; emergency financial assistance for rent, utilities and medical expenses; and holiday assistance. <i>Accepts Medicaid.</i>	Located in Buncombe County
Family Support Network™ - High Country		828-262-6089 866-812-3122 parent2parent.appstate.edu	Provides specific services to families and the community in caring for children with special needs including support groups, workshops, resources, emotional support, service learning, internship opportunities and more. For a listing of public services in their area go to http://www.ihs.appstate.edu/directory	Mitchell Yancey
Family Support Network™ of WNC		828-213-0047 828-213-9740 www.fsnn.org.org	A parent-to-parent program serving parents and caregivers raising children with special healthcare needs and developmental concerns. Offers workshops and trainings, support group meetings and individual meetings to assist families in need.	Buncombe Henderson Madison Transylvania
Verner Center for Early Learning		828-298-0808 www.vernerearlylearning.org	Offers child care and Early Head Start services, health and nutrition services and teacher education.	Located in Buncombe County
Western North Carolina Community Health Services		828-285-0622 www.wncchs.org	Offers medical, dental and behavioral health services, including assessments, treatment and case management.	Located in Buncombe County
Financial Assistance				
Arc of Buncombe County		828-253-1255 www.arcofbuncombcounty.org	Exists to empower persons with mental retardation & other developmental disabilities and their families to realize their highest potential through advocacy, education, and development of programs. Offers stipends to be used towards respite and other care needs.	Buncombe





Asheville Buncombe Community Christian Ministry (ABCCM) Crisis Ministry	828-259-5301 Hominy Valley 828-259-5300 Main Office 828-259-5302 South 828-259-5303 Weaverville www.abccm.org	Provides low income families with food boxes, gently used clothing, utility and rental assistance families in crisis, and a hot meal in our soup kitchen for our homeless.	Has several locations throughout Buncombe County
Buncombe County Foster Care Association	 828-216-3852	Composed of foster parents, adoptive parents, social workers and concerned citizens. Works together with the Department of Social Services in Buncombe, Madison and Haywood Counties to meet the needs of the children in care. Call for more info.	Buncombe Madison Haywood
Chase Corner Ministries	828-247-0096 www.chasecornerministries.com	Offers emergency assistance with food, clothing, utility payment and prescriptions when funding is available. Also offers a thrift shop that sells clothing at extremely low prices.	Rutherford
Department of Social Services (DSS)	Buncombe - 828-250-5500 Henderson-828-697-5500 Madison/Marshall-828-649-2711 Mitchell County - 828-688-2175 Polk County - 828-894-2100 Rutherford - 828-287-6165 Transylvania/Brevard-828-884-3174 Yancey - 828-682-5397	Oversees the distribution of Emergency Assistance funds as they become available to the community. These funds are for families in short-term financial crisis due to unusual circumstances and are capped at a certain amount each year.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Division of Workforce Solutions (Employment Security)	828-251-6200 Buncombe / Madison 828-694-1755 Henderson 828-286-3642 Rutherford 883-2550 Transylvania 828-682-6618 Yancey	Search and apply for jobs, file and manage unemployment claims, find listings of local companies.	Buncombe Henderson Madison Rutherford Transylvania Yancey
Eblen Assistance Programs for Emergency Assistance	 828-255-3066 www.eblencharities.org	Encompasses a number of outreach programs that provides emergency assistance which includes a vast array of emergency assistance depending on the need of each individual or families who calls. Includes assistance for utilities and housing, medical and health and others.	Located in Buncombe County
Family Support Network™ - High Country	828-262-6089 866-812-3122 parent2parent.appstate.edu	Provides specific services to families and the community in caring for children with special needs including support groups, workshops, resources, emotional support, service learning and internship opportunities and more.	Mitchell Yancey
Family Support Network™ of WNC	828-213-0033 www.fsnncc.org	Can direct caregivers to funds that may be available to assist parents who want to participate in conferences, trainings, or other events related to the child's diagnosis.	Buncombe Henderson Madison Transylvania
First Hand Foundation	 816-201-1569 www.firsthandfoundation.org	Not-for-profit organization that provides funding so individual children may have access to health care that would otherwise be impossible. Helps with clinical necessities, medical equipment and travel related to a child's care. Funding is distributed directly to the child's immediate healthcare provider.	National

Hickory Nut Gorge Outreach	828-625-4683 www.hickorynutgorgeoutreach.org	Concentrates on helping people who are in a crisis situation. Offers a comprehensive range of programs and services to help families who are experiencing a difficult time in their lives. Assistance includes a food pantry for emergency supplies and, when available, assistance for rent, utilities and more. Located in Lake Lure.	Located in Henderson County
Interfaith Assistance Ministry	828-697-7029 www.iamhendersoncounty.org	Provides food, clothing, help with utilities, heat, rent, medications and other necessities on an emergency basis. Food is provided as a five-day supply of three nutritious meals a day for each family member. Clothing is supplied as needed, subject to availability. Other assistance is through vouchers or direct payment to vendors.	Located in Henderson County
Make-A-Wish Foundation® of Central & Western North Carolina, Asheville Office	 704-339-0334 677-9474 www.ncwish.org	877- A network of nearly 25,000 volunteers enable the Foundation to serve children with life-threatening medical conditions. Volunteers serve as wish granters, fundraisers, special events assistants and in numerous other capacities.	National
Mitchell County Shepherd's Staff	828-765-5385 www.mcshepherdstaff.org	Purpose is to provide temporary food and heating assistance to residents of Mitchell County who are in need.	Mitchell
Mountain Housing Opportunities	 828-254-4030 www.mtnhousing.org	Eliminates immediate threats to life, health and safety in the homes of low income homeowners with special needs -- elderly, disabled, single parent and families with 3 or more dependent children. Programs include Rural Home Rehabilitation Program and Emergency Home Repair Program.	Located in Buncombe County
O'Neill-Tabani Enrichment Fund	otef@ndss.org call 1-800-221-4602.	or The mission of the O'Neill Tabani Enrichment Fund is to offer financial assistance to young adults with Down syndrome – 18 and older – who are continuing to enrich their lives by taking classes or enrolling in postsecondary educational programs. http://www.ndss.org/Resources/Education/College--Postsecondary-Options1/ONEill-Tabani-Enrichment-Fund/	National
OnTrack Financial Education & Counseling	 828-255-5166 www.ontrackwnc.org	Can help people achieve their money and housing goals through financial education, counseling, and support so that they can overcome crises, afford basic needs, improve money-management skills, and make financial choices rooted in their values. Also administers locally the NC Foreclosure Prevention Fund, a program geared towards helping families keep their homes after a job loss.	Western NC
Participant Involvement Fund (PIF) NC Council on Developmental Disabilities	www.nccdd.org/initiatives/conferencefunding	Helps people with developmental disabilities, their family members, or guardians by reimbursing some of the costs of going to events such as conferences, trainings, public forums, focus groups, committees, task forces, hearings & non-recreational activities, which provide consumers resources & information they need to learn best practices, to make informed choices, to learn advocacy and/or to enhance their quality of life.	Statewide
Roberts - Miller Children's Fund	704-864-0927 www.cfgaston.org/grantseekers/roberts_miller.aspx	A special endowment fund with a stated purpose of providing "aid and comfort" for children under 18 years of age with serious medical or related needs where neither family, insurance nor public financial resources are sufficient to fill the need. Applicants must be residents of North Carolina.	Statewide

Ronald McDonald House Winston-Salem	(336) 723-0228 www.rmhws.org	Offers a place to stay with a physician/social worker referral . Based on a child's need for medical care in the niighboring community.	Statewide
Rutherford County Crisis Intervention Program	828-287-6170 rutherfordcountync.gov/Departments/socialserv ices/crisisintervention	Serves individuals and families who are experiencing a heating or cooling related crisis. Each household should be evaluated on a case by case basis to determine if there is a heating or cooling crisis.	Rutherford
Salvation Army	828-253-4723 Buncombe County 828-693-4181 Henderson County 828-862-6518 Transylvania County 828-622-3355 Madison / Mitchell / Yancey Counties	Provides material family assistance (food, clothing, rent, utilities, furniture, shelter, and meals) to needy residents, transients, and homeless.	Buncombe Henderson Transylvania Madison
Sharing House <i>Transylvania Christian Ministry</i>	 828-884-2866 www.sharinghouse.org	Offers crisis assistance services to residents of Transylvania County that include assistance paying rent and utilities, clothing closet, food pantry and other services such as providing blankets, bedding, pots & pans and vouchers for used furniture.	Transylvania
Small Steps in Speech Grant Program	 888-577-3256 www.smallstepsinspeech.org	Grants are awarded to individuals from birth up to the age of 22 years. The services/treatments requested cannot be received before the grant is awarded. The application must request a specific need in regards to a communication delay/disorder.	National
Southern Reconciliation Ministries / Reconciliation House	828-682-7251 www.rec-house.org	Helps families in a Crisis Situation suffering from extreme need. Assistance is provided on a case-by-case basis. Qualifying for help consists of an interview process where income and expenses are evaluated to determine eligibility. May offer assistance financially, such as with utility bills and medication expenses, or with physical subsidies such as food, clothing, etc.	Yancey
Stainless Ministry	828-286-9933 stainlessministries.com	Operates an emergency food pantry and a thrift store thrift store open to the public.	Polk Rutherford
Storehouse	828-692-8300 www.storehouseonline.org	Food, hygiene and clothing closet for individuals and families in need.	Henderson
St. Vincent de Paul Society	828-777-0881	Provides once a year financial assistance on a case by case basis to those in need in North, West, and Central Buncombe (north of I-40). Assistance not available for residents of public housing (Section 8 is okay) unless there is a documented medical emergency causing loss of income. Assistance includes: Rental assistance; All utilities including phone bills; Home delivered food assistance. Leave a message with name, # and reason for request from 8:00 a.m. - 10:30 a.m. on Mondays.	Located in Buncombe County


The Determined Parent Foundation	information@thedeterminedparentsfoundation.org thedeterminedparentsfoundation.org	The Determined Parents Foundation grants money to special needs children and their families. We provide supplemental financial support for things like co-pays, deductibles and items insurance only partially covers or does not cover at all. Will need tax verification, doctors form filled out, letter form insurance stating what co-pays/deductibles are or what is not covered.	Nationwide
Thermal Belt Outreach Ministry	828-894-2988 www.tboutreach.org	Financial assistance is provided for housing/rental assistance, utilities, prescription and medical assistance, medical equipment, such as walkers, wheel chairs, etc.,. In addition, Outreach provides school supply closets, food and commodities, Christmas and holiday support and other services to help those in need.	Polk
Tri-County Pregnancy Center	800-712-4357 682-7250 www.burnsvillepregnancyhelp.com	Can provide maternity and infant clothing, diapers, wipes, linens, baby furniture, as well as other emergency supplies, when available.	Located in Mitchell County
United Healthcare Children's Foundation	 www.uhccf.org/apply/	Offers grants that provide financial relief for families who have children with medical needs not covered or not fully covered by their commercial health benefit plan. The Foundation aims to fill the gap between what medical services/items your child needs and what your commercial health benefit plan will pay for.	National
United Special Sportsman Alliance	800-518-8019 www.childswish.com	Non-profit "dream wish" granting charity that specializes in sending critically-ill and disabled youth and disabled veterans on the outdoor adventure of their dreams.	National
United Way 2-1-1	 Dial 211 www.nc211.org	Call 2-1-1 any time 24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.	Buncombe Henderson Madison Transylvania
Variety: the children's charity	 323-954-0820 www.usvariety.org	Offers financial assistance in several programs including a program geared towards providing assistance to children with mobility concerns.	National
WAMY Community Action	828-766-9150 Mitchell www.wamycommunityaction.org	Offers a variety of programs intended to help individuals and families to become more self-sufficient.	Mitchell
Wheels 4 Hope	828-633-6888 jamie@Wheels4Hope.org wheels4hope.org	a faith-based non-profit that refurbishes donated cars and matches them with economically vulnerable people who need them.	Buncombe
Yokefellow Service Center	 828-287-0776	Services include assistance with rent, house payment, utilities, food, clothing, heating assistance and medicine. Yokefellow helps with the immediate need, but also provides counsel on ways to help people become self-sufficient. The staff refers clients to agencies that can provide education, job training, budget planning, etc.	Rutherford





Gastroenterology			
Rami Arrouk, MD <i>Mission Children's Clinic</i>	828-213-1740	Physician referral required	Located in Buncombe County
Genetics			
Allen, William, MD <i>Fullerton Genetics Center</i>	828-213-0022	Board certified in Pediatrics and Medical Genetics.	Located in Buncombe County
Haldeman-Englert, Chad, MD <i>Fullerton Genetics Center</i>	828-213-0022	Board certified in Pediatrics, Genetics and Internal Medicine.	Located in Buncombe County
Chromosome Disorder Outreach	 561-395-4252 www.chromodisorder.org	Offers an extensive library of available up-to-date articles, detailed registry, newsletters, research opportunities, interaction with a medical advisory board, and a listserv that's online 24 hours a day.	National
Fullerton Genetics Center	828-213-0022 http://www.mission-health.org/genetics-and-personalized-medicine.php	Evaluates and counsels pediatric, prenatal, and adult patients through referrals in both outpatient and inpatient settings. Offers genetics education program for health care professionals/patients/general public.	Western NC
Genetic Counseling Services <i>Children & Youth Branch of NCDPH</i>	919-707-5600 www.ncdhhs.gov/dph/wch/families/geneticcounseling.htm	Identifies individuals/families who may have or be at risk to have a genetic condition. Services are focused on early intervention, education, diagnosis, and treatment if possible. Genetic Counselors routinely provide consultation to health care providers on many genetic issues. Services are available at 5 medical centers and one community hospital in NC for any infant, child, or adult suspected of having a genetic condition. This also includes services for pregnant women that are at an increased risk to have a baby with birth defects. Individuals with limited access to medical centers can receive genetic services through regional satellite genetic clinics located statewide.	Statewide
Genetics Home Reference	ghr.nlm.nih.gov	Provides consumer-friendly information about the effects of genetic variations on human health.	National
Asheville Love Downs Syndrome Group	Lacey Theed ashevilledownsyndromelove@gmail	Provide support to families with children with Downs Syndrome	Buncombe
National Down Syndrome Congress	 800-232-6372 www.ndsccenter.org	The mission of the NDSC is to provide information, advocacy and support concerning all aspects of life for individuals with Down syndrome.	National





National Down Syndrome Society	 800-221-4602 www.ndss.org	The mission of the National Down Syndrome Society is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome. Our local DS group contact Alice Miller 828-777-2514 or at alicemillerdsa@charter.net	National
National Organization for Rare Disorders	 800-999-6673 www.rarediseases.org	A federation of voluntary health organizations dedicated to helping people with rare "orphan" diseases & assisting the organizations that serve them. Committed to the identification, treatment, and cure of rare disorders through programs of education, advocacy, research, and service.	National
Grandparent Resources			
American Grandparents Association	www.grandparents.com	articles on grandparenting a child with special needs	National
Family Place of Transylvania County	 828-883-4857	Promotes and nurtures the growth and development of healthy families in Transylvania County, North Carolina by offering education, resources and community support to build positive parenting and communication skills and strengthen families for the benefit of every child. Has specific resources available for grandparents.	Located in Transylvania County
GKSN - Grandparents of Kids with Special Needs	http://tinyurl.com/GKSNgrandparents or type GKSN into the Facebook search bar. Click "join group" and they will approve your request soon.	This is a closed group. It is not intended for service providers or parents. If you have questions please write to Don Meyers at donmeyer@siblingsupport.org	Nationwide
GrandFamilies Resources AARP	www.aarp.org/relationships/friends-family/info-08-2011/grandfamilies-guide-resources.html	Links to articles, tools and resources to help grandparents and other relatives raising children.	National
GrandFacts State Fact Sheets AARP	www.aarp.org/relationships/friends-family/grandfacts-sheets/	Each state fact sheet includes state-specific data, information and helpful links.	National
Grandparents Caring for Grandkids Online Support Group	community.grandparents.com/index.php/forum/15-grandparents-caring-for-grandkids/	This is a support group for "caregiver" grandparents (or aunts, you're actually raising your grandchildren (or other relative kids), helping to raise them or babysitting frequently while parents are at work, etc.	National
Grandparents Raising Grandchildren	www.usa.gov/Topics/Grandparents.shtml	If you take care of grandchildren, find grandparent programs in your state and get information about benefits, assistance, and more.	National
Land-of-Sky Regional Council Family Caregiver Support	 828-251-6622 www.landofsky.org/fcsp.html	Program offers information, assistance and support to Kinship Caregivers age 55 and over caring for a child under the age of 18 (as well as caregivers caring for someone 60 or older, or with Alzheimer's disease or a related dementia.) Services include information about resources to help families in their caregiver roles; assistance to families in locating resources and services from a variety of local agencies; caregiver counseling and peer support to help families cope with the emotional and physical stress of dealing with caregiving.	Serves Buncombe, Henderson, Madison and Transylvania counties
North Carolina Family Caregiver Support Program	www.ncdhhs.gov/aging/fchome.htm	Provides grants to States and Territories to fund a range of supports that assist these caregivers.	Statewide


Grief & Loss


Bereavement Services <i>CarePartners Health Services</i>	828-251-0126 www.carepartners.org/services_hospice_bereavement.html	For the family and friends of a patient cared for by CarePartners Hospice and Palliative Care, grief support is provided as part of our program. Certain bereavement services are also available, by appointment, to others in Buncombe County who are suffering a loss through death.	Located in Buncombe County
Camp Erin: a grief support camp for kids & teens <i>Hospice of Rutherford County</i>	828-245-0095 hospiceofrutherford.org/grief-counseling/camperin	Weekend, overnight camp for children and teens ages 6 through 17 who have experienced the death of someone close to them. Facilitated by professional staff from Hospice of Rutherford County and trained volunteers, Camp Erin is offered free of charge to kids and teens throughout the Carolinas.	Statewide
Compassionate Friends of Brevard/Hendersonville	828-400-6480	A self-help organization offering friendship and understanding to bereaved parents. Meetings are held on the 2nd Monday of each month at the Lutheran Church of the Good Shepherd in Brevard.	Transylvania
Compassionate Friends of Mitchell County	828-284-2287	Meeting Info: 2nd Monday of each month 7:00 pm. Meeting Address: First Baptist Church (Parlor) , 125 E Tappan St, Spruce Pine, NC 28777	Mitchell
Four Seasons Community Bereavement Services	828-692-6178 www.fourseasonsfl.org/what-we-offer/community-bereavement-services	Before or after a death, you may request individual grief counseling in the office, a facility, or at home. You'll be invited to bereavement support groups and grief workshops. For about a year after a death, you'll receive mailings and phone calls. Materials available at the grief library.	Buncombe Henderson
Grief Counseling & Support <i>Hospice of Rutherford County</i>	828-245-0095 hospiceofrutherford.org/grief-counseling	Provides grief counseling at no cost for any adult, child or teen in the community who has lost a loved one. Hospice has professional counselors who conduct support groups and individual counseling at the Annette Cash Whitaker Center of Living and within the school system. In addition, Hospice provides educational seminars for groups regarding grief and loss throughout the year	Polk Rutherford
Grief Group <i>Family Support Network™ of the High Country</i>	828-682-4772 parent2parent.appstate.edu/support-groups	Held at Hospice of Yancey County in Burnsville.	Held in Yancey County
GriefShare <i>Pole Creek Baptist Church</i>	 828-665-1938 or 828-667-4899 www.polecreek.org/griefshare	A recovery support group for those who have lost a family member or close friend through death. There are 13 sessions. Each is self-contained so you can begin any time. Sessions include a video presentation and group sharing. A GriefShare workbook assists you with note-taking, journaling and grief study.	Located in Buncombe County
Heart Songs Program for Children <i>Four Seasons</i>	828-233-0334 www.fourseasonsfl.org/what-we-offer/heart-songs-program-for-children	Provides education about the child grief process and offers support for children in group and individual settings. Through the program, children learn about their grief and how to work through the grief process.	Buncombe Henderson
Home Health and Hospice of Madison Co.	828-649-2705 www.hotspringshealth-nc.org	Bereavement support groups, grief education and caregiver support groups are held at a variety of times and locations around the county. Call for details	Madison Co.

