# Feeding the Infant with Cleft Lip and Palate

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<th>Cleft Type</th>
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| Cleft Lip Only   | Infant will likely be able to feed efficiently with few adaptations.                             | Infant will likely be able to feed efficiently with few adaptations.                             | • Breast  
• Bottle                                                                                      | • Monitor growth.  
• Refer to Lactation Center if difficulties with breastfeeding present.  
• Refer to Outpatient Feeding Team if difficulties with bottle feeding present. |
| Cleft Palate Only| Cleft will prevent infant from achieving negative pressure to express breast milk. Infant can be put to breast for bonding/comfort. Infant may be able to take some liquid with supplemental nursing system. | Cleft will prevent infant from achieving negative pressure to express breast milk or formula from nipple. Infant will require adapted bottle to feed successfully. | • Specialty Bottle  
• Breast for bonding/comfort  
• Breast with supplemental nursing system, but may need to further supplement with specialty bottle | • Monitor growth.  
• Refer to Outpatient Feeding Team for bottle selection and feeding techniques.  
• Refer to Lactation Center for assistance with supplemental nursing system.  
• Encourage time at the breast for bonding and comfort. |
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• Encourage time at the breast for bonding and comfort. |