

FAMILY SUPPORT NETWORK OF WNC

MISSION CHILDREN'S HOSPITAL

MISSION: To enhance the lives of children in WNC with or at risk of different abilities by providing support, information and education to families who care for them and by encouraging parent-professional collaboration in the design and delivery of services for these families.

PARENT TO PARENT SUPPORT: Training to parents who want to be a mentor for another parent or family is provided throughout the year.

FAMILY GROUP NIGHT: Allows each family member to attend a group that addresses their needs. Groups are designed for the child with special needs and their siblings to connect with peers in their community. Parents have the opportunity to network with other families and guest speakers. Provided twice monthly 5:30-7:30 RSVP to (828) 213-0047, **REGISTRATION IS REQUIRED** for these events. Dinner is provided.

INPATIENT SERVICES: Provides resources and educational materials to families located within all units where children receive care.

RESOURCE CENTER: Services include our COMMUNITY RESOURCE GUIDE, assistance in navigating services, **information packets** to assist with **GUARDIANSHIP, SSI AND TRANSITION TO ADULTHOOD**. Visual schedules are made during your visit. Appointments are recommended. All services free of charge.



TRIPLE P- Positive Parenting Program:

Triple P - Positive Parenting Program and Stepping Stones Parenting Class.

Families are offered useful ideas to help meet the challenges of raising a child with a disability. In addition to classes we are able to provide one to one sessions and tip sheets for specific behaviors. Sessions are provided through one to one appointments with staff members.



**Family Support
Network™ of WNC**

What Families say.....

Initially we came to FSN for education. We needed to understand Autism, IEP's Therapies etc. The FSN staff are nurturing, compassionate, professional and wise. We attended many trainings and support groups. It was such a important part of our grieving and healing process. We learned from the experience of other families and found a community of people that we could really identify with, that understood the many heartaches and triumphs of raising a child with special needs.

- Anne J.

FSN has been a very important part of my life throughout my journey of parenting a special needs child who has multiple health and behavioral issues.

From those early NICU days to present day of parenting a teenager, FSN has guided me and supported me through multiple medical events my son has endured.

The FSN staff have been a source of education, support and encouragement to me. These ladies understand the struggles and emotions, as they are also parents of children with different abilities. They have lived through these challenges themselves. Family Support Network has become one of my "Community's of friends." They have laughed with me, cried with me and on those extra challenging days encouraged me. They have given me hope when I felt hopeless.

I am so thankful for the staff at FSN and I am grateful for ALL they do to provide support, resources, understanding and most of all compassion to families like mine!

- Sharon B.

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missionchildrens.org/familysupportnetwork



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