Kids Path Bereavement Program <i>CarePartners Health Services</i>	828-274-9567 ext 4102 carepartners.org/services_atoz_ki.html	Helps children grieve in their own special way, putting them on the path to healing. Includes individual and group counseling, play therapy and more.	Meets in Buncombe County
Guardianship and Estate Planning			
For more information, consult your service provider or check your local phone book for attorneys specializing in guardianship for individuals with disabilities.			
Administering a Special Needs Trust - Special Needs Alliance	www.specialneedsalliance.org/common/files/SNA%20Handbook%20for%20Trustees%20-%202013.pdf	A special needs trust can be a very powerful aid in managing care for a family member with a disability. It can provide supplemental items like therapy, respite care, dental work, companions, entertainment, education — all without interfering with the beneficiary's SSI, Medicaid or other government programs. The special needs trust can be a flexible tool. It can also be very difficult and confusing to administer. This handbook helps families understand the basics of this valuable tool.	National
Alleman, Cynthia, <i>Attorney at Law</i>	 828-253-6092 allenmanlawfirm.com	Specializes in handling guardianship and special needs trusts / supplemental needs trusts.	Located in Buncombe County
Bryan, Nicole V., Esq. <i>Vandiver & Bryan, PLLC</i>	704-892-9355 www.vbfirm.com	Specializes in Estate & Elder Law, including guardianship issues. Member of the Special Needs Alliance. Located in Cornelius, North Carolina, near Charlotte.	Statewide
Clement, Eva at Law, Clement Law Firm, PLLC	828-281-8160 eva@eclementlaw.com	Assists clients with probate and estate planning, business law, and residential real estate transactions.	Buncombe Henderson Madison
Cooper Law Firm	828-233-5496	Offers services in special needs planning, including special needs trusts.	Buncombe
Family Support Network™ of WNC	828-213-0047 828-213-9740 fsnnc.org	Offers a guardianship packet to assist in understanding the process of applying for guardianship. Offer other library resources to help, as well.	Buncombe Henderson Madison Transylvania
Goldsmith Molis & Gray, PLLC Allen Gray, CPA, CVA	828-771-5018 agray@gmg-cpa.com www.gmg-cpa.com	Offers services in special needs planning, including special needs trusts.	Located in Buncombe County
Guardianship Information from the Autism Society of North Carolina	www.autismsociety-nc.org	Discusses the basics of what guardianship is, why it matters and issues to consider in advance.	Statewide
Hope for the Future, Inc. Guardianship Services	828-505-4335 hopeforthefutureguardianship.com	Acts as a professional guardian: assists in managing health, safety, and welfare; assists in securing and protecting legal, civil, and human rights while protecting the best interests.	Located in Buncombe County
Knox, Caroline	(828) 471-4104 www.vwlawfirm.com	Certified Elder Law Attorney at Van Winkle Law Firm. Can cover topics such as Public benefits, pooled trusts, supplemental needs trusts to preserve public benefits and self-settled trusts to shelter a disabled person's own assets for public benefit purposes.	Buncombe Co.

Lawyer Referral Services <i>North Carolina State Bar Association</i>	800-662-7407 www.ncbar.org/public-pro-bono/lawyer-referral-service.aspx	Provides a referral to a lawyer in your county, and may be able to provide information regarding other legal resources that may be available to you. lawyers who accept referrals through the referral service charge a fee of no more than \$50 for the initial 30-minute consultation. Fees for consultations longer than 30 minutes and fees for representation are set by each lawyer. Lawyers who accept referrals through the referral service do not work for free.	Statewide
Responsibilities of Guardians in North Carolina <i>NC Administrative Office of the Courts</i>	 See Guardianship Packet	Provided as a public service to assist persons who have been or are about to be appointed guardians in understanding their duties, responsibilities and role. It is not meant as substitute for legal advice. You should contact an attorney should you have any legal questions about the role of a guardian.	Statewide
Health Programs - General			
Bakersville Community Medical Clinic	 828-688-2104 thebchc.org	Provides primary care, pregnancy care, women's health, behavioral health, chiropractic, acupuncture, reiki, and massage therapy services	Located in Mitchell County
Blue Ridge Community Health Services	 828-692-4289 www.brchs.com	Offers services in Family Medicine, Pediatric Medicine, Dental Services and Behavioral Health Services. <i>Accepts Medicaid.</i>	Located in Henderson County
Brevard Health Center	 828-883-5550 www.brchs.com/about-us/brevard	Offers services in Family Medicine, Pediatric Medicine, Dental Services and Behavioral Health Services. <i>Accepts Medicaid.</i>	Located in Transylvania County
Buncombe County School Health Nursing Program	contact MAHEC: 257-4400	Offer health assessments and referrals, healthcare coordination for students with special needs, health information and education as well as other services within the school setting.	Buncombe
Community Care of WNC	828-259-3879 www.ccwnc.org	A non-profit, community-based health care delivery system for Medicaid recipients that is organized and operated by community partners. <i>Accepts Medicaid.</i>	Western NC
Doula Association of the Mountain Area	828-233-5500 wncdoulas.com	An organization of independent professional doulas in Western North Carolina. The organization connects expectant parents, new families and care providers with local birth and postpartum doulas.	Located in Buncombe County
Free Clinics (The)	828-697-8422 www.thefreeclinics.org	Offers nine regular clinics, access to specialty care, pharmaceutical support, and case management.	Located in Henderson County
Health Department	828-250-5000 Buncombe County 828-692-4223 Henderson County 828-649-3531 Madison County 828-688-2371 Mitchell County 828-894-8271 Polk County 828-287-6100 Rutherford County 828-884-3135 Transylvania County 828-682-6118 Yancey County	Offer primary health care services as well as basic assessments. Contact Health Department to determine which evaluations are offered in that county. <i>Accepts Medicaid.</i>	Buncombe Henderson Madison Transylvania

Mission Children's Hospital	828-213-1111 Mission Hospital 828-213-1740 Reuter Outpatient	Serves newborns, infants, children and adolescents, as the only Children's Hospital in Western North Carolina. The pediatric health professionals and physicians who practice there are subspecialists in the childhood diseases, disorders and conditions they treat.	Located in Buncombe County
Mitchell County School and Family Health Centers	828-688-3977 Buladean Elementary 688-5998 Tipton Hill	828- Offers school-based health, immunization, nutrition services, laboratory services, comprehensive physicals, health education, chronic illness management, hearing, vision and dental screenings.	Mitchell
Mountain Area Health Education Center (MAHEC)	 828-257-4400 www.mahec.net	Serves healthcare professionals, students, and institutions throughout a 16-county region in Western North Carolina. Mission is to provide education, information, technology, research, training, and services to improve health outcomes in WNC through partnerships and neutrality.	Buncombe Henderson Madison Transylvania
North Carolina Health Choice for Children	800-662-7030 919-855-4100 www.ncdhhs.gov/dma/healthchoice/	Free or reduced price comprehensive health care program for children. If your family makes too much money to qualify for Medicaid but too little to afford rising health insurance premiums, your child(ren) may qualify for NCHC.	Statewide
Pardee Health Education Center	828-692-4600 www.pardeehospital.org	Provides an array of low-cost to free services ranging from health fairs and screening events to seminars and support groups.	Located in Henderson County
Pardee Memorial Hospital	 866-790-WELL 828-696-1000 www.pardeehospital.org	Non-profit community health care system offering a full range of hospital inpatient and outpatient services. Located in Hendersonville. <i>Accepts Medicaid.</i>	Located in Henderson County
Park Ridge Hospital	 828-684-8501 www.parkridgehealth.org	Community hospital offering services at both its main facility as well as nearby offices and centers. Located in Hendersonville.	Located in Henderson County
Rutherford Community Health Center	828-288-2881 brchs.com/rutherford-healthcenter	Provides services including primary medical care, behavioral health care, substance abuse counseling, medication assistance, preventative health screenings, diagnostic testing and services, case management and educational programs.	Located in Rutherford County
Rutherford Regional Health System	828-286-5000 www.rutherfordregional.com	Offers a comprehensive range of treatments and wellness options.	Located in Rutherford County
Saluda Medical Center	828-749-4411	Comprehensive community-based medical care to all individuals, regardless of age, income, or health insurance status. Prescriptive drugs are available at almost no cost to qualifying individuals.	Located in Polk County
St. Luke's Hospital	828-894-3311 www.saintlukeshospital.com/getpage.php?name=index	Offers a variety of inpatient and outpatient hospital services.	Located in Polk County
Transylvania Regional Hospital	828-884-9111	Offers a comprehensive range of treatments and wellness options.	Located in Transylvania County
Western North Carolina Community Health Services	 828-285-0622 www.wncchs.org	Offers medical, dental and behavioral health services, including assessments, treatment and case management.	Located in Buncombe County

Yancey County School Health Centers	828-682-6152 E. Yancey Middle School 828-682-4758 Cane River Middle School	Offers school-based health, immunization, nutrition services, laboratory services, comprehensive physicals, health education, chronic illness management, hearing, vision and dental screenings.	Located in Buncombe County
Hearing & Audiology			
Asheville Audiology Services	828-348-1690 www.ashevilleaudiology.com	Provides a full range of audiology services to both children and families.	Located in Buncombe County
Asheville Head, Neck and Ear Surgeons	828-254-3517 Buncombe 698-2350 Henderson 884-6702 Transylvania www.ashevilleheadneckear.com	828- 828- Performs a variety of audiological tests. Licensed distributor of hearing instruments / hearing aids.	Buncombe Henderson Transylvania
Auditory Advantage Hearing Center	828-286-9399 hearclearlynow.weebly.com/	Offers complete hearing and audiology services to children and adults.	Rutherford
Beginnings: For Parents of Children Who Are Deaf or Hard of Hearing 	800-541-4327 www.ncbegin.org	Provide valuable technical information, emotional support, resources and referrals to parents and professionals. Services are free to parents in the state of North Carolina.	Statewide
Carolina Children's Communicative Disorders Program	919-419-1449 www.med.unc.edu/earandhearing/cccdpgrant	Provides funding for hearing devices for children who are deaf and hard of hearing, whose families do not qualify for other public programs, and who do not have adequate income to obtain devices that are not covered by insurance.	Statewide
Carolina Pediatric Therapy - Pediatric Audiology	828-670-8056 carolinapeds.com/carolina-pediatric-therapy-services/asheville-pediatric-audiology/	Provides hearing and listening assessment, treatment and counseling, tailored to the needs of your child and your family; finding and strengthening the connection.	Located in Buncombe County
Child Health Audiology Consultant <i>NC Division of Public Health</i>	828-658-1739 Charlotte Destino for Buncombe, Henderson, Madison, Mitchell, Transylvania, Mitchell Counties 704-434-5066 Lizzie Guffey for Polk / Rutherford	Provides consultation and physiologic hearing screening services.	Statewide
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-265-5391 Mitchell / Yancey 704-480-5440 Polk / Rutherford www.bearly.nc.gov	Services include any services or equipment that may be needed to address a child's needs with relation to his auditory skills.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey

Division of Services for the Deaf and Hard of Hearing (DSDHH) - Asheville Regional Resource Center	828-665-8733 800- 681-7998 www.ncdhhs.gov/dsdhh/rrc/asheville/asheville.htm	Advocates for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf Blind.	Western NC
Hearing Center of Asheville	 828-277-1000 www.thehearingcenter.com	Comprehensive center for audiology care and hearing aid services.	Located in Buncombe County
Mission Children's Audiology	828-213-1740	Working in collaboration with UNC Chapel Hill, the Mission Children's Audiology program provides a continuation of expert level care, right here in the region.	Located in Buncombe County
NC Early Intervention Program for Children Who Are Deaf or Hard of Hearing (Western NC)	828-432-5352 www.ncdhhs.org	Provides development/educational early intervention services to children ages birth to 3 who are deaf or hard of hearing and their families.	Statewide
Park Ridge Medical Associates Hearing and Balance Center	828-650-8048 www.parkridgehealth.org/physicians-and-services/our-services/audiology	Provides complete audiological services including comprehensive hearing evaluations, hearing aid dispensing and balance testing.	Located in Henderson County



Hematology / Oncology






Bottom, Krystal, MD <i>Mission Children's Clinic</i>	828-213-9770	Board certified in Pediatric Hematology / Oncology. <i>Accepts Medicaid.</i>	Located in Buncombe County
Mountain Radiation Oncology	828-213-0100	Board certified in Radiation Oncology. <i>Accepts Medicaid.</i>	Located in Buncombe County
Scothorn, Douglas J., MD <i>Mission Children's Clinic</i>	828-213-9770	Board certified in Pediatric Hematology / Oncology. <i>Accepts Medicaid.</i>	Located in Buncombe County








Home Schooling Resources




Check with your local library for additional resources.






Asheville Art Museum Home-School Program	253-3227 www.ashevilleart.org/event/home-school-program-5/	Home-school students in grades 1 – 4 are invited to join us for the Museum's Home School Program on the second Tuesdays of each month. Each 90-minute session includes a guided tour of the Museum's Permanent Collection or special exhibition, and a hands-on art activity. Pre-registration is required.	Located in Buncombe County
Barefoot Homeschoolers	groups.yahoo.com/neo/groups/barefoothomeschoolers/info	For connecting with secular homeschoolers in Rutherford and Polk counties of western NC. If you are new to the area, or just starting on your homeschooling journey.	Polk Rutherford
Blue Ridge Homeschool Alliance	Nancy Shuman 828-393-8872	For homeschoolers of WNC seeking social opportunities, friendship and support. Membership is inclusive and open but activities may be centered in Henderson and Transylvania Co.	Regional



Carolina Homeschooling	groups.yahoo.com/neo/groups/Carolinahomeschooling/info	This list is for those that are homeschooling in North Carolina or those that may be moving here and homeschooling. It is for getting together and encouraging each other, talking about homeschooling in NC, meeting others nearby, etc.	Statewide
Family Support Network™ of WNC	828-213-0047 213-9740 http://www.missionchildrens.org/family-support-network.php	Offers a started kit for parents to consider opening a home school. Also have lending library materials for check out on the topic for instruction.	Buncombe Henderson Madison Transylvania
GIFTSNC, Inc.	919-851-8139	The goal of GIFTSNC is to support, empower, guide and educate families home schooling children with special needs through conferences, workshops and family to family support.	National
Henderson County Homeschool Association	www.homeschool-life.com/nc/hcha	Membership entitles your family to access the website, e-mail, a quarterly newsletter and the opportunity to participate in many social and academic activities for parents and students.	Located in Henderson County
Homeschool Association of Rutherford and Polk Counties	harchomeschool.org/about.html	Homeschooling support group aimed at bringing families closer together, offering educational resources, providing mentorship and council, and supporting our individual walk with God.	Polk Rutherford
Home School Legal Defense Association	 540-338-5600 www.hslda.org	A nonprofit advocacy organization established to defend and advance the constitutional right of parents to direct the education of their children and to protect family freedoms.	National
Homeschool Mom	www.thehomeschoolmom.com	Website offering resources including homeschool planners, reviews of homeschool curricula, advice for new homeschoolers and much more.	National
Madison County Homeschoolers	Search Facebook and Yahoo Groups	Open to all homeschoolers in or near Madison County. Please contact for more information on meetings and events.	Madison
North Carolina Department of Non-Public Education	www.ncdnpe.org	Home school requirements, reminders and recommendations; Home School Guidebook in PDF format as well as FAQ on homeschool topics.	Statewide
North Carolina Virtual Public School Program for Home School Students	ncvps.org	The North Carolina Virtual Public School (NCVPS) now offers certain courses for non-public home school students. Parents should review the Non-Public Education legislation (Chapter 115C –Article 39) to determine eligibility of their students to participate in the NCVPS non-public school program.	Statewide
North Carolinians for Home Education	 844-624-3338 www.nche.com	A private, volunteer organization active at the state level, serving North Carolina homeschoolers.	Statewide
Roots + Wings School of Art and Design - Custom Homeschool Sessions	 828-545-4827 rootsandwingsarts.com/programs/homeschool-sessions/	Works with home school groups to create a customized program to fit within your curriculum. Sessions are available for grades K through 12 with a variety of artistic medium choices: drawing, painting, clay, collage, mixed media, sculpture, printmaking, mosaic. Can work with you for a few hours or an entire semester. Fees are determined by student number, art medium, and length of session.	Located in Buncombe County

