

CONTROLLERS

Anti-Inflammatories



"FLOVENT" HFA
(Fluticasone propionate)
Available in 50, 125 & 250 mcg per dose
GlaxoSmithKline

Long-Acting Bronchodilators



"SEREVENT"
(Salmeterol xinafoate)
25 mcg per dose
GlaxoSmithKline

Combination Medications

Inhaled steroids and long-acting β_2 -agonists.



"ADVAIR" MDI
(Salmeterol xinafoate/fluticasone propionate)
Available in 125 & 250 mcg per dose
2 puffs BID
GlaxoSmithKline



"FLOVENT" DISKUS"
Inhalation Device
(Fluticasone propionate)
Available in 50, 100, 250 & 500 mcg per dose
GlaxoSmithKline



"SEREVENT" DISKUS"
Inhalation Device
(Salmeterol xinafoate)
50 mcg per dose
GlaxoSmithKline



"ADVAIR" DISKUS"
Inhalation Device
(Salmeterol xinafoate/fluticasone propionate)
Available in 100, 250 & 500 mcg per dose
1 inhalation BID
GlaxoSmithKline



"PULMICORT" TURBUHALER"
(Budesonide)
Available in 100, 200 & 400 mcg per dose
AstraZeneca



"OXEZE" TURBUHALER"
(Formoterol fumarate dihydrate)
Available in 6 & 12 mcg per dose
AstraZeneca



"SYMBICORT" TURBUHALER"
(Budesonide/formoterol fumarate dihydrate)
Available in 100 & 200 mcg per dose
AstraZeneca



"QVAR"
(Beclomethasone dipropionate)
Available in 50 & 100 mcg per dose
3M Pharmaceuticals



"SPIRIVA"
HandiHaler Inhalation Device
(tiotropium bromide monohydrate)
18 mcg/capsule
Boehringer Ingelheim

- Controllers help prevent respiratory symptoms such as wheezing, coughing and shortness of breath.
- Take your controller medication exactly as your doctor told you.

RELIEVERS

Short-Acting Bronchodilators



"VENTOLIN" HFA
(Salbutamol sulfate)
100 mcg per dose
GlaxoSmithKline



"VENTOLIN" DISKUS" Inhalation Device
(Salbutamol sulfate)
200 mcg per dose
GlaxoSmithKline



"BRICANYL" TURBUHALER"
(Terbutaline sulfate)
0.5 mg per dose
AstraZeneca



"ATROVENT" HFA INHALATION AEROSOL
(Ipratropium bromide)
20 mcg per dose
Boehringer Ingelheim



"COMBIVENT" INHALATION AEROSOL
(Ipratropium bromide/salbutamol sulfate)
20 mcg per dose
Boehringer Ingelheim

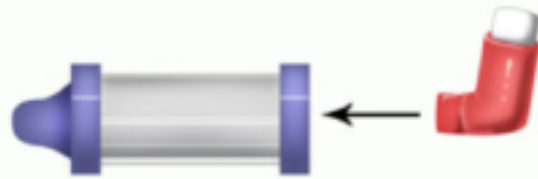


"AIROMIR" INHALATION AEROSOL
(Salbutamol sulfate)
100 mcg per dose
3M Pharmaceuticals

Spacer Instructions



1. Shake the medicine.



2. Insert the mouthpiece of the inhaler into the rubber-sealed end of the spacer.



3. Breathe all of the air out of your lungs. Then put the spacer into your mouth between your teeth. Make a tight seal around the mouthpiece with your lips.



4. Press the metered-dose inhaler down once to release a spray of medicine. The medicine will be trapped in the spacer. Breathe in slowly and deeply.



5. Hold your breath for at least 5 to 10 seconds. Breathe out slowly.