Young Macon County Home Educators	locelynr25@yahoo.com	YMCHE is a non-demonational Christian homeschool support organization, open to all families homeschooling children who are 13 years old and younger. To be a member you must be willing to comply with NC State law and uphold the ideals of YMCHE.	WNC
Roots + Wings School of Art and Design - Custom Homeschool Sessions	 828-545-4827 rootsandwingsarts.com/programs/homeschool-sessions/	Works with home school groups to create a customized program to fit within your curriculum. Sessions are available for grades K through 12 with a variety of artistic medium choices: drawing, painting, clay, collage, mixed media, sculpture, printmaking, mosaic. Can work with you for a few hours or an entire semester. Fees are determined by student number, art medium, and length of session.	Located in Buncombe County
Horseback Riding / Equine Therapy			
Appalachian Therapeutic Riding Center	828-675-5814 www.atrcriding.com	Located in Burnsville, NC. Provides therapeutic horseback riding for persons with physical, cognitive, and/or emotional disabilities in a safe, structured environment.	Located in Yancey County
Free Rein Center for Therapeutic Riding and Education	 828-883-3375 www.freereincenter.com	Instructors, volunteers, and horses help children and adults with autism, Attention Deficit Hyperactivity Disorder, physical limitations, and a wide range of other disabilities enjoy such benefits as increased flexibility, balance and coordination, enhanced gross and fine motor skills, improved posture, and self confidence.	Located in Transylvania County
Harmony Through Horses Transformative Counseling	828-337-8468 harmonythroughhorses.com	Equine therapy with Andrea Burgess, LCSW. Offers individual and family therapy for adults and children using horses as a healing partner. Accepts BCBS and Medicaid.	Located in Buncombe County
Head, Heart, Hands and Horses	 828-803-0021	Multi-faceted therapeutic farm that specializes in Equine Assisted Therapy and Learning using the EAGALA model. Also offer traditional horsemanship lessons, therapeutic riding & horsemanship, and EAP trainings.	Located in McDowell County
Horse Sense of the Carolinas	 828-683-7304 www.horsesenseotc.com	Effective new strategies to manage unhealthy patterns and behaviors through our individual, couples and family outpatient services.	Located in Madison County
Spirit Ride	www.spiritridenc.org 904-704-2244	Provides individuals with special needs the opportunity to learn, grow and strive to reach their potential through horse-related activities. Private therapeutic sessions are free of charge. The program has 7 sensory stations along a trails used during the session.	Mitchell and Yancey Counties
Thera-Equine Therapeutic Riding Center	828-443-0272 www.ther-equine.com	Offers horses and equine-assisted activities in order to achieve a persons goals that enhance physical, emotional, social, cognitive, behavipral and educational skills with persons with disabilities.	Located in Burke Co.
Therapeutic Riding of Tryon (TROT) Foothills Equestrian Nature Center	 828-859-9021 www.fence.org/trot	A non-profit organization dedicated to providing facilities and focus for education, recreation and preservation in nature studies and equestrian activities with the aim of enhancing these endeavors to enrich the quality of life for the community.	Located in Polk County. Serves Western NC.

Trails Carolina	 800-975-7303 www.trailscarolina.com	Program for adolescents ages 10 - 17 struggling with a variety of mental health diagnoses, behavioral problems, developmental issues, learning disabilities, substance abuse/dependence, school problems & relational difficulties. Located at Lake Toxaway.	Located in Transylvania County
Infant Massage			
Asheville Massage and Natural Therapeutics	828-423-0106 naturaltherapeuticspecialist.com	Offers pregnancy, infant, and premature infant massage as well as training and workshop events.	Located in Buncombe County
Integrative Care Modalities			
Asheville Integrative Medicine	 828-252-5545 www.docbiddle.com	Helps clients to correct deficiencies of vital nutrients, reduce burdens of known toxins, and support their digestive, immune, hormonal, and detoxification systems. Individualize patient care through testing and treatment strategies and integrate the best of conventional and complementary medicine.	Located in Buncombe County
Berard Auditory Integration Training Systems, Inc.	828-683-6900 www.aithelps.com	Offers therapy, hypnosis an auditory integration training for children who have autism, ADD, ADHD, LD, dyslexia and other sensory issues and diagnoses.	Located in Buncombe County
Family to Family: integrative holistic medicine	 828-251-2700 www.familytofamily.org	Provides primary and consultative care for all ages, including pregnancy care and traditional healing. Four physicians, board-certified in family medicine, holistic integrative medicine and trained in functional medicine, support unique health needs with a compassionate approach.	Located in Buncombe County
Focus Centers of Asheville	828-281-2299 focuscentersofasheville.com	Provides EEG Biofeedback/Neurofeedback, Psychotherapy, Psychological & Neuropsychological Evaluations, Educational Consultations and Community Education for Children/Adults with Emotional, Behavioral, Stress and Learning Disorders.	Located in Buncombe County
Integrative Family Medicine of Asheville	 828-575-9600 www.integrativeasheville.org	Integrate Western Medicine and natural methods to fit your needs.	Located in Buncombe County
Lara's Integrative Movement	 828-299-8490 www.integrativemovement.com	Offers the Anat Baniel Method for Children, a method that has benefited Infants and children with CP, Autism Spectrum Disorder, Developmental Delays, BrachialPlexus Injury, Genetic Disorders, ADD, Feeding disorders, Scoliosis, and Brain Injury.	Located in Buncombe County
Nature's Vitamins and Herbs	 828-251-0094 www.naturesvitaminsandherbs.com	The educated staff of Nature's Pharmacy combines their experience and expertise in pharmacy and medicine with the evolving facts and data on natural products.	Located in Buncombe County
O'Brian, Sudeshna Dasgupta, MD, MPH Integrative Medicine	828-505-2108	Ages 0-18. Comprehensive medical evaluations, integrative approach to treatment; includes biomedical testing, nutritional therapy, and dietary/supplements. Medication if needed.	Located in Buncombe County
Pisgah Institute / Center for the Advancement of Human Potential	 828-254-9494 www.pisgahinstitute.com	Provides consultation, medication management, individual and group psychotherapies, neuropsychological testing, educational testing, stress management, quantitative EEG, referenced EEG and EEG biofeedback	Located in Buncombe County

Robson, John <i>Honest Evolution</i>	828-423-3173 www.honestevolution.com	Offers the Anat Baniel Method for children, a method that has allowed for successes in treating children with cerebral palsy, brain injuries, and many more conditions.	Located in Buncombe County
Legal Resources			
DisABILITY Rights North Carolina	 919-856-2195 877-235-4210 www.disabilityrightsn.org	Disability Rights North Carolina helps people across North Carolina gain access to services and opportunity through its legally based advocacy.	Statewide
Guardian ad Litem	Buncombe 828-251-6130 Henderson, Polk & Transylvania 828-694-4215 Madison, Mitchell & Yancey 828-682-4754	Providing trained, independent advocates to represent and promote the best interests of abused, neglected and dependent children in the state court system	Buncombe Henderson Transylvania Madison
HEALS (Health Education and Legal Support)	828-253-0406 Buncombe 828-692-7622 Henderson 828-247-0297 Rutherford www.pisgahlegal.org/programs/heals	A medical-legal partnership between Pisgah Legal Services, Mission Hospitals and the Mountain Area Health Education Center (MAHEC). The purpose of the project is to improve health and well being for low-income women and children by integrating legal advocacy with health care. Through HEALS, PLS provides legal assistance to low-income patients to address non-medical barriers to health.	Offices in Buncombe, Henderson and Rutherford Counties
Law Help NC	www.LawHelpNC.org	A joint project of Legal Aid of North Carolina, the North Carolina Equal Justice Alliance, North Carolina Bar Association and Probono.net. Our goal is to provide our users with helpful, easy-to-understand legal resources and information in North Carolina.	Statewide
Lawyer Referral Services <i>North Carolina State Bar Association</i>	800-662-7407 www.ncbar.org/public-pro-bono/lawyer-referral-service.aspx	Provides a referral to a lawyer in your county, and may be able to provide information regarding other legal resources that may be available to you. Lawyers who accept referrals through the referral service charge a fee of no more than \$50 for the initial 30-minute consultation. Fees for consultations longer than 30 minutes and fees for representation are set by each lawyer. Lawyers who accept referrals through the referral service do not work for free.	Statewide
Legal Aid of North Carolina - Asheville Office	 236-1080 866-219-5262 Buncombe, Henderson, Madison, Polk, Rutherford 800-849-5195 for Mitchell & Yancey	Provides high quality legal assistance in civil matters to eligible, low-income clients who have problems with their basic needs	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Pisgah Legal Services	 828-253-0406 Buncombe 828-692-7622 Henderson 828-247-0297 Rutherford www.pisgahlegal.org	Provides free civil legal aid and advocacy to help low-income people in Western North Carolina meet their basic needs and improve their lives.	Located in Buncombe County

Wrightslaw	 www.wrightslaw.com	Provides accurate, reliable information about special education law, education law, and advocacy for children with disabilities.	National
Lending Libraries			
Exceptional Children's Assistance Center	 800-962-6817 www.ecac-parentcenter.org	Offers a library and information/assistance to parents with a listing of resources about early childhood development, diagnosis, interagency collaboration, etc.	Statewide
Family Support Network™ of WNC	828-213-9740 opac.libraryworld.com/opac/home	Extensive library of books, videos and other materials that can be lent to families on topics such as parenting, behavioral topics, specific diagnoses and other issues relating to special needs within families.	Buncombe Henderson Madison Transylvania
Henderson County Children and Family Resource Center	828-698-0674 Ext. 110 www.childrenandfamily.org/?page_id=657	A resource library for parents, teachers and early childhood educators that provides developmentally appropriate educational materials for teaching and engaging young children. Library includes children's books, videos and DVDs, reference materials, age-appropriate learning kits and a production area to help you make books, bulletin boards and learning materials.	Located in Henderson County
Mitchell-Yancey Partnership for Children	828-682-0047	Maintains a lending library of materials. Located in Burnsville.	Located in Yancey County
North Carolina Library for the Blind and Physically Handicapped	 919-733-4376 statelibrary.ncdcr.gov/lbph/	A special public library that circulates books and magazines especially made for persons who cannot use regular printed material because of a visual or physical disability. The library is located in Raleigh, but mails materials throughout the state.	Statewide
Literacy			
Asheville Augustine Project <i>Literacy Council of Buncombe County</i>	828-254-3442 www.litcouncil.com/augustine_project.htm	Seeks to improve the academic achievement and thereby the self esteem of low-income children and teens who struggle with literacy skills. The project trains tutors who provide these students free, 1-on-1, long-term, instruction in reading, writing and spelling.	Located in Buncombe County
Bookshare	 www.bookshare.org	An online library of digital books for people with print disabilities. Operates under an exception to U.S. copyright law which allows copyrighted digital books to be made available to people with qualifying disabilities. In addition, many publishers and authors have volunteered to provide Bookshare with access to their works.	National
Center for Early Literacy Learning (CELL)	www.earlyliteracylearning.org infor@puckett.org	Promotes the adoption and sustained use of evidence-based early literacy learning practices. This site has resources for early childhood intervention practitioners, parents, and other caregivers of children, birth to five years of age, with identified disabilities, developmental delays, and those at-risk for poor outcomes.	Statewide
Reading is Fundamental	 www.rif.org	Largest children's literacy nonprofit in the United States. Prepare and motivate children to read by delivering free books and literacy resources to those children and families who need them most.	National

Reading Rockets	 www.readingrockets.org	Offers a wealth of reading strategies, lessons, and activities designed to help young children learn how to read and read better. Reading resources assist parents, teachers, and other educators in helping struggling readers build fluency, vocabulary, and comprehension skills.	National
Yancey County Literacy Council	 828-678-9646	A non-profit organization that gives free one-on-one tutoring to both children and adults in Yancey County.	Yancey

Managed Care Organization (MCO)
(Formerly Local Management Entity (LME) and/or Case Management)

Vaya Health	800-849-6127 vayahealth.com	Ensures that services are provided to persons living with mental illness, developmental disabilities and substance abuse in 23 western counties of North Carolina. Does not provide direct services but manages a network of providers to refer individuals to, as needed. To be place on the waiting list for the Innovations Waiver (formerly called CAP or Community Alternative Placement program). Ask for your child/adult child to be on the Registry of Unmet Needs for the Innovation Waiver. For complaints about services, service providers, call 1-888-757-5727	Buncombe Henderson Madison Rutherford
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Medical Supply Companies

Accucare	828-236-3100		Buncombe
Advanced Home Care	866-505-8953 Nutrition Team 285-0239	828-	Buncombe
Autumn Home Nutrition/Wincare	1-800-850-0483		Buncombe
A2Z Medical Supplies Inc.	1-866-544-8982		Buncombe
Apria/Coram	828-684-9981		
Blue Ridge Home Medical Supply	828-232-1110 Asheville 765- 5731 Spruce Pine 1111 Marion	828- 828-659-	
Pediatric Specialist/Lincare/Enternal Central	1-866-436-7685 # 255-4545	local	
Wilmington Medical Supply	866-898-8684		Wilmington

Neonatology

Rentz, Simms, Jr., MD Mission	828-277-3600	Board certified in Neonatal/Perinatal Medicine. <i>Accepts Medicaid.</i>	Located in Buncombe County
Furigay, Paul J. M.D. Mission	828-213-8600		Located in Buncombe County
Thingvoll, Erik, MD Mission	828-213-8600	Board certified in Neonatal/Perinatal Medicine. <i>Accepts Medicaid.</i>	Located in Buncombe County

Yoder, Charles, MD Mission	828-213-8600	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
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Nephrology





Lin, Jen-Jar, MD <i>Wake Forest University</i>	336-716-9253 www.wakehealth.edu/Faculty/Lin-Jen-Jar.htm	Board certified in Pediatric Nephrology. Sees patients in Winston-Salem, Greensboro and Hendersonville (at Blue Ridge Community Health Services). <i>Accepts Medicaid.</i>	Statewide
Levine Children's Specialty Center - Pediatric Nephrology	704-381-8840 www.carolinashalthcare.org/childrens-services-pediatric-kidney-disorders	Offers a comprehensive approach to the care of children with kidney problems on an inpatient and outpatient basis.	Located in Charlotte





Neurology






Blouin, Randall, MD <i>Greenville Hospital System Greenville, SC</i>	864-454-5110	Board certified in Pediatric Neurology. <i>Accepts Medicaid.</i>	Located in Greenville, SC
Dayal, Usha, MD <i>Carolina Neurological Clinic Charlotte, NC</i>	704-541-8788 www.carolinaneurological.org	Board certified in Pediatric Neurology.	Located in Charlotte
EPILEPSY information service	1-800-642-0500	Provides resources for all of NC	Statewide
Huffstutter, William, MD <i>Mission Children's</i>	828-252-8983	Board certified in Pediatric Neurology.	Located in Buncombe County
Morales, Augusto, MD <i>Greenville Hospital System Greenville, SC</i>	864-454-5110	Board certified in Pediatric Neurology.	Located in Greenville, SC
Nelson, Teresita, MD <i>Carolina Neurological Clinic Charlotte, NC</i>	704-377-9323 www.carolinaneurological.org	Board certified in Pediatric Neurology.	Located in Charlotte
Parrot, Jamie H., MD Palmetto Health-Richland	803-434-7961	Board certified in Pediatric Neurology.	Columbia, SC
Poplawski, Tadeuse, MD <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatric Neurology.	Located in Buncombe County






Nursing


Bayada Nurses	 828-667-3200 Asheville/Pediatrics 828-681-5100 Asheville/Adults 828-696-1900 Hendersonville/Adults www.bayada.com	Provides nursing, rehabilitative, therapeutic, hospice, and personal home health care services to children, adults, and seniors in the comfort of their homes.	Buncombe Henderson
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BrightStar Care - Asheville	 828-255-1733 www.brightstarcare.com	Provides the full continuum of homecare, (including adult & elder care) childcare (including newborn care, babysitter & nanny services) in addition to medical staffing services for individuals, families & healthcare facilities. <i>Confirmed that they do work with children.</i>	Located in Buncombe County
Carolina Home Care	828-245-7626	Provides of broad range of in-home nursing and home health services.	Polk Rutherford
Homewatch Care Givers	828-676-1585 www.homewatchcaregivers.com	Provides services ranging from companionship to daily living assistance, allowing your loved one to remain safe at home.	Buncombe Henderson Madison Transylvania
Maxim Homecare / Asheville Homecare Services	 828-299-4388 www.maximhomecare.com/Asheville_Homecare_241.aspx	Provides home and community supports, residential supports, personal care and respite. <i>Accepts Medicaid.</i>	Buncombe Madison
PSA Healthcare	828-684-3329 www.psahealthcare.com	Home care and habilitation services. <i>Accepts Medicaid.</i>	Located in Buncombe County
ResCare HomeCare	828-536-0628 www.rescare.com	Provides case management and community-based services for children. <i>Confirmed that they do work with children. Accepts Medicaid.</i>	Buncombe Henderson Madison Polk Rutherford Transylvania
Nutrition			
Blue Ridge Community Health Services	 828-692-4289 www.brchs.com	Can design a personalized healthy eating program for you and help you to learn the habits of healthy eating. <i>Accepts Medicaid.</i>	Located in Henderson County
Community Action Opportunities	828-252-2495 www.communityactionopportunities.org	Offers Head Start Program as well as other resources for families and individuals.	Buncombe Madison
Feeding & Swallowing Clinic <i>Olson Huff Center Mission Children's Hospital</i>	828-213-1725 www.missionchildrens.org	Helps children by bringing together a team of medically based, child focused and family centered individuals and providers from many specialties to provide a comprehensive team evaluation. Goal is to maximize each child's feeding and swallowing potential through a comprehensive team approach and individualized treatment plan. <i>Accepts Medicaid.</i>	Located in Buncombe County
North Carolina State University Cooperative Extension	 828-255-5522 Buncombe 828-697-4891 Henderson 649-2411 Madison 828-688-4811 Mitchell 828-894-8218 Polk 828-287-6010 Rutherford 828-884-3109 Transylvania 828-682-6186 Yancey	828- Programs cover a broad spectrum, from pesticide safety to indoor air quality, from childhood nutrition and physical activity to heart-healthy eating and food safety.	Buncombe Henderson Madison Transylvania

Rutherford County Head Start	828-287-7568, ext. 242	Offers Head Start Program as well as other resources for families and individuals.	Rutherford
WIC Supplemental Nutrition Program <i>Department of Health</i>	828-250-5000 Buncombe 828-692-4223 Henderson 828-649-3531 Madison 828-688-4668 Mitchell 828-894-3888 Polk 828-287-6238 Rutherford 828-884-3242 Transylvania 828-682-4198 Yancey	Includes nutrition education, breastfeeding education and support and medical nutrition therapy.	Buncombe Henderson Madison Transylvania
Occupational Therapy			
Carolina Home Care	828-245-7626	Offers occupational therapy services including evaluation and teaching of therapeutic methods.	Located in Rutherford County
Carolina Pediatric Therapy	 828-670-8056 www.carolinapeds.com	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists providing services to children with developmental and neurological disabilities. <i>Accepts Medicaid.</i>	Located in Buncombe County
Helping Hand Development Center	 828-692-7068 www.helpinghanddevelopmentcenter.org	Preschool offering special education programs for children ages 3-5. OT offered at center only.	Located in Henderson County
Higher Ground Pediatric Therapy	 828-684-7337 www.highergroundpeds.com Sweeten Creek/Greenville Hwy.	Providing comprehensive outpatient and community-based services for ages birth to 21. Focuses on provision of quality services, emphasizing parent education and participation. Currently provide services related to: ADD/ADHD, Autism Spectrum Disorders, Sensory Integrative Dysfunction, fine/gross motor deficits, play skills, behavior management, social skills and hand writing. We are a certified provider of Interactive Metronome, a proven method to enhance: frustration tolerance, attention, concentration and academic performance.	Located in Buncombe County & Hendersonville
Olson Huff Center Therapies	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Located in Buncombe County
Shepard, Robin L., MSPT	828-606-6683	Offers rehabilitation, occupational and physical therapy.	Located in Henderson County
Skyland Physical Therapy	828-277-5763 www.skylandpt.com	Offers therapy in the clinic, in home, or in daycare.	Located in Buncombe County
Therapyland	 828-286-4125	A pediatric occupational therapy clinic specializing in sensory processing	Located in Rutherford County




Uniquely Me Childrens Therapy	828-674-1688 www.uniquelymechildrenstherapy.com	Helping children with disabilities to participate fully in school and social situations, recovering from injury to regain skills. Take Medicaid, Health Choice, Medcost, BCBSNC and Key Benefits.	Located in Buncombe County
Ophthalmology			
Bashinsky, Alice, MD <i>Asheville Eye Associates</i>	 828-258-1586 www.ashevilleeye.com	Board certified in Pediatrics, Ophthalmology.	Located in Buncombe County
Hickson, Heather, OD <i>Elite Eye Care</i>	 828-687-7500 www.visionsource-eliteeye.com	Board certified in Pediatric Optometry.	Located in Buncombe County
Johnson, Anthony, MD <i>Jervey Eye Group</i>	 864-458-7956 www.jervey.com	Qualified to perform complex eye surgery as well as to manage children's eye problems using glasses and medications.	Located in Greenville, SC
Morganton Eye Physicians & Surgery Center	828-433-1000 www.morgantoneye.com	Has an office located in Forest City. Offers a full range of primary, medical and surgical eye care services, including pediatrics.	Rutherford
Wiggins, Robert E., MD <i>Asheville Eye Associates</i>	 828-258-1586 www.ashevilleeye.com	Board certified in Pediatric Ophthalmology and Neuro-Ophthalmology.	Located in Buncombe County
Orthopedics			
OrthoCarolina Pediatric Orthopedic Center	704-323-2543 www.orthocarolina.com/locations/specialty-centers/pediatric	Physicians are trained in the diagnostics and procedures to help children with disorders large or small. Located in Charlotte, NC.	Located in Charlotte
Pediatric Orthopedic Surgery <i>Wake Forest Baptist Health</i>	336-716-WAKE returning 888-716-8094 new www.wakehealth.edu/Orthopaedic-Services/Pediatric-Orthopaedics.htm	Provides state-of-the-art treatments for scoliosis, Spina bifida, cerebral palsy, pediatric trauma, congenital deformities and sports medicine. Multidisciplinary clinics combine the expertise of surgeons, rehabilitation specialists and pediatric subspecialists to map out the best treatment plans for each child.	Located in Winston- Salem
Raustol, Ole Anton, MD <i>Mission Children's Clinics</i>	828-213-1740 www.missionchildrens.org	Board certified in Orthopedic Surgery.	Located in Buncombe County
Parenting			
24-hour Crisis Line <i>The Healing Place</i>	<i>The</i> 828-692-3931	If you or someone you know has experienced any form of physical or sexual violence, The Healing Place provides a 24-hour crisis line that offers help and support	Western NC
Child Birth & Other Parenting Classes <i>Mission Health System</i>	 828-213-6241 http://www.mission-health.org/womens-health.php#education	Offers a variety of classes including classes in childbirth, infant massage, breastfeeding, and more.	Located in Buncombe County







Children & Family Resource Center	 828-698-0674 www.childrenandfamily.org	Offers various parenting classes including the Adolescent Parenting Program, Incredible Years Parenting and Parents as Teachers as well as offering a lending library, assistance in choosing childcare and other resources.	Located in Henderson County
F.I.R.S.T.	 828-277-1315 877-633-3178 www.firstwnc.org	A series of programs focused on strengthening parenting competencies (monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences in order to promote children's academic, social and emotional competencies and reduce conduct problems.	Located in Buncombe County
Family Place	 828-883-4857	Parenting classes address various topics specific to parenting, such as nurturing parenting, talking to kids so they'll listen and learning to sign with your baby.	Located in Transylvania County
Family Support Network of WNC	828-213-0033	Offers several Triple P parenting classes: Stepping Stones which focuses on parenting children with special needs. Teen Triple P which focus on parenting teenagers and Brief Triple P which helps parents target specific behaviors over a period of several brief meetings.	
In Joy Parenting	828-253-8507 injoyparenting.com	Based on the best-selling Positive Discipline series, this program helps parents to teach their children important life skills in a manner that is respectful to both the parents and the children. Offers deep wisdom and practical guidance to help raise children and teens to be responsible, respectful and resourceful members of their community. Classes are always full of lively discussion, helpful materials, and lots of laughter.	Located in Buncombe County
Mothers of Multiples Support Group	www.bigtent.com/groups/aamom ashevilmomsofmultiples@gmail.com	A support group for parents of twins and triplets. Meets monthly, usually the 1st Thursday of each month. Location varies. Visit the website for details and to obtain a current schedule.	Located in Buncombe County
Verner Early Learning Center	 828-298-0808 East Location 828-670-7300 West Location http://www.vernerearlylearning.org	Offers parent education classes, parent support groups and other services to families.	Located in Buncombe County
Mountain Treatment Center	828-255-8655 mountaintreatmentcenter.com/drug-rehabilitation-center-services/	The parenting course is designed to give you practical skills that can be used with children from age one to post-adolescence (even spouses and S.O.'s). Issues concerning alcohol and drugs are also included.	Located in Buncombe County
Parenting Matters Classes <i>Cooperative Extension</i>	 828-255-5522 Buncombe 828-697-4891 Henderson 828-649-2411 Madison 828-688-4811 Mitchell 828-894-8218 Polk 828-287-6010 Rutherford 828-884-3109 Transylvania 828-682-6186 Yancey	Eight week, hands-on, creative learning program for parents with children of all ages who want to make a difference in their child's life and improve their parent-child relationship. The sessions will teach how to manage stress, improve communication skills, avoid power struggles with children, and build a support system to help in raising children.	Buncombe Henderson Madison Transylvania



Partnership for Children of the Foothills	828-245-2802 http://www.rutherfordpolk.org	Offers several different programs that support parents and families.	Rutherford
Prenatal/Postnatal Health Services <i>Health Department</i>	828-250-5000 Buncombe County 828-692-4223 Henderson County 828-649-3531 Madison County 828-688-2371 Mitchell County 828-894-8271 Polk County 828-287-6100 Rutherford County 828-884-3135 Transylvania County 828- 682-6118 Yancey County	Visits high risk prenatal clients in their home to monitor pregnancy, educate on signs/symptoms of prenatal problems to report to their physician, and offer support services to promote a healthy pregnancy. Visits moms and their newborns in their home within 60 days of delivery to check for complications, educate on postpartum & newborn care, and offer support & referrals to community resources.	Buncombe Henderson Madison Transylvania
Project NAF	828-350-9821 www.mtzionasheville.org/mt_zion_cdc	Provides culturally sensitive and individualized services to African-American women while they are pregnant and during their baby's first year of life.	Located in Buncombe County
Steps to Hope, Inc.	828-894-2340 www.stepstohope.org	Family education programs including child advocacy, family home visits, a sexual assaults Nurse Practitioner and many parenting and teen education and support groups.	Located in Polk County
Tri-County Pregnancy Center	800-676-9482 www.burnsvillepregnancyhelp.com	Offers individualized parenting and life skills classes for both women and men.	Located in Mitchell County
Wanda Paul Children's Center	828-286-7065	A comprehensive child advocacy center. Offers parenting classes and other parenting resources.	Rutherford
YWCA of Asheville	 828-254-7206 x116 www.ywcaofasheville.org	MotherLove Program matches adult mentors with pregnant and parenting teens. Mentors provide needed support and guidance to these young mothers. Group meetings offer opportunities for education and sharing.	Located in Buncombe County

Pediatric Physicians

(see next category for a listing of physicians within each general Pediatric Practice)

Coverdale, Janice, MD - Hot Springs Health Program - -Mashburn Medical Center	 828-649-3500 www.hotspringshealth-nc.org	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Duffey, Robert, MD Hendersonville Pediatrics	 828-693-3296 www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Miller, Ansley, MD <i>Mission Children's Clinic</i>	 828-213-1740	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County


 Pediatric Practices			
ABC Pediatrics of Asheville	 <p>828-277-3000 www.abcasheville.com</p> <p>Dr. Peter Chu, DR. Derek Dephouse, Dr. Robert Errico, Dr. Scott Love, Dr. Hope Mustoe, Dr. John Paschall, Dr. Laurie Pulver, Dr. Beth Vo</p>	<p>Offers regular appointments as well as early morning walk-in clinic hours and evening and weekend hours available by calling at specified times. <i>Accepts Medicaid.</i></p>	<p>Located in Buncombe County</p>
Asheville Children's Medical Center	 <p>828-258-0969 www.ashevillechildrens.com</p> <p>Dr. William Bryan, Dr. Brigette Folgeman, Dr. Colby Grant, Dr. Samuel Kohn, Dr. Kelly Klaaren, Dr. Maggie BeVilarqua</p>	<p>Offers some evening hours, weekend hours, an early morning walk-in clinic, in-office lab and 24-hour nurse on-call services. Located in Asheville. <i>Accepts Medicaid.</i></p>	<p>Located in Buncombe County</p>
Asheville Medicine & Pediatrics	<p>828-651-0121 www.ashevillemedpeds.com</p> <p>Dr. Joshua Bernstein, Dr. Victoria Morehouse, Dr. Bubb</p>	<p>Offers both Internal Medicine and Pediatric services with extended hours most days of the week. Located in Arden. <i>Accepts Medicaid.</i></p>	<p>Located in Buncombe County</p>
Asheville Pediatric Associates	 <p>828-254-5326 www.ashevillepediatrics.com</p> <p>Dr. Calvin Tomkins, Dr. Denna Page, Dr. Eleanor Martin, Dr. Leigh Dodson, Dr. Wesley Garbee, Dr. Leimena, Dr. Sarah Cohen, Ellie McCormec PA-C, Tania Kriegler FNP-BC</p>	<p>All doctors are Board Certified and specialize in diseases of children from birth through age 21 years. Office is open Mon. through Fri. evening to be available for your child. Located in Asheville. <i>Accepts Medicaid.</i></p>	<p>Located in Buncombe County</p>
Blue Sky Pediatrics	 <p>828-687-8709 www.blueskypediatrics.com</p> <p>Dr. Harald Kowa, Dr. Peggy O'Hara</p>	<p>Offers regular appointments as well as same-day sick visits, early morning walk-in visits, weekend urgent care and 24-hour nurse services via phone. Located in Asheville. <i>Accepts Medicaid.</i></p>	<p>Located in Buncombe County</p>
French Broad Pediatrics	 <p>828-348-8232 www.frenchbroadpeds.com</p> <p>Dr. John Templeton, Dr. Lauren Carlisle</p>	<p>Practices comprehensive medicine for all children, newborns through the teenage years.</p>	<p>Located in Buncombe County</p>



Hendersonville Pediatrics	 <p>828-693-3296 Hendersonville Office 828-884-3440 Brevard Office www.hendersonvillepediatrics.com Dr. Anne Smith, Dr. Derek Moss, Dr. Katherine Swain In the Brevard office are Dr. Ora Wells, Dr. Anne Farash and Dr. Veresa Myers</p>	<p>Offers services in both Hendersonville and Brevard, including regular services, sick child weekend appointments and 24-hour nurse triage/on call. Located in Hendersonville and Brevard. <i>Accepts Medicaid.</i></p>	<p>Located in Henderson and Transylvania County</p>
<p>Mission Children's Clinic Reuter Outpatient Center</p>	<p>828-213-1740</p>	<p>Provides full outpatient care services for children. Specialists are housed within the same facility, allowing for a simple referral process. Located in Asheville. <i>Accepts Medicaid.</i></p>	<p>Located in Buncombe County</p>
Mountain Area Pediatric Associates	<p>828-254-4337 www.mountainareapediatrics.com Dr. Terry Childers, Dr. Carol Long, Dr. Mark Jackson, Dr. Karen Walter, Dr. Brian O'Donnell, Dr. Meg Goodwin,</p>	<p>Offers well-child services as well as services for last minute illnesses. Acute care appointments are available outside of regular business hours. Located in Asheville. <i>Accepts Medicaid.</i></p>	<p>Located in Buncombe County</p>
Park Ridge Pediatrics	<p>828-684-8501 www.parkridgehealth.org/physicians-and-services/our-services/pediatrics Dr. Charlotte Riddle, Dr. Mary Uritis, Dr. Teresa Herbert</p>	<p>Employs two pediatric hospitalists who work exclusively in the Park Ridge Health facility to provide full-time pediatric care for newborns at delivery and during their stay after birth in our Baby Place. Located in Hendersonville. <i>Accepts Medicaid.</i></p>	<p>Located in Henderson County</p>
Rainbow Pediatrics	 <p>828-698-8135 www.rainbowpediatrics.net Dr. Horwitz, Dr. Thomas, Dr. Radecki, Nancy Witcher, PNP</p>	<p>Offers regular hours as well as after-hours, Saturday morning & Sunday afternoon sick child appointments. Located in Hendersonville. <i>Accepts Medicaid.</i></p>	<p>Located in Henderson County</p>
Rutherford Children's Care	<p>828-287-9325 http://www.myutherfordregional.com/services/family-care/rutherford-childrens-care-pediatrics Dr. Jerald DeLaGarza, Dr. Cynthia Panowicz, Anglea Welch, PA, Savanna Yount PA</p>	<p>Provides a full range of pediatric services.</p>	<p>Located in Rutherford County</p>

Rutherford Pediatrics	828-286-9049 Rutherfordton 828-245-4061 Forest City my.rutherfordregional.com Dr. Gregory Goode, Dr. Anita Powell, Janet M. Hughes, FNP	Services include: well-child and health supervision; sports, school and camp physicals; and treatment for acute and chronic illness.	Located in Rutherford County
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Pediatric Transplant Centers / NC			
Duke Transplant Services	919-351-8291 www.dukehealth.org/services/pediatric_bone_marrow_transplant/about	Offers family-centered, compassionate, expert treatment for children with recurrent cancers, rare genetic diseases, congenital immunodeficiency syndromes, hemoglobinopathies, and blood disorders. Located in Durham.	Statewide
Levine Children's Hospital	704-381-2000 carolinashealthcare.org	Pediatric transplant services include blood and marrow transplant, heart transplantation, kidney transplantation and liver transplantation. Located in Charlotte.	Statewide
UNC Comprehensive Pediatric Transplant Center	984-974-1000 www.ncchildrenshospital.org/ourservices/transplant	Offers a full spectrum of transplant programs that service both adult and pediatric patients. The programs perform procedures for the transplantation of heart, heart-lung, lung, liver, kidney, pancreas, and bone marrow and stem cells. Located in Chapel Hill.	Statewide



Physical Therapy			
Asheville Physical Therapy	 828-277-7547 www.ashevillephysicaltherapy.com	Specialize in balance disorders, fall prevention, sports performance, and top notch orthopedic physical therapy.	Located in Buncombe County
Blue Ridge Regional Hospital Physical Therapy	828-765-7901 Mitchell County 828-682-6720 Yancey County www.missionhealth.org	Equipped to treat pain, improve strength and maximize mobility through structured exercise and a wide range of therapeutic treatments. Licensed physical therapists develop a personalized treatment plan and then work with you to meet your goals.	Mitchell Yancey
Carolina Pediatric Therapy	 828-670-8056 www.carolinapeds.com	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists providing services to children with developmental and neurological disabilities. <i>Accepts Medicaid.</i>	Located in Buncombe County

Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford www.bearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Transylvania
Dalton Pediatric Therapy	828-694-4720 daltonpediatrictherapy@hotmail.com	Provides physical therapy for children 0-21 years old. Accepts Medicaid.	Located in Transylvania County
Olson Huff Center Therapies	828-213-1780 http://www.missionchildrens.org/behavioraldevelopmental.php	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Located in Buncombe County
Perfect Balance Physical Therapy	828-785-4700 Buncombe 828-966-9036 Transylvania www.perfectbalancept.com	Work with children can be either in-clinic or in-home - depending on particular needs. Common conditions we treat: developmental delays, cerebral palsy, autism, ADD, ADHD, torticollis, and orthopedic and sports injuries.	Located in Buncombe & Transylvania
PRO Physical Therapy, Health & Fitness	828-894-0277 Polk County 828-287-0999 Rutherford County www.prophysicaltherapyonline.com	Your therapist works closely with you, your physician and other members of your healthcare team to achieve the best possible outcome. Your therapist will give you a thorough evaluation and, based on these findings, give you a comprehensive program will be developed to meet your goals.	Polk Rutherford
Rehabilitation Services - Transylvania Regional Hospital (part of Mission)	828-883-4967 www.mission-health.org/transylvania	Services offered include: work-related rehabilitation; sports/orthopedic injury therapy; lymphedema therapy using the Vodder method of combined decongestive therapy, manual lymph drainage, and speech/language therapies for both adults and children.	Located in Transylvania County
St. Luke's Hospital Rehabilitation Center	828-894-8419 www.saintlukeshospital.com/getpage.php?name=rehab-therapy&sub=Services	Staff provides one-on-one care, identifies rehab needs and actively assists our patients in reaching their maximum level of function. Services are provided in a pleasant, friendly environment that respects the needs of each client as an individual.	Located in Polk County
Shepard, Robin L., MSPT	828-606-6683	Offers rehabilitation, occupational and physical therapy.	Located in Henderson County
Skyland Physical Therapy	 828-277-5763 www.skylandpt.com	Offers therapy in the clinic, in home, or in daycare.	Located in Buncombe County



Prescription Assistance			
Community Pharmacy - The Free Clinic	828-697-8422 www.thefreeclinics.org/programs/pharmaceutical-programs/community-pharmacy	Pharmacy stocks a variety of generic medications, as well as some name-brand medications. Brand-name medications tend to focus upon the specific health needs of uninsured persons, especially diabetic medications and supplies, mental health medications, and medications for asthma or other breathing problems. Must meet income guidelines to qualify for free prescriptions.	Henderson
Medication Access and Review Program (MARF)	go to www.ncdhs.gov/orhcc/services/marp.htm (view map on site for locations)	Helps poor, elderly, or uninsured people with their prescription drugs by matching free or low-cost drugs with patients who need them.	Statewide
NC MedAssist	704-536-1790 www.medassist.org	Residents of North Carolina can qualify for services if they are at or below 200% of the Federal Poverty Level and are without insurance coverage.	Statewide
North Carolina Drug Card	 www.northcarolinadrugcard.com	Will provide you with Rx medication savings of up to 75% at more than 56,000 pharmacies across the country including CVS/pharmacy, Kmart, Wal-Mart, Harris Teeter, Ingles, Kerr, Walgreens, BI-LO, Target, Wal-Mart, and many more.	Statewide
Partnership for Prescription Assistance - North Carolina	 www.nc.pparx.org	Brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients without prescription drug coverage get free or low-cost medicines through the public or private program that's right for them.	National
RxAssist	www.rxassist.org/patients/	Search database to find current application forms and information on patient assistance programs.	National
Psychiatrists			
Peggy Bintz	Private Practice (828) 490-4031	She is a Psychiatry Nurse specializing in adolescents and adults. Accepts most insurances and Medicaid only for children age 14 and older.	Located in Henderson County
Insights Psychiatric Resources	828-287-3928 www.myrutherfordregional.com	Provides psychiatric evaluation and treatment resources for children, adolescents and adults. Board certified in Psychiatry.	Located in Rutherford County
James Lee	Family Preservation 225-3100	Board certified in Psychiatry. Accepts Medicaid	Located in Buncombe Co.
Pamela Lowe at NC Brookhaven	676-1657	Provides behavioral health services and accepts Medicaid.	Located in Henderson





Payton, James B., MD	828-255-9228 ashevillepsychiatrist.squarespace.com/home	Board certified in Child and Adolescent Psychiatry. Does not accept Medicaid.	Located in Buncombe County
Pisgah Institute	828-254-9494 www.pisgahinstitute.com	Pisgah Institute employs a number of practitioners that are Board certified in Psychiatry with a specialty in Child Psychiatry. They do not accept Medicaid.	Located in Buncombe County
Rutherford Psychiatric & Counseling Services	828-248-1373	Provides general psychiatric and counseling services.	Located in Rutherford County
Psychologists			
Coffey, Jerry, PhD - Sylva Clinical	828-586-5555 www.sylvaclinical.com	Specializes in psychological evaluation, counseling and psychotherapy.	Located in Buncombe County
Cognitive-Behavioral Therapy Center of Western North Carolina	828-350-1177 www.behaviortherapist.com	Provides outpatient cognitive-behavioral therapy and other evidence-based treatments for emotional disorders.	Located in Buncombe County
Grandis Evaluation Center	828-299-7451 www.gectesting.com	Provides comprehensive Behavioral Health Assessments, Developmental Assessments and treatment/service recommendations for people of all ages.	Located in Buncombe County
Hanna, Bob, PhD	828-768-1827 www.bobhannaphd.com	Offers private counseling.	Located in Buncombe County
Point the Way Health Consultants	828-696-3531 www.ptwhc.com	Provides individual, couples, and family therapy. Works with children (as young as age three), adolescents, and adults. Welcomes all individuals who are interested in healing and personal growth, regardless of age, religion, sexual orientation, or socioeconomic status	Located in Henderson County
Wilson, Linda S., PhD, RPT/S	828-564-1297	Provides psychotherapy, play therapy, neurofeedback and other therapy services.	Located in Buncombe County
Pulmonologists			
Bacot, Bruce, MD <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatric Pulmonology.	Located in Buncombe County
NorthEast Pediatric Pulmonology - Jeff Gordon Children's Hospital / Levine Children's Hospital	704-403-3000 www.jeffgordonchildrenshospital.org/services/pediatric-pulmonology-outpatient.cfm	Provides comprehensive services and therapies to children and adolescents with disorders of the respiratory system, including the lungs. We offer state-of-the-art clinical services and the latest breakthroughs in treatment.	Statewide - located in Charlotte










UNC Division of Pediatric Pulmonology at NC Children's Hospital	919-966-1055 www.uncchildrens.org	Emphasis on children with asthma, wheezing, chronic cough, chronic lung disease of prematurity and other unusual lung diseases.	Statewide - located in Raleigh
Recreation			
Programs listed are organized specifically for children with special needs. We encourage readers to always look for other programs within the community that address individual family needs and interests.			
ACCESS North Carolina	www.nc.gov/services.access-northcarolina	Useful for planning vacations, weekend getaways, visits to local sites, school field trips, conferences, relocation, health and wellness activities or any type of trip. In addition to benefitting people with disabilities, the information in ACCESS North Carolina can also benefit people who are aging and parents with child and infant strollers.	Statewide
All Star Strikers Special Needs Cheerleading Teams - Viper Cheer	 828-231-7279 (Alice)	A great way for young athletes to learn new skills while building teamwork, goal-setting, sportsmanship, and numerous other social skills while making lifelong friendships. Teams are open for ages 5-11 and 12-18.	Located in Buncombe County
Swim Angelfish	203-545-0024 www.swimangelfish.com	Help children with a variety of special needs, sensory issues, and motor coordination difficulties reach their full potential through fun and challenging aquatic therapy sessions. Classes are taught at the Reuter Family YMCA.	Located in Buncombe County
Asheville Parks, Recreation & Cultural Arts - Therapeutic Programs	 828-259-5483 www.ashevilenc.gov/Departments/ParksRecreation/Recreation/TherapeuticPrograms.aspx	Offers recreation and educational programs to people requiring specialized services due to developmental and/or physical disabilities, enabling them to develop new recreational skills and maintain existing ones to enhance health, independence and well-being.	Located in Buncombe County
Buncombe County Recreation Services Special Olympics	828-250-4265 buncombecounty.org/parks	Provide year round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities.	Buncombe
Carolina Miracle League	864-579-1805 www.carolinamiracleleague.org	Provides organized baseball for children and young adults with disabilities in Spartanburg and surrounding counties (Polk and Rutherford in NC).	Polk Rutherford
Community Fishing Program - NC Wildlife Resources Commission	919-707-0220 www.ncwildlife.org	The Tackle Loaner Program operates just like a library. Anglers of all ages register at participating parks to receive a tackle loaner ID card, which allows them to check out a rod and reel. Anglers under 18 years of age must have a parent or guardian complete the registration form. After returning the loaner rods and reels to the park office, first-time participants under 16 years of age will receive a free mini-tackle box containing hooks, bobbers, sinkers, and a stringer. Tackle loaner ID cards can be used at other participating sites in North Carolina, but rods and reels must be returned to the original loaner site. Sites in Buncombe and Polk counties. Call for more information.	Statewide


Cradle of Forestry Adventure Zone	828-877-3130 www.cradleofforestry.com/site/things-to-do/the-adventure-zone/	The Zone is a collective of hands-on activities (indoor and outdoors) that were designed to help children and adults with autism become active in the outdoors and gain a better understanding about the natural world. The Adventure Zone activities were created to be exciting for everyone! The maps and schedules we've added were designed to make these fun activities accessible for people on the autism spectrum, but the Zone is open to anyone who is interested in experiencing fun in the great outdoors.	Located in Transylvania County
Dragonfly Forest	828-458-0313 www.dragonflyforest.org	After-school recreation clubs designed to be accessible for kids with autism.	Located in Buncombe County
Forest City Department of Parks and Recreation	828-248-5220 www.townofforestcity.com	Offers a variety of programs and services suited to all ages and ability levels.	Rutherford
Holmes Educational State Forest	828-692-0100 http://www.ncesf.org/hesf/home.htm	One of 7 Educational State Forest operated by the NC Division of Forest Resources. Forest staff conducts classes with individuals with disabilities and students regularly and tries its best to provide them with an enjoyable, educational, outdoor experience.	Located in Henderson County
Hope Academy Basketball	828-329-9978 http://www.hopeacademyhendersonville.org#hopesports/cslr	Once a year, from 3:00 to 5:00PM. Meets at Hendersonville Christian School gyn. Will practice, then play. Wheelchairs are welcomed.	Located in Henderson County
Hope Elite Shooting Stars	828-606-4969 Paige Allen hopeelitecheerleading@gamil.com	Competitive and recreational cheerleading for athletes of all ages and ability levels. Offers exercise, teambuliding, and sportsmanship, as well as multiple competitive opportunities throughout the season.	Hendersonville
KidSenses Children's Museum	 828-286-2120 www.kidsenses.org	Offers visitors a wide array of fun, educational, and interactive programs and activities. Our kid-friendly exhibits offer children hours of play and exploration, in a safe and nurturing environment.	Located in Rutherford County
Kiwanis Aktion Club	828-354-0371	Aktion Club, a service club for adults with disabilities, is an opportunity for members to feel the connection and pride of giving back to their community. Projects include sorting food at Manna Food Bank, and collecting clothing for needy families.	Located in Buncombe County
Little Gym	 667-9588 littlegym.com	Trained instructors nurture happy, confident kids through a range of programs including parent/child classes, gymnastics, karate, dance and sports skills development, plus enjoyable extras like camps, Parent Survival Nights and Birthday Bashes.	Located in Buncombe County
Mitchell County Recreation	828-688-5901 www.mitchellcounty.org/departments/recreation.html	Offers a variety of programs and services. Call for more information.	Mitchell

Mountain Bowlers	Dylan King 828-775-0389 or Russ Story 828-242-1825	Coordinated a Bowling team and other social events for youth with special needs.	Henderson
Polk County Recreation	828-894-8199 www.polknc.org/recreation/	Provides and maintains optimum recreational opportunities for the citizens of Polk County through its parks, facilities and programs.	Polk
Rutherford County Recreation, Culture & Heritage	828-287-6300 rutherfordcountync.gov/recreation	Provides a variety of resources and services. To view local area events, visit www.rutherfordevents.com .	Rutherford
Special Olympics - Buncombe County	Local Program Coordinator: Josh O'Conner buncombe@sonc.net www.sonc.net/buncombe	Sponsored by Buncombe County Parks, Greenway & Recreation and serves nearly 480 children and adults with intellectual disabilities throughout the county. Training and competitive programs are offered in 8 sports.	Buncombe
Special Olympics - Henderson County	Local Program Coordinator: Becca Martin:828-351-4222 Natalie Stiles: 606-4600 www.sonc.net/henderson	Training and competitive programs are offered in 6 sports.	Henderson
Special Olympics - Madison County	Local Program Coordinator: Sharon Cupstick madison@sonc.net www.sonc.net/madison	Training and competitive programs are offered in 2 sports.	Madison
Special Olympics - Mitchell County	Local Program Coordinator: Sarah Hobart 828-688-2141 (w) www.sonc.net/mitchell	Training and competitive programs are offered in 12 sports.	Mitchell
Special Olympics - Transylvania County	Local Program Coordinator: Emily Lowery 384-9018 www.sonc.net/transylvania	Training and competitive programs are offered in 6 sports.	Transylvania
Special Olympics - Yancey County	yancey@sonc.net www.sonc.net/yancey	Training and competitive programs are offered in 14 sports.	Yancey

<p>Surfers for Autism</p>	<p> www.surfersforautism.org</p>	<p>Autism/Asperger's awareness event each Summer on the Outer Banks of NC while providing children with an opportunity to surf. Each child is provided two surfers and a skilled therapist or teacher who are well educated on the special needs of our children with Autism. Together, they are paired up with children who have autism/Asperger's of all ages and introduce them to paddling and surfing.</p>	<p>Statewide</p>
<p>TOPSoccer Program - Asheville Buncombe Youth Soccer Association</p>	<p>828-299-7277, ext. 305 abysa.org/recreation/program-descriptions/topsoccer-program</p>	<p>A community-based soccer program for young athletes with special needs. The emphasis of this program is on development, training, and meaningful participation rather than on competition. Program runs in the spring with applications taken at the beginning of each year.</p>	<p>Located in Buncombe County</p>
<p>Yancey County Parks and Recreation</p>	<p>828-682-6381 www.yanceycountync.gov/parks-and-recreation</p>	<p>Strives to develop, conserve and maintain a system of parks, recreation facilities and open areas for the enjoyment of everybody. In addition, the Department provides an array of adult league sports activities.</p>	<p>Yancey</p>
<p>YMCA - YMCA of Western North Carolina</p>	<p> 828-210-9622 Asheville YMCA 828-659-9622 Corpening Memorial 828-697-9622 Hendersonville Family YMCA 828-651-9622 Reuter Family YMCA 828-505-3990 Woodfin YMCA www.ymcawnc.org</p>	<p>Offers a variety of programs and services suited to all ages and ability levels.</p>	<p>Located in Buncombe & Henderson counties</p>
<p>Youth Empowerment</p>	<p>828-288-1021 www.youthempowermentinc.org</p>	<p>POWER Center after school programming provides guided personal growth by matching youth with activities that foster self esteem & personal development. Karate, art, music, dance, tutoring & skill building are incorporated to steer youth 10-17 away from risky behavior. Game rooms, computer lab and a fitness center complete the experience. The Sunscape summer program provides healthy recreational activities & service learning opportunities for youth during the summer months.</p>	<p>Rutherford</p>
<p>Respite / Childcare</p> <p>For specific information about respite services funded by Medicaid, please contact your Smoky Mtn. Center.</p>			
<p>ARCH National Respite Locator</p>	<p>archrespite.org/respitelocator 919-490-5577</p>	<p>Helps parents, family caregivers, and professionals find respite services in their state and local area to match their specific needs.</p>	<p>National</p>

Arc of Buncombe County	 828-253-1255 www.arcofbuncombecounty.org	Exists to empower persons with mental retardation & other developmental disabilities and their families to realize their highest potential through advocacy, education, and development of programs. Offers stipends to be used towards respite care.	Located in Buncombe County
Child Care Resource and Referral (CCR&R)	828-407-2066 Buncombe 828-698-0674 Henderson & Transylvania 828-689-1528 Madison 828-765-5130 Mitchell 828-354-0116 Polk & Rutherford 828-682-0717 Yancey	Provides referrals to local child care providers, information on state licensing requirements, availability of child care subsidies as well as other information concerning child care services.	Buncombe Henderson Madison Transylvania
Family Place of Transylvania County	 828-883-4857	Children are cared for by Early Childhood staff and/or Co-op parents. Parents/grandparents earn childcare hours by working at the Family Place providing childcare. This is an hour –for –hour exchange. Day/evening times are offered. Continuing education at the center is required.	Transylvania
First Shine Parent Respite	252-4781 www.fbca.net	First Baptist Church offers respite care for special needs children in grades K-8 and their siblings. These sessions will be held on the 2nd Wednesday of the month. Please call to register and for more information.	
Project Respite Scholarship Program - Caring for Children, Inc.	 828-785-1590 www.caring4children.org/programs/respite/	Awards scholarships to be used towards respite care services.	Buncombe
Respite Resources for Family Caregivers NC Respite Care Coalition	http://www.northcarolinarespitecarecoalition.org 919-855-3413	Provides a listing of resources throughout the state and within different regions that may be a resource regarding respite care.	Statewide
Schools, School Districts & Exceptional Children's Departments			
Altapass Christian School	828-765-0660 http://www.altapassbaptistchurch.org/altapass-christian-school.html	Provides Biblically-based instruction in a God-centered environment of absolutes and love.	Mitchell
Artspace Charter School	 828-298-2787 www.artspacecharter.org	A tuition-free public school offering a creative, arts-integrated approach to a complete education for students from grades K-8.	Buncombe
Asheville - Pisgah Christian School	828-667-3255 www.ashevillepisgah.org	Provides Christian education to students from age 4 in preschool through the 8th grade.	Buncombe

Asheville City Schools	 828-350-7000 www.ashevillecityschools.net	Provides special education and related services for eligible children, ages 3 to 21. ACS offers successful services and programs throughout the full continuum and across settings.	Buncombe
Brevard Academy	 828-885-2665 www.brevard.teamcfa.org	A public charter school, charges no tuition, and is open to any child grades K-8 eligible for the public school systems of North Carolina and the immediately adjacent areas of South Carolina.	Transylvania
City of Asheville Youth Leadership Academy	 828-271-6116 www.ashevilenc.gov/Departments/HumanResources/YouthLeadershipAcademy.aspx	College preparatory program designed to equip students with skills, knowledge, and character to succeed in high schools, colleges and other endeavors.	Buncombe
Emmanuel Lutheran School	 828-281-8182 www.emmanuelutheranschool.org	Emmanuel Lutheran School provides an academically challenging, Christ-centered education in a caring environment. Serves grades k-8.	Buncombe
Evergreen Community Charter School	 828-298-2173 www.evergreencss.org	A K through eighth-grade public charter school employing the Expeditionary Learning School (ELS) design model. Originated from Outward Bound and strives to develop both the character and the intellect of students	Buncombe
Francine Delany New School for Children	 828-236-9441 www.fdnsc.net	challenges students to develop critical thinking skills as they meet academic goals while developing self-respect & respect for others. Averages 16 students per class. Integrate arts into classrooms, so that students can demonstrate learning in ways other than pencil-and-paper.	Buncombe
Grotto School St. Gerard House	 828-693-4223 www.stgerardhouse.org	An education center currently serving students who have been diagnosed with autism. Students range in age from two and a half to six years, and are taught by therapists in a one-on-one and small group environment.	Henderson
Hanger Hall: A School for Girls	 828-258-3600 www.hangerhall.org	Provides girls a middle school education in an inclusive & supportive environment that promotes a sense of belonging, creativity, self-confidence, personal motivation & a desire for knowledge. In partnership with parents, encourages girls to develop the living & learning skills necessary to succeed in life & to contribute to the betterment of the world.	Buncombe
Heritage Hall International School	828-989-9465 www.heritagehallschool.org	Located in Hendersonville, North Carolina and serves students from Kindergarten through grade 12. Offers a low parent-to-teacher ratio.	Henderson
Jordan Lake School of the Arts	 919-387-9440 www.jordanlakesa.com	Serves all types of students but specialize in inclusion of the gifted, out of the box thinkers, and those on the autism spectrum. Located in Apex, NC.	Statewide
Lake Lure Classical Academy	828-625-9292 llca.teamcfa.school	Tuition-free public charter school open to all North Carolina students.	Rutherford
Mountain Community School	828-696-8480 www.themountaincommunityschool.com	K-8 charter school with an experiential and hands on approach which will invite, encourage, and supplement the achievement of academic excellence.	Henderson

Public Schools' Exceptional Children Program	828-350-6128 Asheville City 828-255-5971 Buncombe 828-697-4566 Henderson 828-649-9276 x244 Madison 828-766-2233 Mitchell 828-894-3051 Polk 828-245-0252 Rutherford 828-884-6173 Transylvania 828-682-6101 ext 315 Yancey		Ensures that all children with disabilities, ages 3 through 21, have available a free appropriate public education that emphasizes special education & related services designed to meet their unique needs & prepares them for further education, employment, and independent living.	Buncombe Henderson Madison Transylvania
Thomas Jefferson Classical Academy	828-657-9998 Middle / High School 245-9526 Grammar School tjca.teamcfa.org	828-	Partners with families to educate students in grades K-12 in the trivium of grammar, logic, and rhetoric, thus graduating thoughtful, articulate young adults who are prepared for college and for a lifetime of citizenship and active intellectual inquiry.	Rutherford
Tri-County Christian School	828-765-2969 tricountyschool.org		A small, not-for-profit K-12 institution with a large heart for the children of the area. Teachers and staff excel among those in academia and give personal hands-on attention to each child as they are guided through their courses, but with emphasis on Christ-like attributes.	Mitchell Yancey
Trinity Christian School	828-286-3900 trinityschoolnc.com		Provides an atmosphere of academic excellence within a Christian, Interdenominational, and family centered framework.	Rutherford
Veritas Christian Academy	828-681-0546 www.veritasnc.org		College preparatory school that serves students in Pre-Kindergarten through twelfth grade. Has a School Within A School Support System, a highly successful program to support students who have learning differences, dyslexia, or high functioning autism.	Buncombe Henderson
Yancey County Christian School	 828-682-5034		Grades K-12, located near Burnsville.	Yancey

Service Providers - Child Mental Health




Some services, including residential services, may require pre-authorization from Smoky Mountain Center. If you are seeking services, please contact them at 888-757-5726 for a referral to the service that best meets your needs.




To locate providers in the following categories, please go to smokymountaincenter.com/ProvSearch/ and complete a search:




Assessment, Child Respite, Day Treatment, Family Therapy, Group Therapy, Individual Therapy, Intensive In-Home Service, Level II Residential, Level III Residential, Multisystemic Therapy, Psychiatric Residential Treatment Facility, Psychiatric Services, and Psychological Testing



Service Providers - Developmental Disabilities




Some services, including residential services, may require pre-authorization from Smoky Mountain Center. If you are seeking services, please contact them at 888-757-5726 for a referral to the service that best meets your needs.


<p>To locate providers in the following categories, please go to smokymountaincenter.com/ProvSearch/ and complete a search: <i>Assessment, DD Respite, Developmental Therapy, Facility Based Crisis, Family Therapy, Group Therapy, Individual Therapy, MR/MI Supports, Personal Care, Psychiatric Services, Psychological Testing, Targeted Case Management and Vocational Services.</i></p>			
A New Hope Home Care	828-255-4446 www.anewhopehomecare.com	home health care agency serving all ages	Buncombe Co.
Hope Academy	828-329-9978	Day support program for individuals with developmental disabilities; private pay	Henderson Co.
Spanish Speaking Resources			
Autism Society of North Carolina	Mariela Maldonado mmaldonado@autismsociety-nc.org 919-865-5066 or 800-442-2762	Offers assistance and resources to families that have a child with autism	Statewide
Centro Comunitario Hispano Americano	828-883-2900	Provides information and referrals for Latinos in Transylvania County and helps build Latino leadership.	Located in Transylvania County
Nuestro Centro	 828-273-6823 nuestrocentro.weebly.com	Offers a space for the Latino Community to come together to share skills, learn, receive necessary services/information, and to promote equity and understanding between the communities of Buncombe County.	Located in Buncombe County
Special Needs Registries			
Special Needs Registry - Buncombe County	828-250-6620 www.buncombecounty.org/common/emergency/SpecialNeedsRegistry.pdf	Provides vital information to emergency responders in the event of a 9-1-1 call and/or during a widespread disaster. Completion of this form in no way guarantees that the registered individual will receive immediate or preferential treatment in a disaster.	Buncombe
Special Needs Registry <i>Henderson County Emergency Management</i>	828-697-4808	Gives local emergency planners vital information about individuals who may need assistance in the event of a disaster and the type of assistance and equipment that might be needed.	Henderson
Speech Therapy			
Asheville Speech Associates	 828-285-8814 www.ashevillespeech.com	Speech and language pathologists providing outpatient services for pediatric and adult clients in our office, their homes, or day care centers. <i>Accepts Medicaid.</i>	Located in Buncombe & Henderson Counties
Beyond Words Pediatric Speech Therapy	828-287-1001 www.beyond-words.info	Provides speech, language and social communication services to children in need, including diagnostic and therapy services.	Located in Rutherford County
Carolina Pediatric Therapy	 828-670-8056 www.carolinaped.com	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists providing services to children with developmental and neurological disabilities. <i>Accepts Medicaid.</i>	Located in Buncombe County

Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.bearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Transylvania
Hamrick, Mara C., M.Ed., CCC-SLP	 828-286-4841	Serves children and adolescences with a variety of communication problems, including developmental speech delay, developmental language delay, receptive/expressive language disorder, apraxia, auditory processing disorder, cleft palate, cerebral palsy, autism spectrum disorder, asperger's syndrome, fluency disorders, hearing loss.	Located in Rutherford County
Asheville Speech	 828-285-8814 www.Ashevillespeech.com	Works with children and teens with communication disorders and/or social challenges. Speech therapists using evidence based practices to improve the social and communication skills of people who have autism and other related disabilities.	Located in Buncombe County
Olson Huff Center Therapies	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral/pediatric-rehabilitation-huff-center-therapies	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Located in Buncombe County
Seraphim Children's Therapy	828-423-4090 seraphimchildrenstherapy.vpweb.com/default.html	Provides children with speech, language and swallowing therapy by a certified Speech-Language Pathologist. We also provide Community Based Rehabilitative Services (CBRS). CBRS is developmental intervention uniquely designed to enhance cognitive, physical, behavioral, self-help, social-emotional, and language skills.	Located in Buncombe County
Small Steps in Speech Grant Program	 888-577-3256 www.smallstepsinspeech.org	Grants are awarded to individuals from birth up to the age of 22 years. The services/treatments requested cannot be received before the grant is awarded. The application must request a specific need in regards to a communication delay/disorder.	National
Speech and Communication Center of Asheville	828-687-9559	Provides Speech Therapy services in/near Henderson County.	Located in Henderson County
Sterling Therapy	828-367-7044 www.sterlingtherapync.com	Focuses on serving children and families in the natural environment. Families are provided comfort knowing their children are working on developmental speech and language goals. This is done by working directly with children and modeling treatment strategies for caretakers. Families receive an improved quality of life as their children make gains with familial and social relationships.	Located in Buncombe County


Transylvania Regional Hospital	828-883-4967 mission-health.org	Services offered include: work-related rehabilitation; sports/orthopedic injury therapy; lymphedema therapy using the Vodder method of combined decongestive therapy, manual lymph drainage, and speech/language therapies for both adults and children.	Located in Transylvania County
Spiritual Programs for People with Disabilities			
Avery's Creek United Methodist Church Special Needs Children's Service	828-684-8126 www.acumc.org	Meets the third Sunday of each month at 6:00PM. Includes a fellowship dinner along with the service. Call for more information.	Meets in Buncombe County
Developing a Disability Ministry	www.joniandfriends.org/media/uploads/downloads/church_relations_process_map_rev.pdf	Provides structure and key ideas related to beginning a Disability Ministry within your church.	National
Disability Resource Manual: A Practical Guide for Churches and Church Leaders	www.disabilitiesandfaith.org/resources/guidebooks/Disability-Manual-Churches.pdf	Includes definitions of different disabilities, suggestions for relating to that person, and accommodations that can be made within the church. It also provides information for starting a disability ministry, providing care, the theology of disability and the spirituality of disability.	Statewide
Family Support Network™ of WNC	828-213-0047 828-213-9740 http://www.missionchildrens.org/family-support-network.php	Offers materials in the lending library that can help churches assess their ability to be more inclusive of people with special needs.	Buncombe Henderson Madison Transylvania
Statewide Resources			
Arc of North Carolina	 19-782-4632 800-662-8706 www.arcnc.org	A membership organization that advocates for people with intellectual and developmental disabilities (I/DD) and their families.	Statewide
Autism Society of North Carolina	 800-442-2762 www.autismsociety-nc.org	Raises awareness about the needs and strengths of individuals with ASD; learns realistic, practical solutions for autism-related concerns ; has a place where they feel welcome, accepted and understood.	Statewide
Brain Injury Association of NC	 19-833-9634 800-377-1464 www.bianc.net	Offers resources, links and information for those who have suffered a traumatic brain injury.	Statewide
Care Coordination for Children - (CC4C)	www.ncdhhs.gov/dma/medicaid/csc.htm	Can help with finding medical care, transportation, childcare and /or financial aid. Can also provide you with information about a wide variety of family oriented resources.	Statewide
Carolina Children's Communicative Disorders Program	919-419-1449 www.med.unc.edu/earandhearing	Provides funding for hearing devices for children who are deaf and hard of hearing, whose families do not qualify for other public programs, and who do not have adequate income to obtain devices that are not covered by insurance.	Statewide


Children with Special Needs Helpline	800-737-3028 www.ncdhhs.gov	Provides a variety of information, including: information and application materials for Health Check and NC Health Choice; referrals to state and local resources for children with special health care needs; problem-solving for families enrolled in Health Check or NC Health Choice; Referrals for families with unmet needs.	Statewide
Children's Developmental Services Agency (CDSA)	Buncombe, Henderson, Madison & Transylvania: 828-251-6091 Mitchell/Yancey : 828-265-5391 Polk/Rutherford: 704-480-5440 www.bearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Statewide
Department of Social Services (DSS)	Buncombe - 828-250-5500 Henderson-828-697-5500 Madison/Marshall-828-649-2711 Mitchell County - 828-688-2175 Polk County - 828-894-2100 Rutherford - 828-287-6165 Transylvania / Brevard-828-884-3174 Yancey - 828-682-5397	Provide citizens resources and services to maximize their well-being and self-determination. committed to providing Buncombe's diverse population with effective services in a timely and respectful manner.	Statewide
DisABILITY Rights North Carolina	 919-856-2195 877-235-4210 www.disabilityrightsn.org	Disability Rights North Carolina helps people across North Carolina gain access to services and opportunity through its legally based advocacy.	Statewide
Early Hearing Detection and Intervention Program	919-707-5631 866-431-7434 www.ncnewbornhearing.org	Provides information to parents, hospitals and providers on early detection of hearing loss.	Statewide
Education Services - North Carolina Department of Health and Human Services	www.ncdhhs.gov/divisions/dcdee	Provides quality, comprehensive, developmental and early intervention opportunities for children ages 0-3 with special needs.	Statewide
Exceptional Children Division - NC Department of Instruction	919-807-3969 ec.ncpublicschools.gov	Assures that students with disabilities develop mentally, physically, emotionally, and vocationally through the provision of an appropriate individualized education in the least restrictive environment.	Statewide
Exceptional Children's Assistance Center	 28-255-1972 866-545-5299 www.ecac-parentcenter.org	Provides services and support across NC to parents, families, students, educators and other professionals with a special emphasis on children with disabilities.	Statewide

First in Families	919-251-8368 www.fifnc.org	Helps people with developmental disabilities and their families to create the lives they want now and for the future.	Statewide
Learning Disabilities Association of North Carolina	 www.ldanc.org	LDA provides support to people with learning disabilities, their parents, teachers & other professionals. LDA provides cutting edge information on learning disabilities, practical solutions, & a comprehensive network of resources.	Statewide
Law Help NC	www.LawHelpNC.org	A joint project of Legal Aid of North Carolina, the North Carolina Equal Justice Alliance, North Carolina Bar Association and Probono.net. Our goal is to provide our users with helpful, easy-to-understand legal resources and information in North Carolina.	Statewide
Medicaid	800-662-7030 www.ncdhhs.gov/dma/medicaid/	Medicaid is a health insurance program for low-income individuals and families who cannot afford health care costs. Medicaid serves low-income parents, children, seniors, and people with disabilities.	Statewide
NC Kids Adoption & Foster Care Network (NCDHHS)	877-NCKIDS-1 www.ncdhhs.gov/dss/adopt/index.htm	Helps connect waiting children with families by maintaining a centralized database, offering matching services, providing adoption support services, community outreach, and announcements of trainings and adoption related events.	Statewide
North Carolina Assistive Technology Program	919-855-3500 www.ncdhhs.gov	Offers free services to individuals including device demonstration, device loan, device reutilization and training, as well as providing public awareness via fairs and other community events.	Statewide
North Carolina Association for the Education of Young Children	 919-510-5034 www.ncaeyc.org	Concerned with the development & education of children ages birth through eight. Represent and unify professionals who work directly with, or on behalf of, children 0-8.	Statewide
North Carolina Council on Developmental Disabilities	 800-357-6916 www.nccdd.org	Offers a variety of services to help meet the needs of the states Developmentally Disabilities.	Statewide
North Carolina Deaf-Blind Project	704-549-7557 ec.ncpublicschools.gov/disability-resources/deaf-blind	A branch of the Department of Health and Human Services in NC, offering support and information for families of the deaf-blind.	Statewide
North Carolina Department of Health and Human Services	919-855-4800 www.ncdhhs.gov	Offers information on government services and resources as well as providing fact sheets and other printable materials as well as hotline phone numbers and internet links to services and information.	Statewide
North Carolina Department of Non-Public Education	919-733-4276 www.ncdnpe.org	Monitors non-public school compliance to the laws governing those schools in a professional, objective and uniform manner. Includes homeschools.	Statewide
North Carolina Division of Services for the Blind	919-527-6700 www.ncdhhs.gov/dsb/index.htm	A branch of the Department of Health and Human Services in NC, offering support and information for families of the blind or visually impaired.	Statewide


North Carolina Division of Services for the Deaf and Hard of Hearing	919-874-2245 www.ncdhhs.gov/dsdhh	Advocacy, information, counseling, skills development and tools for Deaf, Hard of Hearing, Deaf-Blind and Speech-Impaired individuals and their families.	Statewide	
North Carolina Division of Vocational Rehabilitation Services	919-855-3500 www.ncdhhs.gov/dvrs/	Provides counseling, training, education, transportation, job placement, assistive technology and other support services. to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.	Statewide	
North Carolina Health Choice for Children	800-662-7030 www.ncdhhs.gov/dma/healthchoice/	Free or reduced price comprehensive health care program for children. If your family makes too much money to qualify for Medicaid but too little to afford rising health insurance premiums, your child(ren) may qualify for NCHC.	Statewide	
North Carolina Pediatric Society	 919-839-1156 www.ncpeds.org	Mission includes the formation of policy to promote the health, safety, and well being of infants, children, adolescents, and young adults in NC.	Statewide	
North Carolina Virtual Public School Program for Home School Students	919-513-8550 ncvps.org	The NC Virtual Public School (NCVPS) now offers certain courses for non-public home school students. Parents should review the Non-Public Education legislation (Chapter 115C –Article 39) to determine eligibility of their students to participate in the NCVPS non-public school program.	Statewide	
Partners in Policymaking (North Carolina)	www.ncdd.org/public-policy	Teaches parents and self-advocates the power of advocacy to change the way people with disabilities are supported, viewed, taught, live and work.	Statewide	
TelAbility	919-843-0427 www.telability.org	Community oriented, interdisciplinary program from the UNC Department of Physical Medicine and Rehabilitation that uses telecommunications to improve the lives of children with disabilities. Also offers resources and information for families of children with special needs.	Statewide	
Telecommunications Relay for individuals who are Deaf, Hard of Hearing or with Speech Impairments	828-665-8735 681-7998	800- fcc.gov	Telecommunications Relay Service (TRS) is a telephone service that allows persons with hearing or speech disabilities to place and receive calls.	Statewide
United Way 2-1-1	Dial 211 www.211wnc.org	Call 2-1-1 any time 24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.	Statewide	

Substance Abuse Treatment / Prevention for Youth




Accordance Psychological Associates	828-287-8890	Provides treatment for children and adults who have mental-health and/or substance-abuse problems.	Located in Rutherford County
Addiction Recovery & Prevention / RHA	 828-254-2700 rhahealthservices.org	Offers professional, compassionate support to individuals and families who are affected by alcohol and drug dependence and/or mental health issues.	Buncombe Henderson Madison Transylvania




Intensive Outpatient Adolescent Substance Abuse Program <i>Copetstone at Mission Hospital</i>	828-213-4055	Offer an Intensive Outpatient Adolescent Substance Abuse Program. This cost-effective, non-residential substance abuse treatment is an eight week intensive program that meets approximately six hours per week <i>Accepts Medicaid</i> .	Buncombe Henderson Madison Transylvania
Mountain Treatment Center	828-255-8655	The primary purpose of our alcohol & drug rehabilitation center programs is to help individuals who are having difficulty with alcohol and/or drug abuse and its related problems. While attending our drug rehabilitation center treatment programs, you will participate in group therapy, alcohol and drug abuse education, and life science training. Counseling is also available for individuals and family members	Located in Buncombe County
October Road	828-350-1000 www.octoberroadinc.net	Offers substance abuse and mental health services to adults and families in Buncombe, Henderson, Madison, Yancey, Mitchell and Avery counties.	Buncombe Henderson Madison Mitchell Yancey
Partnership at Drugfree.org	 855-378-4373 www.drugfree.org	Offers tips and resources concerning drugs, drug use and prevention.	National
Pavillon	828-694-2300 www.pavillon.org	Offers residential treatment, extended care, women's program, young adults' program and more.	Located in Polk County
Substance Abuse & Mental Health Services Administration (SAMHSA)	 877-SAMHSA-7 www.samhsa.gov	It's mission is to reduce the impact of substance abuse and mental illness on America's communities. Offers information and resources to assist families as well as professionals	National
Woodridge Psychological Associates	828-287-7806	Offers mental health and substance abuse services.	Located in Rutherford County

Support Groups

American Cancer Society	 828-254-6931 800-227-2345 www.cancer.org	Offers education, online support as well as information about local support groups and opportunities.	National
Asheville Gluten Intolerance Group	828-274-8532 www.gluten/local-branches/asheville.org	Discusses a variety of topics concerning gluten intolerance. Meetings often included guest speakers. Call or visit website for dates, times and locations of meetings.	Meets in Buncombe County
Asheville Mothers of Multiples	www.ashevillemom.com	A support group for parents of twins and triplets. Meets monthly, usually the 1st Thursday of each month. See the website for location and to obtain a current schedule.	Meets in Buncombe County

Asperger's Adults United	 828-319-1017 http://www.facebook.com/groups/AspergersAdultsUnited	A group for adults with Asperger's who want to meet up for support, friendship and fun activities.	Located in Buncombe County
Autism Society of North Carolina	 Buncombe County 828-236-1547 www.autismsociety-nc.org	Offers an Autism Support Group. Please call for dates, times and locations.	Statewide
Bereavement Support Group - Care Partners	828-251-0126 www.carepartners.org/services_atoz_be.html	Meets at 68 Sweeten Creek Road in Asheville. Please call for dates and times for meetings.	Meets in Buncombe County
WNC Brain Injury Support Network for Teens/Young Adults	Karen Keating 828-277-4868	Meets the 4th Tuesday of each month, from 6:00-7:30pm, at Foster Adventist Church, 374 Hendersonville Rd. in Asheville.	Meets in Buncombe County
Buncombe County Foster Care Association	828-333-2764 www.thebcfca.blogspot.com	Composed of foster parents, adoptive parents, social workers and concerned citizens. Works together with the Department of Social Services in Buncombe, Madison and Haywood Counties to meet the needs of the children in care. Call for more info on meetings.	Buncombe, Madison, Haywood
Buncombe County Family Group - Family Support Network of WNC	828-213-0047 http://www.missionchildrens.org/family-support-network.php	For parents and caregivers of children with special needs. Meets the 1st Tuesday of each month, 5:30 to 7:30pm. Call for more information or to register. This group is open to residents of any county but meets in Buncombe County.	Meets in Buncombe County
Caring for Children with Food Allergies (COCOA)	cocoa_in_asheville@yahoo.com	Offers encouragement to parents raising children with food allergies in the rural and isolated areas of the N.C. Mountains. Intend to raise community awareness of the serious nature of food allergies, create allergy-safe playgroups for children, exchange recipes, and offer camaraderie.	Meets in Buncombe County
Compassionate Friends of Brevard	828-890-8227 828-400-6480 www.tcfofbrevardnc.org/tcf/home.htm	Offers friendship and understanding to bereaved parents. Meetings held the 2nd Monday of each month at 7:00pm at the Lutheran Church of the Good Shepherd, 22 Fisher Rd., Brevard.	Transylvania
Down Syndrome Baby Love group	ashevilledownsyndromebabylove@gmail.com Lacey Theede	offers a parent run support group and opportunities to gather with other parents/families of children with Down Syndrome.	Regional
Ehlers-Danlos (EDS) MCADs, POTS	ASHNCEDS@GMAIL.COM	Meets the 4th Saturday at 10:00 am at the My Mission Plus Care Community Room/Biltmore Park	Regional
Epilepsy Information Service - Wake Forest School of Medicine	336-716-2011	A hotline managed by internationally known epilepsy expert, Patricia Gibson. The hotline handles over 8000 calls per year from both physicians and patients seeking information about the latest treatment options, general epilepsy information and support group.	National

Family Support Network™ - High Country	828-682-4772 866-448-5781 parent2parent.appstate.edu/support-groups	Support Group meetings are held every month in Mitchell and Yancey counties. The topics for the meetings change and may include subjects such as: dealing with problem behaviors, coping with stress or idea sharing.	Mitchell Yancey
F.I.R.S.T Hispanic Family Support group	Theresa 828- 545-4190	Meets 1st and 3rd Monday from 5 to 8:00pm at the West Asheville Community Center- Referrals Only	Buncombe Co.
Four Seasons Hospice	 828-692-6178 www.fourseasonsfcfl.org	Bereavement support groups are facilitated by grief counselors. Each adult support group meets for six sessions. The same group members begin and end on the same dates	Buncombe Henderson Transylvania
Hearing Loss Association of America - Brevard Chapter	kborzell@gmail.com www.nchearingloss.org/brevard.htm	Meeting focuses on hearing loss and how to manage it, strategies that help people with hearing loss and their communication partners to cope, assistive listening and alerting devices, laws and the rights of people with hearing loss. Please call for meeting times and location.	Transylvania
Heart Songs - Four Seasons Hospice	 828-233-0334 www.fourseasonsfcfl.org/what-we-offer/heart-songs-program-for-children	Provides help for children in surviving loss and grief. HEART SONGS is a children's grief support program developed by Four Seasons.	Buncombe Henderson Madison Transylvania
Henderson County Family Group - St. Gerard House	828-693-4223 www.stgerardhouse.org	For parents and other caretakers of children with special needs. Meets the 3rd Monday of each month, 5:30 to 7:30pm. Call 693-4223 for more information or to register.	Meets in Henderson County
Kinship & Conversation <i>The Bair Foundation's Kinship Care Support Group</i>	 828-350-5197	A chance to connect with other kinship caregivers by sharing stories and information, offering support and listening to each other. Meetings include dinner and childcare. Call for more information on dates and times.	Meets in Buncombe County
LIFT (Life in Forward Transition) - Four Seasons Hospice	828-692-6178 www.fourseasonsfcfl.org/what-we-offer/heart-songs-program-for-children/lift/	LIFT offers an experience of shared camaraderie in a nurturing and positive environment for bereaved children, teens and families. Group discussions (separate groups for adults, teens and children) and activities will follow a similar theme each week so that families can learn and practice ways to cope with the devastating loss of a loved one.	Meets in Henderson County
Mended Little Hearts of Asheville	 828-768-4623	A local support group for parents and families of children with heart defects and heart disease. Meets quarterly from 6:00 to 7:30pm at the Mission Reuter Outpatient Clinic at 11 Vanderbilt Park Drive.	Meets in Buncombe County
My Sister's Place	 828-649-2582 line 888-765-3441	crisis A non-profit agency that seeks to end domestic violence and sexual assault by offering direct assistance to victims and inspiring awareness in the community.	Madison

National Alliance on Mental Illness (NAMI)	 cocoa_in_asheville@yahoo.com	Offers several different support groups for those affected by mental health/substance abuse issues or by their caregivers. Call for times and locations. Support groups include: Young Families; Young Families Teen Group; Caregiver Support for children with major Depression, Bipolar Disorder, OCD, Panic Disorder, Schizophrenia, Borderline Personality Disorder & Anxiety.	Located in Buncombe County
P.A.N.D.A.S.	https://www.facebook.com/pandasnetwork/?ref=ts	A national facebook group to support families of children with PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections)	National
Polk County / Foothills Autism Parent and Family Support Group	 www.facebook.com/PCAutismParentSupport/info	A support group for families of a child with a diagnosis of Autism Spectrum Disorder. This meeting is facilitated by the Autism Society of North Carolina. For information on dates, times and locations, please see their Facebook page.	Polk
The Family Place	828-883-4857	Offers various group for parents and grandparents raising grandchildren.	Transylvania County
The Finley Project	Noelle Moore, Executive Director 407-463-7576 noelle.moore@thefinleyproject.org	For the loss of a birthed infant ages 22 weeks through 2 years	Nationwide
United Way 2-1-1	Dial 211 www.211wnc.org	Call 2-1-1 any time 24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.	Buncombe Henderson Madison Transylvania
WNC Special Needs Homeschoolers	facebook.com/groups/WNCSpecialNeedsHomeschoolers	on-line support with some social gatherings	Regional
Youth Outright	 866-881-3721 www.youthoutright.org	A youth advocacy and leadership organization providing affirmation, information, support and resources for lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth of ages 14-23 in 18 counties in Western North Carolina. Holds weekly youth support meetings for LGBTQ and straight youth on Sundays at First Congregational United Church of Christ in downtown Asheville.	Meets in Buncombe County
Therapy Dogs			
Wolf in the Woods	Steve 828-222-2222	Private dog training sessions	Buncombe

Transition to Adulthood

Family Support Network of WNC: Offers A Transition Guide in hard copy or flash drive that explains the key components and programs to consider as your child gets older. Sponsors a Transition Fair each fall that brings together many providers so families can learn and meet providers. Transition Guide is available on-line at <http://www.missionchildrens.org/family-support-network.php>


A-B Tech Post-Secondary Education	 <p style="text-align: center;">828-398-7371</p>	<p style="text-align: center;">Offers a 2 -year post- secondary college based program called Basic Education Foundations (formerly the Compensatory Education).</p>	<p style="text-align: center;">Buncombe Co.</p>
<p style="text-align: center;">Autism After 16</p>	<p style="text-align: center;">www.autismafter16.com</p>	<p style="text-align: center;">Dedicated to providing information and analysis of adult autism issues, with the emphasis on analysis. Intention here is to try to help adults with ASD and their families make sense of what's out there. Big focus on Transition issues.</p>	<p style="text-align: center;">National</p>
<p style="text-align: center;">Autism Society of North Carolina - Transitioning to Adulthood</p>	<p style="text-align: center;">www.autismsociety-nc.org</p>	<p style="text-align: center;">With roughly half a million children with autism reaching adulthood in the United States in the next decade, planning for the inevitable transition to adulthood is critical. Our Autism Resource Specialists offer expert advice on some of the issues that families will face,</p>	<p style="text-align: center;">Statewide</p>
<p style="text-align: center;">Beacon Transitions</p>	<p style="text-align: center;">Kelly Stamey 828-388-5478</p>	<p style="text-align: center;">Beacon Transitions provides opportunities to learn the skills necessary to support independent living. We want to be available to serve any person who finds that they need assistance with 1 or more of the 5 areas of independence</p>	<p style="text-align: center;">Buncombe</p>
<p style="text-align: center;">Disability Partners</p>	 <p style="text-align: center;">828-298-1977 disabilitypartners.org</p>	<p style="text-align: center;">Staff members offer training to give people the skills they need to reach independence.</p>	<p style="text-align: center;">Located in Buncombe County</p>
<p style="text-align: center;">Disability Support Services - Asheville Buncombe Technical Community College</p>	<p style="text-align: center;">828-398-7581 www.abtech.edu/content/disability-support-services/disability-support-services-overview</p>	<p style="text-align: center;">The Disability Services Office ensures that programs/facilities of the college are accessible to all students. The College focuses on the student as an individual and works toward equal opportunity, full integration into campus environment, physical accessibility and provision of reasonable accommodations, auxiliary aids and services to students.</p>	<p style="text-align: center;">Located in Buncombe County</p>
<p style="text-align: center;">Family Support Network™ of WNC</p>	<p style="text-align: center;">828-213-0047 828-213-9740 http://www.missionchildrens.org/family-support-network.php</p>	<p style="text-align: center;">Offers Transition Guide, workshops and trainings related to the transition to adulthood. Sponsors a Transition Fair each fall that brings together many providers that work with transition so families can learn and meet providers.</p>	<p style="text-align: center;">Buncombe Henderson Madison Transylvania</p>

Foundations Asheville	Adam Ray (828)817-9520	Foundations Asheville is a young adult transition program in the mountains of North Carolina. We serve young men seeking to further their education and create a rewarding future. A team of caring professionals offer academic supports, address clinical needs, and empower them to become independent.	Buncombe
Health Care Transitions - North Carolina Division of Public Health	www.ncdhhs.gov	Focuses on health care transition which involves the movement from pediatric to adult health care systems, with a primary focus on youth with special needs.	Statewide
Independent Living Services - North Carolina Division of Vocational Rehabilitation Services	828-670-3377 www.ncdhhs.gov	Can assist eligible individuals with services that provide an alternative to institutionalization (for example, nursing homes) when possible. They can improve functioning in one's family, home and community.	Buncombe Henderson Madison Transylvania
Kids as Self Advocates (KASA)	www.fvkasa.org	National, grassroots project created by youth with disabilities for youth. Teens/young adults with disabilities speaking out. Knows youth can make choices and advocate for themselves if they have the info and support they need. Offers articles and links related to becoming self-sufficient despite special needs.	National
NC Transition Tool Kit - Autism Speaks	www.autismspeaks.org/docs/family_services_docs/transition/North_Carolina.pdf	Transition timelines for each state, along with more information about the process and state agency contact information that may be helpful to you during the transition to adulthood.	Statewide
North Carolina Division of Vocational Rehabilitation Services	800-689-9090 www.ncdhhs.gov/dvrs/	Provides counseling, training, education, transportation, job placement, assistive technology and other support services. to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.	Statewide
Road to Learning and Earning After High School	http://www.rtle.org/about.html	The purpose of RTLE is to provide a web-based resource matrix for students with Intellectual Disabilities (ID), their families, and their teachers that may be used as they transition from high school to their communities. Three objectives reoccur throughout this comprehensive website: The Roads to Learning and Earning website is the product of a North Carolina Council on DD (NCCDD)	State-wide
Road to Work: Speak-Up Action Manual on Finding and Keeping Work	http://www.self-advocate.org/library/pdfs/RoadtoWork.pdf	A booklet for youths on finding and keeping work. It includes five steps with activities, tips, and resources. You can use the Road to Work along with the Speak-Up Action Manual to practice speaking up as you head toward the work that you want to do.	National


Spectrum Transitions	828-785-9580 spectrumtransitions@gmail.com	Spectrum Transitions is a coaching practice committed to helping teens and young adults, in collaboration with their families, identify and prioritize areas of need and take steps to prepare for the future. It may involve an educational component, supported exposure to new situations, lots of practice, supported self-monitoring and problem-solving around obstacles that get in the way.	
SSI Disability Starter Kits for Children or Adults - Social Security Administration	800-772-1213 www.ssa.gov	The Disability Starter Kit will help you get ready for your disability interview or online application. Kits available for adults/children under age 18. The starter kits provide information about the specific documents and the information that we will request from you. We will ask for more details during your interview or when you complete the online Disability Report.	National

Transportation, Travel & Lodging (See Medicaid Transportation below)

Airlift Hope of America	800-325-9808 www.airlifthope.org	Available to children or adult patients and an escort needing transportation for medical evaluation, diagnosis or treatment. Patients must be ambulatory, which means they must be able to walk, enter and exit the plane with little or no assistance, and require no medical care (i.e., doctor or nurse) en route. Will also fly persons with a compassion need on a case-by-case basis. There must be a financial or compelling need for the flight. Airlift Hope of America can only assist when the destination is within a few hundred miles.	Statewide
Angel Wheels for Healing	757-318-9174 angelwheels.org	A non-profit charity dedicated to providing compassionate, non-emergency long-distance ground transportation to patients in need. The purpose is to ensure access to medical appointments essential for healthcare. The typical trip is a nominal 70-250 miles one-way. Exceptions are made on a case-by-case basis.	National
Apple Country Transit	828-698-8571 www.wcca.net/transports.html	Currently provides consolidated transportation services for Human Service agencies in Henderson County, as well as, the Elderly and Disabled Transportation Assistance Program (EDTAP): medical and grocery shopping services are also available for eligible elderly and disabled citizens.	Operates in Henderson County.
Duke Hospital Lodging options	dukehealth.org	Lists options and contact information for hotels and other options located near Duke Hospital and includes information about finding discounts as well.	Statewide
Henderson County Medicaid Transportation Services	828-694-6163 http://www.hendersoncountync.org/dss/medicaid_trans.html	Provides transportation to and from appointments with medical providers for the purposes of diagnosis, treatment, routine follow-up and any other necessary services. The individual requesting this service must be a current Henderson County Medicaid recipient in an independent living situation.	Henderson




Madison County Transportation Authority	828-649-2219 www.madisoncountync.org/transportation.php	Serves human service agencies and the public through subscription and dial-a-ride routes.	Madison
MedStay	 877-633-7829 www.medstaychapelhill.com/	For hotels in the area, contact MedStay, a free concierge hotel reservation service for patients and their family members. Medstay will find the right hotel for your needs, at great, low rates.	Statewide
Millennium Hotel - near Duke University Medical Center	919-383-8575 www.millenniumhotels.com/millenniumdurham /	Offers discounted rates for families of patients at Duke Medical Center. Offers shuttle services from the hotel to the hospital.	Durham
Mitchell County Transportation	828-688-4715 www.mitchellcounty.org/departments/transportation.html	Contact the Transportation Office with the day/time and location of a trip. Call in advance to schedule the trip. A Transportation representative will determine eligibility for services and help schedule the trip.	Mitchell
Mountain Mobility	828-258-0186 www.buncombecounty.org/governing/depts/transportation/	Eligibility may be determined by a number of factors including where a person lives, their age, what type of trip is needed (e.g., medical, shopping, etc.), Medicaid eligibility, association as a human service agency client, and/or if other transportation is available.	Buncombe
Polk County Transportation	828-894-8203 www.polknc.org/transportation.php	Ride around the county or to Hendersonville, Asheville, Forest City, Shelby, Spartanburg and Greenville.	Polk
Ridership Independence for the Disabled and Elderly in Buncombe County (R.I.D.E.)	828-250-6750, x5 www.buncombecountyride.com	RIDE provides non-emergency transportation services for elderly and disabled residents of Buncombe County who are unable to access the City's ART (Asheville Redefines Transit) bus system or Mountain Mobility Trailblazer routes. To qualify, you must be 60 years of age or older OR be disabled.	Serves Buncombe County
Ronald McDonald House	919-913-2040 Chapel Hill 919-286-9305 Durham 252-847-5435 Greenville 336-723-0228 Winston-Salem 335-1191 Charlotte http://www.rmhc.org	336-704- Ronald McDonald Houses provide a "home away from home" for seriously-ill children and their families who are receiving medical care at nearby hospitals.	Statewide
Round-A-Bout Transportation	828-253-0057	Provides Special Needs Transportation, Wheelchair Transportation, Disability Transportation, Medical Transportation, Non Emergency Medical Transportation. We do Medical Transport, Wheelchair Transport we have Medical Vans, Transport Vans.	Buncombe

Rutherford County Transit	828-287-6141 or 828-287-6339 rutherfordcountync.gov/transit	In order to qualify to ride Rutherford County Transit, passengers must be approved for Medicaid Transportation through the Department of Social Services at 287-4022. Once approved through DSS, appointments can be made through the Transit Appointment Line at 828.287.6141. If an attendant is required, a Medical Necessity Verification Form must be filled out.	Rutherford
SECU Family House at UNC Hospitals	919-932-8000 secufamilyhouse.org	Provides housing, healing, and hope to families with an adult patient being treated for a critical illness or injury at UNC Hospitals or its affiliated clinics. There is a nightly charge of \$35 to stay in one of our thirty-two private rooms, or \$50 to stay in one of our eight fully equipped suites. This includes bus service to and from UNC Hospitals, laundry facilities, a help-yourself pantry with snacks and food staples, and access to a library with Internet resources.	Statewide
Transylvania County - Med-Drive/Dialysis/Medicaid Transportation	828-884-3203 www.transylvaniacounty.org/transportation	Available for citizens of Transylvania County. This is a service for persons over the age of 60, or those who meet special eligibility requirements who have no other means of transportation.	Transylvania
Transylvania County Child Transportation	828-884-3203 www.transylvaniacounty.org/transportation	Provide transportation for pre-school age children from home to the County's Child Development center on a daily basis. Children are also transported to other day care centers located within Transylvania County. Equipped with child care seats. A rider is also employed in order to care for the children while they are being transported on the county vans.	Transylvania
Wings of Care Flight Program - Eblen Charities	828-255-3066 www.eblencharities.org/what-we-do/medical-assistance/	Created to better assist children and their families obtain the treatment they need, but cannot get locally, the Wings of Care Flight Program flies nationwide to bring children closer to medical care. Beginning in the fall of 2000, Wings of Care works with commercial airlines, private corporate planes, donated frequent flier miles, and other donors to secure air travel. By purchasing unused seats on commercial airlines and the generosity of corporate planes and donors, children dealing with illnesses along with these families can breathe a little easier.	Buncombe
Yancey County Transportation Authority	828-682-6144 www.yanceycountync.gov/transportation-authority	Provides daily route service to all citizens of Yancey County. YCTA coordinates human service agencies and general public transportation for Yancey County. Comfortable passenger vans marked with the YCTA logo are used to transport passengers.	Yancey
Transportation Services (Medicaid)			
Mountain Mobility - Buncombe County	828-258-0186 www.buncombecounty.org/governing/depts/transportation/	Mountain Mobility serves all of Buncombe County. Passenger service may be restricted to certain areas, destinations, or trip purposes, depending on eligibility and/or funding availability.	Buncombe

Henderson County Medicaid Transportation Services	828-694-6163 www.hendersoncountync.org/dss/medicaid_trans.html	Provides transportation to and from appointments with medical providers for the purposes of diagnosis, treatment, routine follow-up and any other necessary services. The individual requesting this service must be a current Henderson County Medicaid recipient in an independent living situation. This service is provided by Henderson County at no additional cost to the individual.	Henderson
Madison County Transportation Authority	828-649-2219 www.madisoncountync.org/transportation.php	Coordinates transportation for human service agencies and for the general public of Madison County.	Madison
Mitchell County Transportation	828-688-4715 www.mitchellcounty.org/departments/transportation.html	Contact the Transportation Office with the day/time and location of a trip. Call in advance to schedule the trip. A Transportation representative will determine eligibility for services and help schedule the trip.	Mitchell
Polk County Transportation	828-894-8203 www.polknc.org/transportation.php	Ride around the county or to Hendersonville, Asheville, Forest City, Shelby, Spartanburg and Greenville.	Polk
Rutherford County Transit	828-287-6141 or 828-287-6339 rutherfordcountync.gov/transit	In order to qualify to ride Rutherford County Transit, passengers must be approved for Medicaid Transportation through the Department of Social Services at 287-4022. Once approved through DSS, appointments can be made through the Transit Appointment Line at 828.287.6141. If an attendant is required, a Medical Necessity Verification Form must be filled out.	Rutherford
Transylvania County Transportation	 828-884-3203 www.transylvaniacounty.org/	Provides transportation for a number of services for the citizens of the County.	Transylvania
Yancey County Transportation Authority	828-682-6144 www.yanceycountync.gov/transportation-authority	Provides daily route service to all citizens of Yancey County. YCTA coordinates human service agencies and general public transportation for Yancey County. Comfortable passenger vans marked with the YCTA logo are used to transport passengers.	Yancey
Yancey County Literacy Council	828-678-9646	a non-profit organization that gives free one-on-one tutoring to both children and adults in Yancey County.	Yancey

Tutoring

Academic Coaching and Tutoring	828-255-1069	Individualized strategies for all learning styles and needs. Training in self-efficiency/gaining skills for academic success, home school and university studies.	Buncombe
Arden Reading Clinic	828-658-9448 www.ardenreadingclinic.com	Offers students instruction in reading, writing, math, study skills, test prep, vocabulary, SAT prep, math and multi-sensory language.	Buncombe
Eller, Leslie, M.Ed.	734-730-0928 www.wncdyslexiahelp.com	Specializes in children with learning disabilities. Offers Orton-Gillingham Tutoring in reading, writing and spelling.	Buncombe

Sylan Learning Center	828-298-4521 www.tutoring.sylvanlearning.com	Offers tutoring in all basic subject areas and at all grade levels.	Buncombe
Tutoring Connection Key Learning Center at Carolina Day School	828-274-0758 ext. 418	Services are offered in the Orton-Gillingham based multisensory structured language approach and in academic areas. All subjects taught in grades 1st thru 12th. Tutors available in several languages. SAT prep also available.	Buncombe
Yancey County Literacy Council	828-678-9646	A non-profit that gives free one-on-one tutoring to both children and adults in Yancey County.	Yancey
US Resources			
American Academy of Pediatrics	800-433-9016 www.aap.org	National organization responsible for certifying pediatric specialists. Also offers resources & materials for families & professionals.	National
American Cancer Society	828-254-6931 800-227-2345 www.cancer.org	Offers education, online support as well as information about local support groups and opportunities.	National
Angel Wheels to Healing	angelwheels.org	A non-profit charity dedicated to providing non-emergency long-distance ground transportation to patients in need. Purpose is to ensure access to medical appointments essential for healthcare. The typical trip is a nominal 70-250 miles one-way. Exceptions are made on a case-by-case basis.	National
Balanced Mind Parent Network	 800-826-3632 dbsalliance.org	Guides families raising children with mood disorders to the answers, support and stability they seek.	National
Dave Thomas Foundation for Adoption	 800-275-3832 www.davethomasfoundation.org	Exists to find homes for children who are waiting to be adopted from Foster Care in North America. Provides free educational materials, promotes awareness, assists policymakers and employers and supports adoption professionals and agencies throughout the US to ensure that every child finds a forever home.	National
Epilepsy Information Service <i>Wake Forest School of Medicine</i>	336-716-2011	A hotline managed by internationally known epilepsy expert, Patricia Gibson. The hotline handles over 8000 calls per year from both physicians and patients seeking information about the latest treatment options, general epilepsy information and support group.	National
Genetics Home Reference	ghr.nlm.nih.gov	Provides consumer-friendly information about the effects of genetic variations on human health.	National
Healthy Children	 www.healthychildren.org	Offers extensive information for parents on a variety of health safety and parenting topics. Site is owned and maintained by the American Academy of Pediatrics.	National

Hearing Loss Association of America	 301-657-2248 www.hearingloss.org	Offers help to people with varying degrees of hearing loss, from those who have a mild loss and have trouble on the phone to those who ear hearing aids and/or cochlear implants and use other assistive devices. See "Support Groups" for information on local meetings held in Brevard.	National
Make-A-Wish Foundation® of Central & Western North Carolina, Asheville Office	 877-677-9474 www.ncwish.org	A network of nearly 25,000 volunteers enable the Foundation to serve children with life-threatening medical conditions. Volunteers serve as wish granters, fundraisers, special events assistants.	National
National Down Syndrome Society	 800-221-4602 www.ndss.org	The mission is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.	National
National Foster Parent Association	 800-557-5238 www.nfpaonline.org	Offers information, advocacy, education and support.	National
National Organization for Rare Disorders	 800-999-6673 www.rarediseases.org	Dedicated to helping people with rare "orphan" diseases & assisting the organizations that serve them. Committed to the treatment, and cure of rare disorders through programs of education, advocacy, research, and service.	National
National Resource Center for Adoption	248-443-0306 www.nrcadoption.org	Helpful information on current child welfare adoption topics as well as updated tools, resources, and web media.	National
OnGuard Online	www.ftc.gov	A federal website to help you be safe, secure and responsible online.	
PACER Center, Inc.	 800-537-2237 www.pacer.org	Provides information/training/assistance to parents of children and young adults with all disabilities. Its mission is to improve and expand opportunities that enhance the quality of life for children and youth with disabilities and their families.	National
Social Security Administration	1-800-772-1213 www.ssa.gov	Provides information and services related to applying for disability benefits, supplemental security income, and other government programs administered by the SSA.	National
Wrightslaw	 www.wrightslaw.com	Provides accurate, reliable information about special education law, education law, and advocacy for children with disabilities.	National

Abbreviations and Acronyms

ABI	Acquired Brain Injury	IV	Intravenous
ADA	Americans with Disability Act	LD	Learning Disability
ABA	Applied Behavior Analysis	LRE	Least Restrictive Environment
ADD	Attention Deficit Disorder	MD	Muscular Dystrophy
ADHD	Attention Deficit Hyperactivity Disorder	MH	Mental Health
AFL	Alternative Family Living	MR	Mental Retardation
AIT	Auditory Integration Therapy	MR-2	Medical form completed, signed and dated by doctor which shows level of care required to obtain CAP/I/DD
AS	Asperger Syndrome	MRI	Magnetic Resonance Imaging
ASD	Autism Spectrum Disorder	MS	Multiple Sclerosis
ASL	American Sign Language	MUMS	Mothers United for Moral Support
AT	Assistive Technology	NC GS	North Carolina General Statute (state law)
BD	Behavior Disorder	NCLB	No Child Left Behind
BIP	Behavior Intervention Plan	NICU	Neonatal Intensive Care Unit
CAPD	Central Auditory Processing Disorder	OCD	Obsessive Compulsive Disorder
CAP MR/DD	Community Alternatives Program for Persons with Mental Retardation/Developmental Disabilities	ODD	Oppositional Defiance Disorder
CAT Scan	Computerized Axial Tomography or CT Scan	OT	Occupation Therapy
CBS	Community-based Services	P & A	Protection & Advocacy
CC	Closed Captioned	PCMH	Patient Centered Medical Home
CD	Cognitive Disability	PCP	Person-Centered Plan
CDC	Child Development Center	PDD	Pervasive Developmental Disorder
CDSA	Children's Developmental Services Agency	PDD-NOS	Pervasive Developmental Disorder-Not Otherwise Specified
CF	Cystic Fibrosis	PICU	Pediatric Intensive Care Unit
CHADD	Children and Adults with Attention Deficit Disorder	P. L.	Public Law (Federal Law)
CHD	Congenital Heart Disease	PPO	Preferred Provider Organization
CIL	Center for Independent Living	PT	Physical Therapy
CP	Cerebral Palsy	PTSD	Post Traumatic Stress Disorder
DD	Developmental Disabilities	QA/QI	Quality Assurance/Quality Improvement
DI	Direct Instruction	QDDP	Qualified Developmental Disabilities Professional
DSM	Diagnostic and Statistical Manual	QMRP	Qualified Mental Retardation Professional
EC	Exceptional Children	RAD	Reactive Attachment Disorder
EEG	Electroencephalogram	R & D	Resource and Development Committee
EI	Early Intervention	RT	Recreation Therapy
EKG	Electrocardiogram	SA	Special Assistance
ENT	Ear, Nose and Throat	SE	Supported Employment
EPSDT	Early and Periodic Screening, Diagnosis and Treatment	SI	Sensory Integration
ESL	English as a Second Language	SID	Sensory Integration Disorder
FAPE	Free Appropriate Public Education	SL	Supported Living
FASD	Fetal Alcohol Spectrum Disorder	SLP	Speech Language Pathologist
FBA	Functional Behavior Assessment	SOC	System of Care
FMLA	Family Medical Leave Act	SSBG	Social Services Block Grant
GI	Gastrointestinal	SSDI	Social Security Disability Insurance
HMO	Health Maintenance Organization	SSI	Social Security Income
ICF-MR	Intermediate Care Facility for People with Mental Retardation	ST	Speech Therapy

ICF/IID Intermediate Care Facility for People with Mental Retardation
 IDEA Individuals with Disabilities Education Act
 IEP Individualized Education Plan
 IFSP Individualized Family Service Plan
 IQ Intelligence Quotient

ST Speech Therapy
 TA Technical Assistance
 TDD Telecommunication Device for the Deaf
 TS Tourette Syndrome or Tuberous Sclerosis
 TTY Teletext Device Typewriter
 TBI Traumatic Brain Injury
 VR Vocational Rehabilitation
 VRS Video Relay Service

University-affiliated Programs

AHEC Area Health Education Center
 CDL Clinical Center for the Study of Development and Learning (UNC-CH)
 DDTI Developmental Disabilities Training Institute (UNC-CH)
 FPGCDC Frank Porter Graham Child Development Center (UNC-CH)
 FSN Family Support Program(UNC-CH)
 HDRTI Human Development Research and Training Institute (Western Carolina Center)
 MAHEC Mountain Area Health Education Center
 TEACCH Treatment Education of Autistic and Other Related Communication Handicapped Children
 UAP/UAF University Affiliated Program/Facilities

Government Agencies

ADD U. S. Administration on Developmental Disabilities
 CDC Centers for Disease Control and Prevention
 CDSA Child Developmental Services Agency
 (formerly Developmental Evaluation Center)
 CMS Centers for Medicare & Medicaid Services
 (Formerly known as HCFA)
 DFS Division of Facility Services
 DHHS Department of Health and Human Services
 DMA Division of Medical Assistance
 DPI Department of Public Instruction
 DSB Division of Services for the Blind
 DSDHH Division of Services for the Deaf and the Hard of Hearing
 DSS Department of Social Services
 DYS Division of Youth Services
 DVRS Division of Vocational Rehabilitation Services
 EEOC Equal Employment Opportunity Commission
 GACCY Governor's Advocacy Council on Children and Youth
 GACPD Governor's Advocacy Council for Persons with Disabilities
 HFCA Health Care Finance Administration (now known as CMS)
 HHS U.S. Department of Health and Human Services
 ICC Interagency Coordinating Council (for IDEA, Birth-5)
 LEA Local Education Agency
 IICC Local Interagency Coordinating Council

LME Local Management Entity
 MH/DD/MR Division of Mental Health, Developmental Disabilities
 and Substance Abuse Services
 NCATP North Carolina Assistive Technology Project
 NCCDD North Carolina Council on Developmental Disabilities
 NCCHI North Carolina Council for the Hearing Impaired
 NIH National Institutes of Health
 OSHA Occupational Safety/Health Administration
 SILC State Independent Living Council
 SSA Social Security Administration
 WCH Women's and Children's Health
 WIC Women, Infants and Children Program

Advocacy and Professional Organizations

AAMR	American Association on Mental Retardation
ACCEPT	Advocacy Center for Children's Education and Parent Training
AMI	Alliance for the Mentally Ill
APSE	Association for Persons in Supported Employment
ARC	The ARC (formerly Association for Retarded Citizens)
ASANC	Association of Self-Advocacy of North Carolina
ASNC	Autism Society of North Carolina
BIANC	Brain Injury Association of North Carolina
CCD	Consortium of Citizens with Disabilities
CEC	Council for Exceptional Children
DAN	Defeat Autism Now
EANC	Epilepsy Association of North Carolina
ECAC	Exceptional Children Assistance Center
ERIC	Educational Resources Information Center
FEAT	Families for Early Autism Treatment
FSN	Family Support Network
GAL	Guardian Ad Litem
LDA	Learning Disabilities Association of North Carolina
MDA	Muscular Dystrophy Association
NAEYC	National Association for the Education of Young Children
NAMI	National Alliance for the Mentally Ill
NAPAS	National Association of Protection and Advocacy Services
NASDDDS	National Association of State Directors of Developmental Disabilities Services
NCAD	North Carolina Association of the Deaf
NCARF	North Carolina Association of Rehabilitation Facilities
NCDAN	North Carolina Disability Action Network
NCDBA	North Carolina Deaf-Blind Associates
NIC	National Information Clearinghouse for Infants with Disabilities and Life-Threatening Conditions
NICHY	National Information Center for Children and Youth w/Disabilities
NORD	National Organization for Rare Diseases
PTIC	Parent Training Information Center
SBA	Spina Bifida Association
UCP	United Cerebral Palsy